Downloaded from Stanmorephysics.com Jeppe High School for Boys





Examination: Life Orientation

Date: 17th November 2020

Total Marks: 80

Examiner: J. de Lange Moderator: R.Riskowitz Number of Pages: 8

Instructions:

- Complete the front cover of your answer booklet.
- Answer all questions in the answer booklet provided.
- Number in the middle of the page.
- · Rule off after each section.
- The following are not allowed in the examination room: school bags,
 cell phones, smart watches, tablets, books, dictionaries, notes, sketches or paper.

Only the official examination material distributed by the invigilator is allowed.

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Answer ALL the questions in this section.

QUESTION 1

1.1 Various options are provided as possible answers to the following questions.

Choose the most correct answer and write only the letter (A-D) next to the question numbers (1.1.1 to 1.1.5) in the ANSWER BOOK, e.g. 1.1.6 B.

- 1.1.1 Analytical skills' refers to:
 - A. Using information to solve problems.
 - B. Working out how things work.
 - C. Seeing how different ideas fit together.
 - D. Saying what you think about something.
- 1.1.2 Which of the following organisations DOES NOT deal with complaints about violations of human rights:
 - A. South African Human Rights Commission
 - B. The South African Relations Commission
 - C. Public Protector
 - D. Commission for Gender Equality
- 1.1.3 Which of the following is INCORRECT with regards to ARV / Antiretroviral medication:
 - A. It is possible for a HIV-positive person to live longer.
 - B. These drugs slow down the rate at which HIV spread.
 - C. These drugs have no known side effects.
 - D. These drugs require regular check-ups and blood tests.
- 1.1.4 Ways to decrease one's carbon footprint include:
 - A. Eating more meat on Mondays.
 - B. Using metal straws.
 - C. Buy local and plant based foods.
 - D. Using a fireplace to keep warm.
- 1.1.5 Which is an example of 'gender equity':
 - A. Allowing a boys and girls soccer team at the school.
 - B. Discouraging girls to play sport because it is unfeminine.
 - C. Allowing a gender pay gap and paying one gender more.
 - D. Giving a male a promotion because he is the best man for the job. (5X1) (5)

(1)

1.2 Give a description for each of the following words/terms. Write only the description next to the question numbers (1.2.1 to 1.2.5) in the ANSWER BOOK.

1.2.1 Compulsory activities

Something that you have to do and is not optional, you have no choice.

1.2.2 Labour relations. (1)

You have the right to be treated fairly at work and you can go on strike.

1.2.3 Carbon footprint. (1)

Total amount of greenhouse gases that a person contributes towards in their

lifetime

1.2.4 Cultural norms'. (1)

It refers to pattern of behaviour or values that everyone in a particular culture

follows as normal behaviour

1.2.5 Deforestation. (1)

The removal of forestry or vegetation for human use

1.3 Answer the following questions by writing the answer next to the question numbers (1.3.1 to 1.3.4) in the ANSWER BOOK. Write your answers in full sentences.

1.3.1 What does "stigma" refer to in terms of those diagnosed with HIV/AIDS.?

(2X1)(2)

A mark of disgrace / judgment / negative association with someone who is HIV positive or has HIV / AIDS ✓

1.3.2 Explain what it means to "evaluate" something. (2X1) (2)

To examine and judge carefully / taking the pro's and con's into consideration

1.3.3 Discuss how sport supports and detracts from nation building. (2X2) (4)

1.3.4 Explain the term "sustainable resource" in terms of a healthy environment.

(2X1)(2)

The resource is able to be maintained ✓ at a certain level or rate / it can replenish itself without causing depletion or damage ✓

TOTAL SECTION A: 20

SECTION B (COMPULSORY)

Answer ALL the questions in this section. Write your answers in full sentences.

