



basic education

Department:
Basic Education
REPUBLIC OF SOUTH AFRICA



NATIONAL SENIOR CERTIFICATE

IBANGA LE-12

ISIZULU ULIMI LOKUQALA LOKWENGEZA (FAL)

IPHEPHA LOKUQALA (P1)

NOVEMBA 2021

AMAMAKI: 80

ISIKHATHI: Amahora ama-2

Leli phepha linamakhasi ayi-15.

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ISIQEPHU A: ISIVIVINYO SOKUQONDISISA

UMBUZO 1

1.1 Fundisisa UMBHALO A bese uphendula imibuzo ezolandela.

UMBHALO A (OFUNDWAYO)



ISITHINTA SONKE LE NTO!

- 1 Uke uzwe kuthiwa indaba ixoxwa ngezithombe? Isithombe ungasibuka silenga odongeni kanti sixoxa indaba. Phela izithombe yizo ezisixhumanisa nemvelaphi yethu. Zisikhumbuza izinsuku ezimnandi nezibuhlungu, abantu nezindawo futhi zivusa nemizwa enhlobonhlobo. UKrista Neher ofundisa ngokuthatha izithombe uthi ingqondo yomuntu ikwazi ukugcina imifanekiso (images) eyizi-60 000 ukudlula amagama. Zisebenza njengethuluzi lokudlulisa imiyalezo nokuchukuluza (evoke) imicabango. Into oqalayo ukuyibona ihlala engcondweni ngokushesha futhi isikhathi eside. Esikhathini esiphila kusona abantu bathatha izithombe umzuzwana nomzuzwana. 5 10
- 2 Kukhona izithombe ezithathwa ngoba kunezizathu zokukhombisa umlando womndeni. Impilo yawo wonke umuntu iqala emndenini. Umndeni ufunda okukhulu ngomlando wawo ngokubuka izithombe ezathathwa ngokhokho. Zisifundisa ngomlando wamaqhawe namaqhawekazi asaphila nangasekho emhlabeni. Sithola nomlando ngezinto ezazisetshenziswa ngezikhathi ezihlukene kanye nezithombe zabantu abazisungula (invent). Uyakwazi ukubona impilo eyayiphilwa ngezikhathi ezithile ngisho nendlela okwakugqokwa ngayo. Kukhona izifundo ezincike emlandweni wezithombe okungaba nzima kakhulu uma zingekho lezo zithombe njengesifundo sezoMlando, iSayensi nezinye. 15 20
 Isithombe esifakwa kumazisi womuntu sinomlando obalulekile ngoba siveza ukuthi ungubani, wakwabani futhi wakuphi. Yonke le milando esiyethulelwa yizithombe isivula amehlo, isifundise okukhulu okuphathelene nathi kanye nomhlaba esiphila kuwona.
- 3 Lingakanani iqhaza elibanjwa izithombe ezimpilweni zethu? Izithombe ziyakwazi ukwenza ikusasa lomuntu liqhakaze. Kukhona abantu asebethole ukwaziwa umhlaba wonke ngezithombe abazithumela emaphephandabeni, ezinkundleni zokuxhumana nakwezinye izindawo. Bagcina sebethandwa ngisho ngabantu abangabazi. Ngokuthumela lezi zithombe bakwazi ukuthola amathuba amahle emisebenzi, udumo, nokunye okuhle ngabo. Bathola abangani, izihlobo kanye nemishado. Omunye uhlangana naye umjabulele uze **ubambe nethambo** ngoba ingqondo yakho inesithombe sakhe. Lesi sithombe esisengcondweni yakho sikwenza kube sengathi umuntu omaziyo nomjwayele. 25 30

