



Province of the
EASTERN CAPE
EDUCATION

CHRIS HANI EAST DISTRICT

LIFE ORIENTATION

GRADE 8

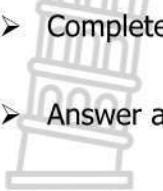
2023 FINAL EXAMINATION

DURATION: 2 HOURS

TOTAL MARKS: 70

This Question Paper consists of **EIGHT** pages

INSTRUCTIONS AND INFORMATION

- 
- Complete the front cover of your answer booklet
 - Answer all of the questions in the answer booklet provided.
 - Number in the middle of the page

 - Rule off after each section.

 - The following are not allowed in the examination room: school bags, cell phones, smart watches, tablets, books, dictionaries, notes, sketches or paper.

 - Only the official examination material distributed by the invigilator is allowed

SECTION A (COMPULSORY)

Answer ALL of the questions in this section.

QUESTION 1

1.1 Various options are provided as possible answers to the following questions.

Choose the most correct answer and write only the letter (A-D) next to the question numbers (1.1.1 to 1.1.5) in the ANSWER BOOK, e.g. 1.1.6 B.

1.1.1 Which of the following would be an ideal way for a visual learner to learn?

- A. Drawing charts and diagrams.
- B. Singing rhymes and chants.
- C. Doing and enjoying touching.
- D. Reading their class notes.

1.1.2 What is meant by the term 'refusal'?

- A. Saying yes.
- B. Saying no.
- C. Not saying no.
- D. Not making a choice.

1.1.3 Substance abuse refers to:

- A. Continued use of tobacco or alcohol and illegal drugs.
- B. Continued use of legal substances that make you feel good.
- C. Being dependant on something or someone that abuses you.
- D. Being dependant on a substance that makes you feel good.

1.1.4 Appropriate behaviour to stop and avoid substance abuse:

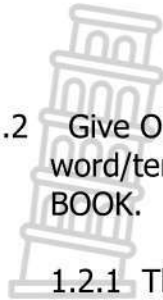
- A. Take up hobbies and sport to find friends that are users.
- B. Take only once a week to make you feel good about yourself.
- C. Do volunteer work, it makes you feel good about yourself.
- D. Play sports where substances are available to you.

1.1.5 Rehabilitation options include:

- A. Hospitals, non-governmental organisations and counselling.
- B. Non-governmental organisations, counselling and after care.
- C. Hospitals, counselling and places of substance abuse.
- D. Non-governmental organisations, counselling and the national drug line.

(5X1) (5)

1.2 Give ONE word/term for each of the following descriptions. Write only the word/term next to the question numbers (1.2.1 to 1.2.5) in the ANSWER BOOK.



1.2.1 The idea one has of one's abilities, appearance, and personality.

(1)

1.2.2 A ceremony or event marking an important stage in someone's life, especially birth, the transition from childhood to adulthood, marriage, and death.

(1)

1.2.3 A mark of disgrace associated with a particular circumstance, quality, or person.

(1)

1.2.4 The collection and storage of rain, rather than allowing it to run off.

(1)

1.2.5 A formal written request, typically one signed by many people, appealing to authority in respect of a particular cause.

(1)

TOTAL SECTION A: 10

SECTION B (COMPULSORY)

Answer ALL of the questions in this section. Write your answers in full sentences.

QUESTION 2

Read the extract below and answer the questions that follow:

Source: <https://www.avert.org/living-with-hiv/stories/lara> Available from: Teenactive

HIV/AIDS

I was diagnosed with HIV when I went for my antenatal check. I guess I didn't know how I felt about it at first, but as time passed I took responsibility. It was hard to start my meds. I felt humiliated and scared of rejection... I ended up not taking them first-time around.

I learnt that HIV has no power over me and my identity! So I started managing my illness better and now I'm studying HIV/AIDS management and counselling at college.