QUESTION 2

Read the extract below and answer the question that follows:

Source: [Accessed 11 June 2020]. Available from:

 $\underline{https://genderjustice.org.za/news-item/men-and-boys-must-take-action-to-end-gender-based-violence/definition of the property of the proper$

Men and Boys Must Take Action to End Gender-Based Violence

Gender-based violence (GBV) is a widely known problem that is mainly perpetrated by men, and community members and individuals who tolerate negative masculine practices widely in Tanzania. Ending violence in our communities is a responsibility of the whole community and it is significant that men and boys are active participants and promoters of change to get rid of the current status quo. On the same scale, it is also critical to combat not only the individual instances of violence, but also the systemic forms of violence, as violence does not occur in a vacuum but rather in a society that

Downloaded from Stanmorephysics.com condones and encourages it.

- 2.1 Define the term "Gender-Based Violence" and provide examples of gender-based violence.*

 Gender-based violence (GBV) is violence that is directed at an individual based on his or her biological sex OR gender identity ✓. It includes physical ✓, sexual ✓, verbal ✓, emotional ✓, and psychological abuse ✓, threats ✓, coercion ✓, and economic or educational deprivation ✓, whether occurring in public or private life ✓.
- 2.2 Name TWO emotional effects that someone might experience who has suffered from gender based violence. (2x1)(2)

 Shock ✓ Disbelief ✓ sad Gender-based violence (GBV) is violence that is directed at an individual based on his or her biological sex OR gender identity. It includes physical, sexual, verbal, emotional, and psychological abuse, threats, coercion, and economic or educational deprivation, whether occurring in public or private life.depressed ✓ ashamed ✓ powerless ✓ lose self confidence ✓ and self esteem ✓
- 2.3 Discuss ONE reason why it is specifically important for men and boys to be active participants and promoters of change to get rid of gender-based violence.* (2x1)(2)
- 2.4 Discuss TWO reasons why South Africa still struggles with high levels of gender based violence despite having excellent laws and human rights in place to protect them? (2x2)(4)

 Any TWO of the below or any relevant answers for TWO marks each

(i.e. ONE mark for statement and ONE mark for qualifier / explanation)

The laws are there but just because they are written; do not mean they are followed. \checkmark people think they don't need to follow laws or that they don't apply to them \checkmark

There are not enough resources to follow up when crimes have been committed. ✓ so the people responsible aren't always caught or punished ✓

The implementation of the laws is not always effective. ✓ it makes people afraid to come forward and report it ✓

Women are too afraid to come forward \checkmark because of what might happen to them if they do \checkmark

Gender-based violence is so entrenched in our society and country and culture ✓ that resolving it is going to take more than laws/the affected people see it as normal ✓ (Violence is so part of our country)

We need to educate about it, empower men and women to be able to move past living their lives this way. ✓ Some of the gender-based violence is connected to cultural practice. It is difficult for people to reject cultural practices that have been around for generations. ✓ (Patriarchal society)

2.5 Suggest TWO strategies that men and boys can do to be part of the solution to gender based violence.

(2x2)(4)

Any TWO of the below or any relevant answers for TWO marks each

(i.e. ONE mark for statement and ONE mark for qualifier / explanation)

Be educated on it \checkmark and the stereotypes that exist and how they can change their mindset on women and the treatment of women \checkmark

Speak up \(\sqrt{} \) they can openly speak up for women who have suffered and help them \(\sqrt{} \) they can also call out on a culture and comments that perpetuate the idea that women are less than men in society \(\sqrt{} \)

Challenge toxic masculinity and gender inequality ✓ through discussion/awareness programmes/protests etc ✓

Fathers / Mothers / Brothers and Adults can teach their sons/boys how to treat women ✓ lead by example so the cycle can be broken ✓

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QUESTION 3

Read the extract below and answer the question that follows:

Source: Accessed 11 June 2020. Available from: https://www.gov.za/speeches/ation-building-social-cohesion-6-feb-2020-0000

Minister Nathi Mthethwa: National Convention on Nation Building, Social Cohesion and Safe Communities

The concept of nation building and social cohesion project precedes the dawn of democracy in 1994. That is, the mass democratic movement was always seized with the question as to what kind of society South Africa should be once it is liberated from its colonialism and apartheid. And nowhere is this more self-evident than in the series of papers on the National Question.