4	<p>Ukuthatha isithombe yinto elula neyenzeka ngokuphazima kweso. Izithombe ziyakha futhi ziyabhidliza. Kwezinye izindawo zokusebenza kukhona abantu abaningi asebaphelelwa yimisebenzi ngenxa yokuthatha noma ukuveza izithombe ezingafanele ezinkundleni zokuxhumana. Siyakhula isibalo sabasebenzi abaphelelwa imisebenzi noma abadilizwayo ezikhundleni zabo ngokuthatha izithombe ezingahambisani nemithetho nemigomo yendawo abasebenza kuyo. Izithombe ezitholakala kwezokuxhumana njengamaphephandaba namaphephabhuku, zenza abantu balangazelele/bafise ukuzwa ukuthi kuthiwani ngalowo muntu. Isithombe esihle nendaba emnandi ngomuntu kwenza athandeke abe nabalandeli. Uma indaba yakhe iyihlazo, isithombe sakhe sesizohlala unomphela ezingqondweni zabantu abaningi baze bagcine sebekhuluma kabi ngaye, abanye bamzonde ngisho bengamazi. Inkinga enkulu yezithombe ihlasele/ingenile nasezikoleni. Sekukaningi sibona amahlazo nezimpi ezenzeka ezikoleni ngazo izithombe ezisuke zithathwe abafundi noma othisha. Ukufaka izithombe zabanye abantu ezinkundleni zokuxhumana ngaphandle kwemvume yabo kungaba nemiphumela emibi.</p>	35 40 45 50
5	<p>Ukuthuthuka kwezobuchwepheshe kukhona nasezithombeni ezithathwayo nezithunyelwayo. Ziningi izithombe ezingakwenza udideke ngendlela ezisuke sezishintshwe ngayo. Uke ubone isithombe esinabantu abasezindaweni ezihlukene kodwa besesithombeni esisodwa. Ezinye zishintsha ubuso noma umzimba womuntu. Omunye umuntu abe sezindaweni eziningi esithombeni esisodwa. Abanye benza ubugebengu ngazo izithombe zabantu. Izithombe ziyasetshenziswa uma kuthethwa amacala ezinkantolo nakwezinye izindawo. Umuntu angaliphika icala elenzile noma athi ubengekho ngesikhathi lenzeka. Ukuba khona kwezithombe kungasiza ngoba yizona eziveza amaqiniso kwesinye isikhathi.</p>	55 60
6	<p>Zingaki izithombe ozithathile namhlanje? Uyabona ukuthi ngempela isithinta sonke le nto njengoba lingashoni ilanga singathathi izithombe noma sibuke ezabanye? Kuyacaca ukuthi ukuthatha izithombe kungaba nemiphumela emihle nemibi. Ngakho-ke qaphela izithombe ozithathayo ngoba ungazithola ususendlini emnyama ngokusebenzisa isithombe somuntu ngaphandle kwemvume yakhe.</p>	65
[Umbhalo osuselwe ocwaningweni wase uyahunyushwa]		

- 1.1.1 Ubani ositshela ukuthi ingqondo yomuntu inamandla okugcina imifanekiso? (1)
- 1.1.2 Bhala izinhlobo EZIMBILI zomlando ezibhalwe esigabeni sesibili ezethulwa izithombe. (2)
- 1.1.3 Zisetshenziswa njengani izithombe ngokwesigaba sokuqala sale ndaba? (2)

- 1.1.4 Khetha impendulo efanele kulezi ozinikeziwe.
- Ukuba **sendlini emnyama** kusho ukuba ...
- A sesikoleni.
B sejele.
C senkantolo.
D sesibhedlela. (1)
- 1.1.5 Ngokwendaba, yimuphi umthelela omubi ekuthathweni kwezithombe ezikoleni ngokwesigaba sesi-4? (2)
- 1.1.6 Tomula umusho osesigabeni sesi-3 ositshela ukuthi izithombe zingakwenza udume yonke indawo. (2)
- 1.1.7 Kungani kubalulekile ukusetshenziswa kwezithombe enkantolo? (2)
- 1.1.8 Chaza lezi zimo zokukhuluma ezilandelayo ezibhalwe ngokugqamile kule misho ecashunwe endabeni.
- (a) Umuntu umjabulele uze **ubambe nethambo**. (2)
- (b) Ukuthatha isithombe into elula neyenzeka **ngokuphazima kweso**. (2)
- 1.1.9 Kungaba namuphi umphumela ukuthumela/ukufaka izithombe ngaphandle kwemvume yomnikazi wazo? (2)
- 1.1.10 Qhathanisa indlela abantu abenza ngayo uma bebona isithombe esihle noma esibi kwezokuxhumana. (2)
- 1.1.11 Chaza isihloko sale ndaba ngawakho amazwi. (2)
- 1.1.12 Ngokucabanga kwakho izithombe zomndeni zingakwazi yini ukusiza isizukulwane esizayo? Sekela impendulo yakho. (2)

1.2 Bukisisa UMBHALO B bese uphendula imibuzo ezolandela.

UMBHALO B (OBUKWAYO)

AMASOPHI ASENINGIZIMU AFRIKA	
 <p>SCANDAL! Brighton Ngoma Quinton on Scandal!</p>	 <p>GOMORA</p>
<p>2005 – e-tv 4,7 mil ababukeli Umdlali oqavile: Quintine Izilimi: IsiBhunu, IsiNgisi, Sesotho, IsiXhosa nesiZulu</p>	<p>2020 – Mzansi Magic 64,7 mil ababukeli Umdlali oqavile: Melusi Izilimi: IsiNgisi, Sesotho, IsiXhosa nesiZulu</p>
 <p>UZALO</p>	 <p>GENERATIONS The Legacy</p>
<p>2016 9,6 mil Umdlali oqavile: Nkunzi Mhlongo Izilimi: IsiZulu, IsiTsotsi nesiNgisi</p>	<p>1993 – SABC 1 3,9 mil ababukeli Umdlali oqavile: Jack Mabaso Izilimi: IsiNgisi, SeSotho, IsiXhosa nesiZulu</p>
 <p>THE Queen</p>	 <p>Muvhango Mondays to Thursdays at 9:00PM SABC 2 you belong.</p>
<p>2016 Mzansi Magic 9,8 mil ababukeli Umdlali oqavile: Harriet Khoza Izilimi: IsiNgisi, Sesotho, IsiXhosa nesiZulu</p>	<p>1997 4,4 mil ababukeli Umdlali oqavile: James Matsami Izilimi: Tshivenda, IsiNgisi, Sesotho, IsiZulu nesiXhosa</p>

