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SBA GUIDELINES

Practical work:

- Learners should do TWO experiments (ONE Chemistry, ONE Physics) for SBA.
- Term 1: Newton's 2nd law of motion (F vs a) Term 3: Boyle's law OR Titration

	Inni	2025 CUSTOMISED KZN Recovery ATP: Grade 11 – Term 1: Ph	IYSICAL	SCIENCES			
Week Date Hours	Knowledge Area (Topic Duration)	Concepts for week	Page in CAPS	Date complete d	SMT Member	% Curri cover	
available	(Topic Duration)		doc	complete u	Signature	Per term	Annual
Week 1 15/1 – 17/1 (3 days)	Mechanics: Vectors in two dimensions (2hrs)	 Define a resultant. Determine the resultant (R) of two vectors by calculation for a maximum of four vectors in 1-dimension. (Revision from Grade 10) Sketch the vertical vector (R_y) and the horizontal vector (R_x) of a 2-dimensional vector on a Cartesian plane. Calculate the magnitude of the resultant of two vectors acting at right angles to each other using the theorem of Pythagoras. Determine the direction of the resultant using simple trigonometric ratios. 	61			6%	2%
Week 2 20/1 – 24/1 (5 days)	Mechanics: Vectors in two dimensions (4hrs)	 Resolve a vector R into its horizontal (R_x) and vertical (R_y) components using R_x = Rcosθ and R_y = Rsinθ where θ is the angle between R and the x-axis Determine the resultant (R) of two vectors graphically using either the tail-to-head or tail-to-tail method (parallelogram method) as well as by calculation (component method) for a maximum of four vectors in 2-dimensions. Determine the resultant of vectors (maximum four) on a Cartesian plane, using the component method. Explain the meaning of a closed vector diagram. Practical (Informal): Determine the resultant of three coplanar, non-linear force vectors 	61			18%	6%
Week 3 27/1 – 31/1 (5 days)	Mechanics: Vectors in two dimensions (2hrs) Newton's Laws (2hrs)	 State and apply the triangle law for three forces in equilibrium. Newton's Laws Define normal force, N. Define frictional force, f. Know that a frictional force: Is proportional to the normal force. Is independent of the area of the surfaces that are in contact with each other. Define static frictional force, f_s Solve problems using f_s^{max} = μ_sN Define the kinetic frictional force, f_k Solve problems using f_k = μ_kN 	61			30%	9%
Week 4 3/2 – 7/2 (5 days)	Mechanics: Newton's laws (4hrs)	 Prictional forces Draw force diagrams and free-body diagrams for objects that are in equilibrium or accelerating horizontally, vertically, or on an inclined plane Resolve a two-dimensional force, e.g. the weight of an object on an inclined plane, into its parallel (W₁) and perpendicular (W₁) components. Determine the resultant/net force of two or more forces. State Newton's first law of motion. Define inertia and state that the mass of an object is a quantitative measure of its inertia. Discuss why it is important to wear seatbelts using Newton's first law of motion. State Newton's second law of motion. In symbols: Fnet = ma State Newton's third law of motion. Identify Newton III force pairs (action-reaction pairs) and list the properties of the force pairs (action-reaction pairs). 	62 – 63			42%	13%

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Week 5 10/2 – 14/2 (5 days) Mechanics: Newton's laws (4hrs)	Apply Newton's laws of motion to a variety of equilibrium and non-equilibrium problems including: A single object: Moving in a horizontal plane with or without friction. Moving on an inclined plane with or without friction. Moving in the vertical plane (lifts, rockets, etc.) Two-body systems (joined by light inextensible string): Both on a horizontal plane with or without friction. One in a horizontal plane with or without friction, and a second hanging vertically from a string over a frictionless pulley. Both on an inclined plane with or without friction. Both hanging vertically from a string over a frictionless pulley.	64 – 65	54%	16%
	FORMAL PRACTICAL (SBA): Newton's 2 nd law of motion			