Define the concept "nation building" and list TWO ways how you can be positive about nation building in your community.* (1+2)(3)
 Definition: The purpose is to unify people and help them live in harmony ✓
 OR

To make people proud of their country so that people are positive about the future ✓

Positive ways:

Celebrating national events with enthusiasm ✓ and be positive and passionate about the our diversity to celebrate diversity ✓

Learn about South afican history ✓ to best understand events that unfolded and have compassion for people ✓

Learn about the concept of nation building \checkmark so that you can be positive and proud of your country \checkmark

Get involved in school activities and outreaches to help other people ✓ It provides a platform for people to talk about these issues ✓

2.2 Advise TWO ways how one can respect cultural differences. (1x2)(2)

Any TWO of the below or any relevant answer for TWO marks
Become aware of the differences ✓ so that you can use this knowledge to respect differences

Share and experience other cultures - like foods and traditions it shows your willingness to recognize other cultures and how they have enriched South African society ✓

Establish relationships and friendships with people from other cultures ✓ so

Downloaded from Stanmorephysics com that you can experience different cultures firsthand - to show respect for our differences

2.3 Discuss TWO reasons why human rights are an important component of nation building. (2x2)(4)

Any TWO of the below or any relevant answers for TWO marks each

(i.e. ONE mark for statement and ONE mark for qualifier / explanation)

When every person's rights are being met ✓ we have a stronger country of which we can be proud. ✓

With rights come responsibilities ✓ when we are acting as responsible citizens we are building the nation <

Stand up for others who can't stand up for themselves or whose human rights are being abused ✓ showing support and reducing the problems ✓

When we allow human rights violations to continue ✓ we are not promoting nation building 🗸

Human Rights and knowing our rights ✓ helps us to know what injustice is and how to eliminate it ✓

When we know what our rights are and take our responsibilities seriously ✓ we promote nation building

2.4 Suggest TWO ways that you as an individual can promote nation building. (2x2)(4)

Any TWO of the below or any relevant answers for TWO marks each (i.e. ONE mark for statement and ONE mark for qualifier / explanation)

Lead by example ✓ show others that you are proud and positive about your country and it's future <

Talk about it with other people ✓ so that they can learn more about it through discussion and debate /

Get involved in community service and outreach ✓ that makes this country a better place for all citizens ✓

Stand up for others who can't stand up for themselves or whose human rights

Downloaded from Stanmorephysics com the problems /

Become actively involved in campaigns / celebrations / workshops ✓ because it might help to respect difference and celebrate our similarities (unity in diversity)

Join different organizations from various religions ✓ to become part of their contribution to social development (raising money for projects / become volunteer / improve housing to the poor) ✓

2.5 Recommend TWO ways South African teens can appreciate and celebrate diversity and in this way help with nation building. (2x2)(4)

Any TWO of the below or any relevant answers for TWO marks each

(i.e. ONE mark for statement and ONE mark for qualifier / explanation)

Respect others and their practices and beliefs. \checkmark through your words and actions \checkmark

Stand up for their right to practice and live their culture. ✓ and don't be a bystander if you see someone else discriminating against that ✓

Do not be afraid to make friends across religions and cultures. ✓ so that you learn more about their cultures and religions so that you can be more diverse in your opinions and understanding of others ✓

Learn about the other learners in your class, talk to them about what they believe and how they live their lives. ✓ If you do not understand something, ask them. ✓

Join in a cultural celebration and take any opportunity to join any celebration
✓ so that you can experience it and learn more ✓

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TOTAL SECTION B: 30

SECTION C

Answer any TWO questions in this section.

Your responses must consist of paragraphs. Marks will only be allocated for responses written in full sentences.

QUESTION 4

Analyze the image below and answer the question that follows:

Source: Accessed 10 November 2020. Available from:

https://medium.com/marketing-in-the-age-of-digital/i-am-with-the-team-our-planet-which-team-are-you-with-7867b675354





Construct an essay on why it is important to maintain and improve our natural habitat. (please number your paragraphs clearly).