[Izithombe nolwazi kucashunwe ku-googlepics-2020]

- 1.2 1.2.1 Isidlale isikhathi esingakanani *iGenerations*? Bhala inombolo ngamagama esiZulu. (1)
- 1.2.2 Ngokwesithombe iyiphi isophi ekhombisa udlame kulawa angenhla? (1)
- 1.2.3 Iyiphi isophi esebenzisa izilimi zaboMdabu eziningi kunamanye? (1)
- 1.2.4 Ubani umdlali odlala indawo ephambili kwisophi ye-*The Queen*? (1)
- 1.2.5 Ababukeli bazuza kanjani ngokubukela amasophi anabadlali abashintshashintsha izilimi? Bhala amaphuzu AMABILI. (2)

AMAMAKI ESIQEPHU A: 30

ISIQEPHU B: UKUFINGQA

UMBUZO 2

Fundisisa UMBHALO C ongezansi bese uwufingqa ngamaphuzu ayi-7 ubhale ngobuhle bamafutha omnqumo.

IMIYALELO

1. Bhala ngemisho ephelele. Amagama angeqi/angadluli kwangama-60.
2. Imisho yakho mayibe nezinombolo kusukela kweyoku-1 kuya kweye-7.
3. Bhala iphuzu elilodwa emshweni ngamunye.
4. Ekugcineni kwamaphuzu wonke owabhalile bhala inani lamagama owasebenzisile.

UMBHALO C (OFUNDWAYO)

UBUHLE BAMAFUTHA OMNQUMO (*OLIVE OIL*)

Amafutha abalulekile emizimbeni yethu. Ongoti bayakuqinisekisa ukuthi ukudla okunamafutha angafanele kungadala umonakalo omkhulu empilweni jikelele. Ziningi izinhlobo zamafutha kodwa abezempilo bancoma awomnqumo ukuthi kube yiwo asetshenziswa zonke izinsuku. Uhlobo olunconywa kakhulu lwala mafutha yi-*virgin olive oil* ne-*extra virgin oil*.

Isisindo esikhulu kubantu abaningi senza ukuthi bangazethembi. Uma ungomunye wabazama ukwehlisa isisindo somzimba kuyancomeka ukusebenzisa la mafutha esikhundleni samafutha ajwayelekile. Lokhu kungabuyisa ukuzethemba kwakho nokuziqhenya ngomzimba wakho.

Kubalulekile ukuthi impilo yakho ihlale ivikelekile emagciwaneni. Amafutha omnqumo anezithako ezibalulekile ekuqiniseni amasosha omzimba ukuze uhlale ungumqemane. Ukuqina kwamasosha omzimba kuchaza ukuvikeleka kunoma iziphi izifo ezingaqhamuka.

Kunezifo ezihlasela abantu abaningi njengesifo sikashukela. Ukusebenzisa amafutha omnqumo kungakuvimbela ukuhlaselwa yilesi sifo, ngokwenza isikali/umthamo we-*insulin* egazini uhlale ulingene. Ngaleyo ndlela akudingekile ukusebenzisa izinto ezigcina izinga likashukela lisesimweni esifanele.

Kukhona abantu abanekinga yokukhohlwa okuhambisana nesifo esaziwa ngokuthi yi-*Alzheimer*. Amafutha omnqumo enza ingqondo ihlale iphapheme ngenxa yesithako esibizwa nge-*monounsaturated fat* ngoba silibazisa ukuhlasela kwenkinga yokukhohlwa.

ISIQEPHU C: UHLELO NOKUSETSHENZISWA KOLIMI

UMBUZO 3

Bukisisa UMBHALO D bese uphendula imibuzo ezolandela.

UMBHALO D (OFUNDWAYO NOBUKWAYO)

INYALA MAIZE MEAL



Inyala yimpuphu yabantu abakhomba ngophakathi nabadla imbuya ngothi.

Inyala yenziwa ngombila omusha otshalwa emasimini ase-Free State.

Inyala ithenjwa izizukulwane ngezizukulwane.

Inyala inezakhamzimba ezidingekayo.