	2025 CU	STOMISED KZN Recovery ATP: Grade 11 – Term 1: PHYSICAL S	CIENCES				
Week	Knowledge Area	Concepts for week	Page in	Date	SMT Member		iculum erage
	(Topic Duration)		CAPS doc	complete d	Signature	Per term	Annual
Week 6 17/2 – 21/2 (5 days)	Mechanics: Newton's law of universal gravitation (4hrs)	 State Newton's law of universal gravitation. Solve problems using F = G m1m2/r2, Calculate acceleration due to gravity on Earth using using g = G ME/RE and on another planet using g = G MP/RE where MP is the mass of the planet and RP is the radius of the planet. Explain the difference between the terms weight and mass. Calculate weight using the w = mg. Calculate the weight of an object on other planets with different values of gravitational acceleration. Explain the term weightlessness INFORMAL TEST (NEWTON'S LAWS) 	66			66%	20%
Week 7 24/2 – 28/2 (5 days)	ELECTRICITY & MAGNETISM: Electrostatics (4hrs)	 REVISION (Gr 10): Positive and negative charges. Electrostatic forces. Conservation of charge. Vectors and scalars State Coulomb's law in words and in symbols. Solve problems using: F = k Q1Q2/r², for charges in one dimension(1D) – restrict to three charges. for charges in two dimensions (2D) – for three charges in a right-angled formation (limit to calculation of net forces acting on the charge at the right- angle of the triangle'). 	84			90%	27%
Week 8 3/3 – 7/3 (5 days)	ELECTRICITY & MAGNETISM: Electrostatics (4 hrs)	 Describe an electric field as a region in space in which an electric charge experiences a force. Draw electric field patterns for the following configurations: A single point charge Two point charges (one negative, one positive, both positive and both negative) A charged sphere (Restrict to charges identical in magnitude.) Define the electric field at a point. (E = F/q) Solve problems using the equation E = kQ/r² Calculate the electric field at a point due to a number of point charges, using the equation E = kQ/r² Determine the contribution to the field due to each charge. Restrict to three charges in a straight line. 	85			100	30%
Week 9 10/3 – 14/3 (5 days)		Mechanics: Vectors in two dimensions, Different kinds of forces, Force diagrams, Free-body diagrams, Newton's First, Second and Third Laws. Newton's Law of Universal Gravitation. Electricity and Magnetism: Electrostatics Electric charge and charge transfer (grade 10) Coulomb's Law, Electric Fields.					

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Week 10 & 11
17/3 -28/3
(9 days)

CONTROLLED TEST CONTINUED

Week	Knowledge Area	Concepts for week	Page in CAPS	Date	SMT Member	% Curriculum coverage	
vveek	(Topic Duration)	Concepts for week	doc	completed	Signature	Per term	Annual
Veek 1 8/4 –11/4 4 days)	Discussion (3 hrs)	Discussion and review of March Controlled Test				0%	30%
Week 2 14/4 – 17/4 (4 days)	ELECTRICITY & MAGNETISM: Electromagnetism (4 hrs)	 REVISION (Gr 10): O Positive & negative charges O Electrostatics forces O Electric fields O Vectors & scalars • Magnetic field near a current carrying wire • Use the Right Hand Rule to determine the direction of the magnetic field associated with: (i) A straight current carrying wire (ii) A current carrying loop (single) of wire (iii) A solenoid • Draw the magnetic field lines around: (i) A straight current carrying wire (ii) A current carrying loop (single) of wire. (iii) A solenoid • Discuss qualitatively the environmental impact of overhead electrical cables. • Define: The Magnetic flux, (φ = BAcosθ, where for a loop of area A in the presence of a uniform magnetic field B, the magnetic flux (φ) passing through the loop is φ = BAcosθ, where θ is the angle between the magnetic field B and the normal to the loop of area, A. • The induced current flows in a direction so as to set up a magnetic field to oppose the change in magnetic flux. • State Faraday's Law of electromagnetic induction. • Calculate: Induced emf (ε) and induced current (I), for situations involving a changing magnetic field, use the equation for Faraday's Law, where φ = BA cos θ is the magnetic flux and ε = -N Δ0 is the induced emf. 	86			12%	34%
Week 3 22/4 – 25/4 (4 days)	ELECTRICITY & MAGNETISM: Electromagnetism (4hrs)	 Use words and pictures to describe what happens when a bar magnet is pushed into or pulled out of a solenoid connected to a galvanometer. Use the Right Hand Rule to determine the direction of the induced current in a solenoid when the north or south pole of a magnet is inserted or pulled out. More calculations – Faraday's Law. INFORMAL TEST 	87			18%	35%
Week 4 5/5 – 9/5 (5 days)	ELECTRICITY & MAGNETISM: Electric circuits (4hrs)	 REVISION (Gr 10): Electric circuits: Current, Potential difference, Resistance. State Ohm's law in words. Interpret data/graphs on the relationship between current, potential difference and resistance at constant temperature. State the difference between Ohmic and non-Ohmic conductors and give an example of each. Solve problems involving current, voltage and resistance for circuits containing arrangements of resistors in series and in parallel (maximum four resistors excluding internal resistance) Practical (Informal): Ohm's law 				30%	39%
Week 5 12/5– 16/5 (4 days)	ELECTRICITY & MAGNETISM: Electric circuits (4hrs)	 Define power. Solve problems using P = w/Δt Recall that W = VQ and by substituting Q = IΔt and V = IR, the following energy transfer equations are obtained: W = VIΔt W = I² RΔt W = V²/R Δt Deduce, by substituting P = w/Δt into above equations, the following power equations: P = VI P = I² R P = V²/R Solve problems using the above energy transfer and power equations for components in a circuit. 	89			42%	43%