Use the following as a guideline:

Discuss the concept of "Earth day" and provide ONE reason why it is important to be educated about such a day. (2+1) (3)
 It is a global movement ✓ whereby people from around the world work together to highlight and address environmental issues that we as humans are responsible for finding solutions to the earth's problems ✓

The main importance of being educated about Earth Day is to raise

Downloaded from Stanmorephysics com as mankind have on our environment and earth as a whole, and is a day for political action and civic participation.

 Discuss THREE reasons why people continually choose to include environmentally harmful practices in their everyday life. (3X2) (6)

No time ✓. These people claimed that they are already too pushed for time. Between work and raising kids, they felt they had no time to go out of their way to help the environment more. They said that they simply can't afford to drive further or spend more time sourcing more ethically responsible products, creating homemade cleaning products, growing their own produce or researching environmentally friendly information. ✓

Environmentally friendly products are too expensive ✓.

As the demand for eco-friendly products still don't outweigh the demand for traditional products, they can't compete in price. And, as many people are finding it tough financially, they feel that they don't have a choice but to buy the cheapest options.

Nothing I can do would make a difference anyway. ✓

Many people are under the belief that the problems facing the environment are too large to fix these days, so it wouldn't matter what they did. They think the problems should be dealt with by governments or large corporations who have the resources to create major change.

The environment doesn't need my help. ✓

This was a sad one for me to hear. It's crazy given all the science and documented evidence we have of how much we have damaged the natural world, that people still think we aren't having much of an impact. Or that the environment will be just fine if we keep on doing the same things \checkmark

Environmentally friendly products are too expensive. ✓

As the demand for eco-friendly products still don't outweigh the demand for traditional products, they can't compete in price. And, as many people are finding it tough financially, they feel that they don't have a choice but to buy the cheapest options.

Recommend TWO practical ways we could celebrate Earth Day.
 In your answers, also indicate how EACH way may help promote the message of keeping our environment healthy.*

(2X3)(6)

Any TWO of the below or any relevant answers for TWO marks each

(i.e. ONE mark for statement and ONE mark for qualifier / explanation)

Plant trees ✓ so that we can remember the importance of being kind to the earth ✓

Do research on how to attract birds and bees to your garden or area ✓ so that you can help the natural ecosystem to function more efficiently ✓

Do research on making a compost heap ✓ instead of throwing these components away and making bigger rubbish dumps ✓

Organise a swap class / where you can swap things you don't need and maybe other people want so that they don't land up in the rubbish dumps /

Develop and implement a programme/intervention to help be kinder to The environment ✓ and help other people to get involved to ✓

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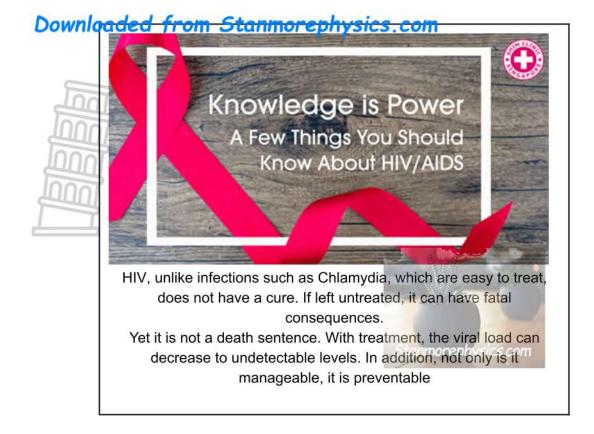
QUESTION 5

Read the extract below and answer the question that follows:

Source: [Accessed 10 November 2020]. Available from:

https://www.shimclinic.com/blog/knowledge-is-power-a-few-things-you-should-know-about-hiv-aids

HIV and AIDS



Construct an essay on the effects of living with HIV and AIDS (please number your paragraphs clearly).