Phuthuma esitolo esiseduze nawe uzithengele Inyala yoqobo bese ugqwalisa ifomu elisephaketheni lempuphu.

Iyatholakala kusukela kuma-2 kg kuya kuma-50 kg

Sithumelele ifomu kuleli kheli:

298 Kideboni Street
Bethlehem
7354

Ucingo: 026 753 8421

Facebook: inyala_mpuphu

inyalamaizemeal.co.za



[Izithombe zicashunwe ku-googlepics, umbhalo wokuziqambela]


- 3.1 Sibhekiswe kobani lesi sikhangisi? (1)
- 3.2 Tomula isiqubulo esisetshenziswe abakhangisi bempuphu Inyala. (2)
- 3.3 Khetha impendulo efanele kulezi ozinikiwe echaza uhlobo lwabantu okuthiwa lukhomba ngophakathi:
- A Abahluphekayo
 - B Abakhombayo
 - C Abacebile
 - D Abasemphakathini (1)
- 3.4 Sebenzisa upelomagama olufanele kuleli gama elibhalwe ngokugqamile emshweni olandelayo:
- Inyala yenziwa ngombila omusha otshalwa emasimini ase-Free State. (1)
- 3.5 Bhala OKUBILI okufanele ukwenze ukuze uwine imoto esesikhangisweni? (2)
- 3.6 Hlobo luni lwebizo elibhalwe ngokugqamile kulo musho olandelayo?
- Inyala inezakhamzimba ezidingekayo. (1)
- 3.7 Ngokucabanga kwakho isu lokuthi abathengi bawine imoto linamuphi umthelela kubanikazi bomkhiqizo okhangiswayo? Bhala iphuzu ELILODWA. (2)

[10]

UMBUZO 4

Bukisisa UMBHALO E bese uphendula imibuzo ezolandela.

UMBHALO E (OFUNDWAYO NOBUKWAYO)

<p>ISITHOMBE SOKU-1</p>  <p>'Mama, sidinga ukuhlala phansi sikhulume kungaze konakale kakhulu.'</p>	<p>ISITHOMBE SESI-2</p>  <p>'Uzinyobulala wami ubukeka ekhathazeke kakhulu. Kazi iyiphi le nkinga ehlupha uThabo!' (<i>ekhuluma yedwa</i>)</p>	<p>ISITHOMBE SESI-3</p>  <p>'Amanzi azosisiza uma sesikhuluma noThabo.' (<i>ecabanga</i>)</p>
<p>ISITHOMBE SESI-4</p>  <p>'Mhlawumbe nalokhu kuzosebenza nakuba kuthiwa indoda ayikhali.' (<i>eqhubeka nokucabanga</i>)</p>	<p>ISITHOMBE SESI-5</p>  <p>'Kumele ngikhanyise amakhandlela ukuze kunuke kamnandi endlini.' (<i>ekhuluma yedwa</i>)</p>	<p>ISITHOMBE SESI-6</p>  <p>'Mama, yonke into uyenza ngehaba, kumele wehlise umoya ngoba uzogula. Yilokho kuphela ebengifuna ukukukhuluma nawe.'</p>

[Izithombe zicashunwe ku-googlepics]

- 4.1 Yimuphi umuzwa okhonjiswa umama kaThabo esithombeni soku-1? (1)
- 4.2 Khetha impendulo efanele kulezi ozinikiwe ukuchaza igama elibhalwe ngokugqamile esithombeni sesi-2:
- A Ingane ezelwe iyodwa kwabo.
 - B Ingane enezinkinga kwabo.
 - C Ingane enenkani kwabo.
 - D Ingane ezelwe nabanye.
- (1)

- 4.3 Bhala OKUBILI okufakazela ukuthi umama unehaba kulezi zithombe. (2)
- 4.4 Yakha umusho ngegama elithi **umoya** kuvele incazelo eyehlukile kule esesithombeni sesi-6. (2)
- 4.5 Nikeza uhlobo lwenkolelo equkethwe yileli binzana lamagama alandelayo.
'indoda ayikhali' (2)
- 4.6 Kungabe IQINISO noma UMBONO ukuthi bonke omama bahlala bekhathazekile ngezingane zabo? Sekela impendulo yakho. (2)
[10]

UMBUZO 5

- 5.1 Fundisisa UMBHALO F bese uphendula imibuzo ezolandela.