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 Electric circuits (4hrs) Explain the term internal resistance. Solve circuit problems using ε = IR_{ext}+ Ir or ε = V_{load} + V_{lost} Solve problems, with internal resistance, for circuits containing arrangements of resistors in series and in parallel (maximum four resistors). 	23/5 M	ELECTRICITY & MAGNETISM: Electric circuits (4hrs)	 Explain the term internal resistance. Solve circuit problems using ε =IR_{ext}+ Ir or ε = V_{load} + V_{lost} Solve problems, with internal resistance, for circuits containing arrangements of resistors in series and in 	89		54%	46%
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Week	Knowledge Area	Concepts for week	Page in CAPS	Date complete	SMT Member Signature	% Curriculum coverage	
vveek	(Topic Duration)	Concepts for week	doc	d		Per term	Annual
Week 7 26/5 – 30/5 (5 days)	MATTER & MATERIAL: Atomic combinations (4hrs)	REVISION (Gr 10): Chemical bonding, Electron configuration, Writing of formulae Define a chemical bond. Draw Lewis dot diagrams of elements. Determine the number of valence electrons in an atom. Explain, in terms of electrostatic forces and in terms of energy, why: Two H atoms form an H2 molecule He does not form He2 Interpret the graph of potential energy versus the distance between nuclei for two approaching hydrogen atoms. Define: a coyalent bond, a molecule Draw Lewis diagrams for simple molecules, e.g. H2, F2, H2O, NH3, CH4, HF, OF2, HOCl and molecules with multiple bonds, e.g. N2, O2 and HCN. Discuss molecular shapes of H2 (linear) H2O (angular), NH3 (pyramidal), CO2 (linear), CH4 (tetrahedral). Describe rules for bond formation. Define a bonding pair and a lone pair. Describe the formation of the dative covalent bond	67 – 68			66%	50%
Week 8 2/6 – 6/6 (5 days)	MATTER & MATERIAL: Atomic combinations (4hrs)	 Define electronegativity. Describe, with examples, a non-polar covalent bond. Describe, with examples, a polar covalent bond. Show polarity of bonds using partial charges, e.g. H^{δ+}Cl^{δ-}. Compare the polarity of chemical bonds using a table of electronegativities. Explain that the character of a bond varies from non-polar covalent (ΔEN = 0) to polar covalent (0 < ΔEN ≤ 2,1) to ionic (ΔEN > 2,1). Use difference in electronegativity and molecular shape to explain that polar bonds do not always lead to polar molecules. Define bond energy and bond length. Explain the relationship between bond energy and bond length. Explain the relationship between the strength of a chemical bond and bond length, size of bonded atoms and number of bonds. INFORMAL TEST 	70 – 71			78%	54%
Week 9 10/6 – 13/6 (5 days)	MATTER & MATERIAL: Intermolecular forces (4 hrs)	REVISION (GR 10): Chemical bonding, Writing of formulae, Valency, Periodic table. Describe the difference between intermolecular forces and interatomic forces (intramolecular forces) using a diagram of a group of small molecules & in words. Name and explain the different intermolecular forces (Van der Waals forces): O Mutually induced dipole forces or London forces: Dipole-dipole forces Dipole induced dipole forces Hydrogen bonding Ion-dipole forces: Forces between ions and polar molecules. State the relationship between intermolecular forces and molecular mass. Explain the effect of intermolecular forces on boiling point, melting point, vapour pressure & solubility.	72			90%	57%