- 2.1 Give the definition of the term HIV/AIDS. (1X2) (2)
- 2.2 Identify TWO ways that Petunia may have become infected with HIV. (2X1) (2)
- 2.3 Explain ONE of the ways that stigmatisation impacted the woman in the extract emotionally. (1X2) (2)
- 2.4 Differentiate between HIV and AIDS. (2X2) (4)
- 2.5 Assess TWO ways that the woman can manage and fight her illness to help her stay healthy for longer. (2X2) (4)
- 2.6 Recommend TWO ways that Grade Eight learners can demonstrate care for someone living with HIV/AIDS? In your answer, also indicate how this will allow these learners living with HIV/AIDS make better decisions in managing their illness. (2X3) (6)

[20]

TOTAL SECTION B: 20

SECTION C

Answer any TWO questions in this section.

Your responses must consist of paragraphs. Marks will only be allocated for responses written in full sentences.

QUESTION 3

Read the extract below and answer the question that follows:

Source: Anonymous

Learning styles

Marcelo is in Grade 8 and has recently found out that he is a visual learner. Marcelo also enjoys listening to podcasts and watching videos on YouTube, leading him to believe that he may also be an aural learner.

Currently, his least favourite subjects are Natural Science and Mathematics and he is wanting to use learning strategies to improve his marks.



Construct an essay on Learning styles.

Use the following as a guideline:

- State FOUR different learning styles. (4X1) (4)
- Analyse the importance of knowing your learning style when it comes to preparing for exams. (2X4) (8)
- Critically discuss TWO practical aural learning strategies that Marcelo can
 - use to improve his Natural Science and Mathematics mark. (2X4) (8)

[20]

QUESTION 4

Study the image below and answer the question that follows:

Source: Gordon, L. P. 2022. Available from: <https://kidshealth.org/en/teens/e-cigarettes.html>

Substance abuse

E-cigarettes are now the most frequently used tobacco product among adolescents — some 2.1 million middle and high school students were e-cigarette users in 2017 — far surpassing traditional cigarettes.

What Is Vaping?

Vaping is the inhaling of a vapour created by an e-cigarette or other vaping device. Vaping puts nicotine into the body.

E-cigarettes are battery-powered smoking devices. They have cartridges filled with a liquid that usually contains nicotine, flavourings, and chemicals. The liquid is heated into a vapour, which the person inhales. That's why using e-cigarettes is called "vaping."

Construct an essay on Substance Abuse.

Use the following as a guideline:

- State FOUR dangers that substance abuse pose to one's health. (4X1) (4)
- Analyse TWO ways that a teen can avoid becoming a substance abuser. (2X4) (8)
- Critically discuss TWO reasons why it is difficult for teens to refuse alcohol from their peers. (2X4) (8)

[20]

QUESTION 5

Study the image below and answer the question that follows:

Source: .Available from:

<https://www.healthychildren.org/English/ages-stages/teen/dating-sex/Pages/Helping-Teens-Resist-Sexual-Pressure.aspx>

The infographic, titled "Sexuality" and "WHO FEELS SEXUAL PRESSURE?", features four stylized human figures in different colors (blue, orange, green, purple) representing different groups of teenagers. Each figure has a percentage label indicating the proportion of that group feeling sexual pressure. The statistics are: 17% for all teens aged 13-17, 21% for teen girls aged 13-17, 12% for teen boys aged 13-17, and 24% for 17-year-old teen girls. The infographic also includes the website "Stanmorephysics.com" and a copyright notice for "© The National Campaign to Prevent Teen and Unplanned Pregnancy".

Sexuality

WHO FEELS SEXUAL PRESSURE?

17% ALL TEENS 13-17

21% TEEN GIRLS 13-17

12% TEEN BOYS 13-17

24% 17-YEAR-OLD TEEN GIRLS

Stanmorephysics.com

© The National Campaign to Prevent Teen and Unplanned Pregnancy

Helping Teens Resist Sexual Pressure

"The pressure on teenagers to have sex is enormous," says paediatrician Dr Ron Eagar, adding that kids often feel as if they're caught in a difficult situation.

Construct an essay on Sexuality.

Use the following as a guideline:

- State FOUR emotional dangers that teens face if they engage in sexual activity from an early age. (4X1) (4)
- Analyse TWO reasons why the media (including social media) may make teens feel pressured to engage in sexual activities. (2X4) (8)
- Critically discuss how healthy relationships could assist in making wise choices around sexual activity. (2X4) (8)

[20]

TOTAL SECTION C: 40

TOTAL MARKS: 70