UMBHALO F (OFUNDWAYO)

UKUHLOBISA NGEZITHOMBE ENDLINI

Abantu abaningi bahlobisa izindlu ngezithombe ukuze zihehe. Izithombe zenza indlu ibukeke kahle. U~~M~~numzane Cele, uthi bona banolwazi olwanele lokuhlobisa ngaphakathi endlini. Lokhu kungagwema ukusebenzisa izithombe ezenza indlu ingabukeki. Izithombe ezilengiswa obondeni zidinga ulwazi nokuqondisisa imibala ehambisana namagumbi endlu yakho. Udinga ukwazi osayizi abahambisana nesakhiwo segumbi ngalinye. Okumqoka ukubheka umbala wobonda lonke ozofaka kulo izithombe. 5

Izithombe ezinombala ogqamile zilungele igumbi lokuphumula nelokudlela. Egumbini lokulala kudingeka izithombe ezingagqamile. Ikhishi lihlotshiswa ngamavazi kuphela. Igumbi lokugezela alihlotshiswa. Igumbi lingaba nomswakama. Izithombe zifakwa ngamahhuku obondeni. Qikelela inhlanzeko ukuze izithombe zakho zihlale zizinhle sonke isikhathi. 10

[Ucashunwe kwiSolezwe wase uhunyushwa]

- 5.1.1 Guqula lo musho olandelayo ube inkathi edlule.
Umuntu ufisa ukuba nendlu ehehayo. (1)
- 5.1.2 Lenza msebenzi muni igama elibhalwe ngokugqamile kulo musho olandelayo?
Abantu **abangingi** bathanda ukuhlobisa izindlu. (1)
- 5.1.3 Phinda ubhale lo musho olandelayo ukhombe ukulandula/ukuphika.
Izithombe zifakwa ngamahhuku kuphela obondeni. (1)

5.1.4 Khetha impendulo efanele kulezi ozinikeziwe esho uhlobo lwebizo olubhalwe ngokugqamile kulo musho olandelayo.

Ikhishi lihlotshiswa ngamavazi kuphela:

- A Ibizoqho
- B Ibizonto
- C Ibizomvama
- D Ibizomfakela (1)

5.1.5 Mqondo muni oqukethwe yizakhi ezibhalwe ngokugqamile emishweni elandelayo?

- (a) Lokhu kungagwema ukusebenzisa izithombe endlini. (1)
- (b) Izithombe ziyaliheha iso. (1)

5.1.6 Nciphisa igama elibhalwe ngokugqamile bese uzakhela umusho ophelele ngalo.

Ezinombala ogqamile zilungele **indlu** yokuphumula neyokudlela. (2)

5.1.7 Hlanganisa le misho elandelayo ngesihlanganiso esifanele ibe umusho owodwa.

Igumbi lokugezela alihlotshiswa.
Igumbi lingaba nomswakama. (2)

5.1.8 Guqula lo musho oyinkulumo-mbiko ube inkulumo-ngqo/inkulumo-qho.

UMnumzane Cele uthi bona banolwazi olwanele lokuhlobisa ngaphakathi endlini. (2)

5.1.9 Bhala amagama amqondofana esikhundleni salawa abhalwe ngokugqamile emishweni elandelayo.

(a) Izithombe ezinombala ogqamile zilungele **igumbi** lokuphumula. (1)

(b) Izithombe azidingi ukufakwa ngezipikili ngoba zibhoboza **ubonda**. (1)

5.2 Bukisisa UMBHALO G bese uphendula imibuzo elandelayo.

UMBHALO G (OFUNDWAYO NOBUKWAYO)



[Isithombe sicashunwe ku-www.googlepictures.com]

5.2.1 Guqula igama elibhalwe ngokugqamile libe ubulili besifazane.

Umalume ukuba usaphila ngabe akwenzeki lokhu. (1)

5.2.2 Lungisa igama elikubakaki ukuze umusho olandelayo uzwakale kahle.

Abazali (mina) abasekho. (1)

5.2.3 Tomula isabizwana soqobo kulo musho olandelayo bese usisebenzisa emshweni ozakhele wona.

Le mali yonke umama angishiyela yona iphi? (2)

5.2.4 Bhala lo musho olandelayo ukhombise ukubabaza.

Hhawu unenhliziyoyetshe (2)
[20]

AMAMAKI ESIQEPHU C: 40
AMAMAKI ESEWONKE: 80



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NATIONAL SENIOR CERTIFICATE

IBANGA LE-12

ISIZULU ULIMI LOKUQALA LOKWENGEZA (FAL)

IPHEPHA LOKUQALA (P1)

NOVEMBA 2021

UMHLAHLANDLELA WOKUMAKA

AMAMAKI: 80

Lo mhlahlandlela unamakhasi ayi-9.