Use the following as a guideline:

- Critically discuss THREE ways how being educated about HIV/AIDS can help you to make better choices. (3X2) (6)

Any THREE of the below or any relevant answers for TWO marks each (i.e. ONE mark for statement and ONE mark for qualifier / explanation)

With education about how HIV is spread \checkmark people are more empowered to make better lifestyle decisions like practicing safe sex and reduce infection rates and stop the spread \checkmark

With education comes a decrease in stigmatisation ✓ where people learn to

Work with and not fear people who may be injected with the virus \(\sqrt{} \) and learn to care and support for those who have it \(\sqrt{} \)

The better the education about the disease the incidence of infection may decrease, ✓ and society is stronger in terms of health security ✓

If you are informed about HIV/AIDS and know your status then you can manage a healthier lifestyle ✓ and live a longer life with a lower infection rate

 Describe TWO ways friends and family members can care for and support people living with HIV? In your answer, also indicate the importance of EACH suggestion. * (2X3) (6)

Any TWO of the below or any relevant answers for TWO marks each

(i.e. ONE mark for statement and ONE mark for qualifier / explanation)

Encourage them to disclose to their loved ones, ✓ so that they don't need to battle the disease alone. ✓

Ensure that they lead a healthy lifestyle and take the correct medication ✓ to boost their immune systems and stay healthy ✓

Assist them to network with counselling services ✓ to debrief and process the news ✓

Don't use language that could make them feel alienated or judged \checkmark so that they feel supported and cared for \checkmark

Support and care for them emotionally \checkmark so that they feel they are not alone and can handle this struggle \checkmark

[15]

QUESTION 6

Read the extract below and answer the question that follows:

Source: [Accessed 09 June 2020]. Available from:

https://www.leadedspf.ream-p.stca.nmwdg.rshysics.stc.netno-theoretical-knowledge-f0f94ad6d9c6

Why is practical knowledge more important than theoretical knowledge?

Can you imagine someone teaching you to swim or drive a vehicle, within four walls of a classroom? It is impossible!! You have to get into the water to learn swimming and you have to be out on the road to learn driving. Some subjects are skill based and practice oriented. Practical work includes experiments in laboratories, study tours, projects, assignments etc.

Construct an essay on the different types of knowledge. (please number your paragraphs clearly).

Use the following as a guideline:

Explain the difference between practical and theoretical subjects.
 List which one you prefer more.

(2+1)(3)

Any relevant answer for ONE mark each

(i.e. ONE mark for practical and ONE mark for theoretical)

<u>Practical</u> - is more hands on / skills based and application of knowledge, where you are required to do something to learn ✓ whereas

Theoretical subjects - are more theory / factual / knowledge based / they are more academic in nature and require more traditional learning ✓ Provide ONE mark for any option chosen ✓

Discuss THREE benefits of incorporating practical components
of subjects to assist learners in learning better. (3X2) (6)
 Any THREE of the below or any relevant answers for TWO marks each

(i.e. ONE mark for statement and ONE mark for qualifier / explanation)

The practical components help consolidate that which you have learnt in theory ✓ students can grow in confidence, gaining understanding which often lead to independent thinkers ✓

It promotes experiential learning \checkmark which aids a person with remembering and the mastery of skill \checkmark

Downloaded from Stanmorenhysics and learnt / practical work compliments theory work /

Practical work often involves group work ✓ which encourages collaboration and teamwork skills ✓

 Determine TWO reasons why theoretical knowledge and practical abilities are of equal importance. In your answer, provide examples of situations where both are needed.*

(2X3)(6)

Any TWO of the below or any relevant answers for THREE marks each

(i.e. ONE mark for statement, ONE mark for qualifier / explanation and ONE mark for example)

Theory creates a strong basis for practical work ✓ all practical work requires some basis of theory in order to be effective and to create a foundation of understanding for practice / application ✓

Theory and practical knowledge should work hand in hand ✓ they each have a role to play and one is not more important than the other ✓

Having just theoretical knowledge but the inability to apply that is not the ideal ✓ you need to have balance with the two together ✓

Some people excel more with theoretical knowledge and others practical \checkmark each of these have a practical use and role to play in society in a variety of jobs and needs - therefore we should not place more emphasis on one than the other \checkmark

[15]

TOTAL SECTION C: 30 GRAND TOTAL: 80

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