ISIQEPHU A: ISIVIVINYO SOKUQONDISISA

UMBUZO 1

INDLELA YOKUMAKA:

1. Ngenxa yokuthi sigxila emqondweni wempendulo; ukungabhaleki kahle kwamagama namaphutha olimi sikushaya indiva/asikunaki ngaphandle uma kuthinta umqondo wempendulo yonke. Omakayo kumele awatshengise ngezimpawu ezisetshenziswayo amaphutha uma ekhona.
2. Uma umfundi esebenzise amagama angekho olimini ahlolwa ngalo, lawo magama ngeke anakwe uma impendulo ayibhalile inomqondo ophelele. Uma kunegama elithathelwe kolunye ulimi embhalweni onikeziwe noma kudingeka ukuthi impendulo inike lona, lokho kuyovumeleka.
3. Imibuzo evulelekile edinga izimpendulo ezinjengoYEBO/CHA noma ANGIVUMI/NGIYAVUMA azinikwa amamaki. Ngokufanayo nalezi ezinjengo-IQINISO/AKUSILO IQINISO noma IQINISO/UMBONO nazo azinikwa amamaki kodwa indlela umfundi asekela ngayo ethola amamaki.
4. Uma impendulo iyigama elilodwa kodwa umfundi abhale umusho wonke; umfundi uthola amamaki uma eyidwebele impendulo noma eyikhombise ngandlela thize.
5. Uma impendulo idinga amaphuzu amabili/amathathu kodwa umfundi wabhala angaphezulu kwalokho, kumakwa amaphuzu amabili/amathathu okuqala okunye kungabe kusanakwa.
6. Umfundi uyanikwa amamaki uma esebenzise ulimi lwesigodi empendlweni yakhe.
7. Emibuzweni lapho umfundi ekhetha impendulo kwazinikiwe; uyawathola amamaki uma ebhale impendulo ephelele kanje:
Isib:
1.1.5 A/USizwe. (okuwuhlambu oluphelele).

- 1.1 1.1.1 UKrista Neher ✓/ Krista ✓ / Neher ✓ (1)
- 1.1.2 OKUBILI kwalokhu:
- Umlando womndeni. ✓/
 - Umlando wamaqhawe namaqhawekazi. ✓/
 - Umlando ngezinto ezazisetshenziswa ngezikhathi ezahlukene. ✓/
 - Umlando okumazisi. ✓ (2)
- 1.1.3 Okukodwa kwalokhu:
- Zisetshenziswa njengethuluzi lokudlulisa umyalezo nokuchukuluza imicabango. ✓✓/
 - Zisixhumanisa nemvelaphi yethu. ✓✓/
 - Zisikhumbuza izikhathi ezimnandi nezibuhlungu. ✓✓ (2)
- 1.1.4 B. ✓/ Ukuba sejele. ✓ (1)
- 1.1.5 Izithombe ezithathwa ezikoleni zingadala izimpi ziveze namahlazo abafundi nothisha. ✓✓ (2)
- 1.1.6 Kukhona abantu asebethole ukwaziwa umhlaba wonke ngezithombe abazithumela emaphephandabeni, ezinkundleni zokuxhumana nakwezinye izindawo. ✓✓ (2)
- 1.1.7 Okukodwa kwalokhu:
- Izithombe zisetshenziselwa ukwethula ubufakazi enkantolo. ✓✓/
 - Ziveza amaqiniso uma liphikwa icala. ✓✓ (2)
- 1.1.8 (a) Uze umxhawule. ✓✓ (2)
- (b) Ngokushesha okukhulu. ✓✓/ masinyane. ✓✓ (2)
- 1.1.9 Okukodwa kwalokhu:
- Kungakufaka ejele/ungaboshwa. ✓✓/
 - Ungaphelelwa umsebenzi. ✓✓/ (Nokunye okunembayo) (2)
- 1.1.10 Okukodwa kwalokhu:
- Isithombe esihle senza abantu balangazelele ukuzwa ukuthi kuthiwani ngaloyo muntu kodwa esibi sihlala unomphela ezingqondweni zabantu. ✓✓/
 - Isithombe esihle senza abantu bamthande osesithombeni futhi bamlandele kodwa esibi senza bamkhulume kabi baze bagcine sebemzonda ngisho bengamazi. ✓✓ (2)

- 1.1.11 Okukodwa kwalokhu:
• Indaba yezithombe ithinta bonke abantu.√√/
• Kuyinto eyenziwa yibo bonke abantu.√√
(Nokunye okunembayo) (2)

- 1.1.12 Izimpendulo ziyokwehluka:

Isibonelo sempendulo **evumayo**:

- Izithombe ziveza konke njengoba kunjalo.√√

NOMA

Isibonelo sempendulo **ephekayo**:

- Abanye abantu bayakwazi ukuzenzela izithombe zibukeke sengathi ziyiqiniso.√√
(Nokunye okunembayo) (2)

- 1.2 1.2.1 Iminyaka engamashumi amabili nesishiyagalombili.√ (1)

- 1.2.2 UZalo.√ (1)

- 1.2.3 UMuvhango.√ (1)

- 1.2.4 uHarriet Khoza.√/ uConnie Ferguson.√ (1)

- 1.2.5 Izimpendulo ziyakwehluka (Okubili kwalokhu):

- Ababukeli bathola ithuba lokufunda ezinye izilimi. √/
- Ababukeli bayajabula ukuthi izilimi zabo nazo ziyathuthuka.√/
- Kwandisa amathuba okulingisa kubadlali abakhuluma izilimi ezahlukene. √/
- Kukhuthaza ubumbano ezinhlangothini ezahlukene.√
(Nokunye okunembayo) (2)

(2)
[30]

AMAMAKI ESIQEPHU A: 30

ISIQEPHU B: UKUFINGQA

UMBUZO 2

Amaphuzu esingwabheka:

	AMAPHUZU ACASHUNIWE		AMAPHUZU AHUNYUSHIWE
1.	'Uma ungomunye wabazama ukwehlisa isisindo somzimba kuyancomeka ukusebenzisa la mafutha esikhundleni samafutha ajwayelekile.'	1.	Uma uzama ukunciphisa umzimba ungasebenzisa amafutha omnqumo.
2.	'Amafutha omnqumo anezithako ezibalulekile ekuqiniseni amasosha omzimba ukuze uhlale ungumqemane.'	2.	Lawa mafutha ayasiza/angasiza ukwenza amasosha omzimba ahlale esesimweni esihle.
3.	'Ukusebenzisa amafutha omnqumo kungakuvimbela ukuhlaselwa yilesi sifo, ngokwenza isikali/umthamo we- <i>insulin</i> egazini uhlale ulingene.'	3.	Ayasiza ukuvikela abantu esifweni sikashukela ukuthi ungehli noma ungakhuphuki.
4.	'Amafutha omnqumo enza ingqondo ihlale iphapheme ngenxa yesithako esibizwa nge- <i>monounsaturated fat</i> .'	4.	Inggqondo ingahlale/ihlale isebenza kahle uma usebenzisa lawa mafutha.
5.	'Ucwaningo luyaveza ukuthi angagcina isikhumba sakho sivikelekile ngokuwagcoba emzimbeni nasezindebeni zomlomo.'	5.	Lawa mafutha avikela isikhumba ngokuwagcoba emzimbeni nasezindebeni zomlomo.
6.	'Angasiza futhi ukugcina nezinwele zakho zikhazimula zingenayo inkwethu.'	6.	Angasebenza ukwenza izinwele zibe zihle futhi zingabi nayo inkwethu.
7.	'Amafutha omnqumo onga imali ukuze kungabi nesidingo sokukhanda izinto zasendlini.'	7.	Amafutha omnqumo onga imali ekukhandeni izinto zasendlini.

Ukumakwa kokufingqa

Ukumaka kubhekela ukuba khona kwamaphuzu abalulekile nokuhlungwa kwalawo angabalulekile empendulweni.

Ukufingqa kumele kumakwe ngale ndlela:

- **Ukwabiwa Kwamamaki:**

- Amamaki ayi-7 ngamaphuzu ayi-7 (Iphuzu lilinye labelwa imaki elilodwa).
- Amamaki ama-3 abelwa ukusetshenziswa kahle kolimi.
- Isamba samamaki ayi-10.

- **Ukwabiwa Kwamamaki Okusetshenziswa Kolimi Lapho Umfundi Esebenzise Awakhe Amagama:**

- Iphuzu eli-1 kuya kwama-3: Uklonyeliswa ngemaki eli-1.
- Amaphuzu ama-4 kuya kwama-5: Uklonyeliswa ngamamaki ama-2.
- Amaphuzu ayi-6 kuya kwayi-7: Uklonyeliswa ngamamaki ama-3.

- **Ukwabiwa Kwamamaki Okusetshenziswa Kolimi Lapho Umfundi Ecaphune Njengoba Kunjalo Esiqeshini:**

- Amaphuzu ayi-6 kuya kwayi-7: Akaklonyeliswa lutho ngemaki lolimi.
- Amaphuzu ama-4 kuya kwayi-5: Uklonyeliswa ngemaki eli-1 lolimi.
- Amaphuzu ama-2 kuya kwa-3: Uklonyeliswa ngamamaki ama-2 olimi.

QAPHELA:

- **Ukubalwa Kwamagama:**

- Abamakayo kulindeleke ukuthi babale inani lamagama asetshenzisiwe.
- Awekho amamaki asuswayo uma umfundi engalibhalanga inani lamagama asetshenzisiwe noma elibhalile kodwa kungesilona.
- Uma inani lamagama asetshenzisiwe leqile, omakayo kumele afunde aphelele emshweni wokugcina ngaphezulu kwesibalo esibekiwe, angabe esakunaka okulandelayo.

AMAMAKI ESIQEPHU B: 10

ISIQEPHU C: IZAKHIWO NEZIMISO ZOKUSETSHENZISWA KOLIMI

UMBUZO 3

Indlela yokumaka ISIQEPHU C

- **Ukupelwa kwamagama/Isipelingi**

- Izimpendulo ezidinga igama elilodwa mazimakwe ngisho kunamaphutha esipelingi, ngaphandle uma iphutha lishintsha umqondo/incazelo yegama.
- Uma impendulo ingumusho ogcwele, amaphutha esipelingi awanganikwa amamaki uma kuhlolwa ulimi.
- Uma kuhlolwa isifinyezo, impendulo mayibe nophawu lokuloba olufanele.

- Ukwakhiwa kwemisho makulandele uhlelo lokusetshenziswa kolimi olufanele.
- Emibuzweni lapho kukhethwa khona izimpendulo, yamukela KOKUBILI uhlamvu oluhambisana nempendulo efanele NOMA impendulo efanele ebhalwe ngokugcwele.

- 3.1 Kubo bonke abantu.√/Abadla imbuya ngothi nabakhomba ngophakathi.√/ Kubathengi √. (1)
- 3.2 Impuphu Yoqobo.√√ (2)
- 3.3 C√/Abacebile.√ (1)
- 3.4 Inyala yenziwa ngombila omusha otshalwa emasimini ase-Free State.√ (1)
- 3.5
- Uthenga impuphu Inyala.√ (1)
 - Ugcwalisa ifomu elisephaketheni lempuphu.√ (1)
- 3.6 Ibizombaxa√/Ibizongxube.√ (1)
- 3.7 OKUKODWA kwalokhu:
- Kuzokhuphula inani labantu abathenga impuphu Inyala.√√/
 - Inkampani izokwenza inzuzo enkulu.√√
- (Nokunye okunembayo) (2)

[10]

UMBUZO 4

- 4.1 Umuzwa wokuthuka. ✓/ukwesaba ✓/ukumangala ✓/Ukukhathazeka ✓. (1)
- 4.2 A ✓/Ingane ezelwe yodwa kwabo. ✓ (1)
- 4.3 OKUBILI kwalokhu:
- Ubuso bukamama uma umfana ecela ukukhuluma naye. ✓/
 - Ukuthatha imiqamelo yokuhlala. ✓/
 - Ukuthatha amaphepha okusula izinyembezi. ✓/
 - Ukukhanyisa amakhandlela. ✓/
 - Ukulungisa indawo yokuhlala. ✓/
 - Ukukhipha amanzi okuphuza esiqandisini. ✓/
 - Ukukhuluma yedwa. ✓ (2)
- 4.4 Imisho iyokwehluka:
- Isibonelo: **Umoya** uvunguza ngamandla ngaphandle. ✓✓ (2)
- 4.5 Inkolelo engaguquki. ✓✓ (2)
- 4.6 Umbono ngoba bakhona omama abangakhathezeki ngezingane zabo yikho sinezingane ezitholwa zilahliwe. ✓✓ (2)
- [10]

UMBUZO 5

- 5.1 5.1.1 Umuntu ufise ukuba nendlu eehayo. ✓/Umuntu ufisile ukuba nendlu eehayo. ✓/ Umuntu ubefisa. ✓/ Umuntu wayefisa. ✓/ Umuntu wafisa. ✓ (1)
- 5.1.2 Liyachasisa ✓/Liyaphawula. ✓/ Lichaza uSobizo emshweni. ✓ (1)
- 5.1.3 Izithombe azifakwa ngamahhuku kuphela obondeni. ✓ (1)
- 5.1.4 D ✓/Ibizomfakela. ✓ (1)
- 5.1.5 (a) Isandiso sendawo. ✓/Isakhi esikhomba indawo/undaweni. ✓ (1)
- (b) Isivumelwano sikamenziwa. ✓ (1)
- 5.1.6 Indlwana. ✓ (1)
- Isib. Ugogo uthanda indlwana enhle. ✓ (1)
- 5.1.7 Igumbi lokugezela alihlotshiswa ngoba lingaba nomswakama. ✓✓ (2)

- 5.1.8 UMnumzane Cele uthi, '**Thina** sinolwazi olwanele lokuhlobisa ngaphakathi endlini.'✓✓/ '**Thina** sinolwazi olwanele lokuhlobisa ngaphakathi endlini,' kusho uMnumzane Cele.✓✓ (2)
- 5.1.9 (a) Ikamelo.✓ (1)
- (b) Udonga.✓ (1)
- 5.2 5.2.1 Umalumekazi.✓ (1)
- 5.2.2 Abazali **bami** abasekho.✓ (1)
- 5.2.3 Yona.✓ (1)
- Isibonelo; Ingane **yona** ayikuthandi ukulala.✓ (1)
- 5.2.4 Hawu! ✓ **Unenhliziyoy**✓ yetshe./ Hawu, ✓ unenhliziyoy yetshe!✓ (2)
- [20]

AMAMAKI ESIQEPHU C: 40
AMAMAKI ESEWONKE: 80