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Week 10 17/6 – 20/6 (4 days)	JUNE/MID YEAR EXAM	Revision/June Exams PAPER 1 (75 marks) • Vectors in two dimensions • Newton's laws • Electrostatics • Electromagnetism • Electric circuits		
Week 11 23/6 – 27/6 (5 days)	JUNE/MID YEAR EXAM	PAPER 2 (75 marks) Chemical bonding Lewis diagrams and electron configuration Writing of formulae Molecular shapes Electronegativity Intermolecular forces		

Week	Knowledge Area (Topic Duration)	Concepts for week		Date complet ed	SMT Member Signature	%Curricu Coverag Per term	
Week 1 22/7 – 25/7 4 days)	JUNE CONTROL TEST: Discussion (3 hrs)	Discussion and corrections of the June Examination. INFORMAL TEST (REMEDIAL)	doc	0000	Signature		
Week 2 28/7 – 1/8 (5 days)		 REVISION (Gr 10): Mole concept, Molar mass, Molar vol, Concentration, Writing of formulae and balanced eqns. Describe the mole as the SI unit for amount of substance. Define one mole. Describe Avogadro's number, NA, as the number of particles (atoms, molecules, formula-units) present in one mole. Define molar mass. Calculate the molar mass of a substance given its formula. State Avogadro's Law. Know: molar gas vol, Vm, at STP is 22,4 dm³·mol⁻¹. Do calculations using n = m/M, n = V/Vm, n = no.of particles/NA 	50 – 53 (Gr 10 work)			11%	64%
Week 3 4/8 – 8/8 (5 days)	CHEMICAL CHANGE: Quantitative aspects of chemical change (4hrs)	 Interpret balanced equations in terms of volume relationships for gases. Define concentration. Calculate concentration, in mol·dm⁻³, using c = n/V Determine percentage composition of a compound. Determine the empirical formulae and molecular formulae of compounds. Do stoichiometric calculations including limiting reagents. 	82 – 83			22%	67%
Week 4 1/8 – 15/8 (5 days)	CHEMICAL CHANGE: Quantitative aspects of chemical change (4 hrs)	 Determine the percentage yield in a reaction. Determine the percentage CaCO₃ in an impure sample of seashells (purity or percent composition). Stoichiometric calculations with explosions as reactions e.g. 2NH₄NO₃ → 2N₂(g) + 4H₂O(g) + O₂(g) 2C₃H₁ଃ + 25O₂ → 16CO₂ + 18H₂O Stoichiometric calculations using reaction in airbags (sodium azide): 2NaN₃(s) → 2Na(s) + 3N₂(g) INFORMAL TEST 	82 – 83			34%	71%
Week 5 18/8 – 22/8 (5 days)	CHEMICAL CHANGE: Energy and chemical change (4hrs)	 REVISION (Gr10): Chemical reactions Define heat of reaction (ΔH). Define an exothermic reaction. Define and endothermic reaction. Classify, with reason, reactions as exothermic or endothermic. State the sign of ΔH for exothermic and endothermic reactions. Define activation energy. Define an activated complex. Draw or interpret fully labelled sketch graphs (potential energy versus course of reaction graphs) of catalysed and uncatalysed endothermic and exothermic reactions. 	83			42%	74%

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Week 6 25/8 – 29/8 (5 days CHEMICAL CHANGE: Types of reaction (Acid-Base Reactions) (4 hrs) Write names and formulae of common bases: ammonia, sodium carbonate (washing soda), sodium hydrogen carbonate, sodium hydroxide (caustic soda) and potassium hydroxide. Define acids and bases according to the Arrhenius &Bronsted-Lowrey theories. Identify conjugate acid-base pairs. Describe the term amphiprotic or ampholyte. Write equations to show how an amphiprotic substance car act as acid or base. Write reaction equations for the dissolution of acids and bases in water. Distinguish between strong and weak and concentrated and dilute acids & bases with examples. Explain the pH scale and calculate pH values of strong and weak acids and bases. Write the overall equations for the reactions of acids with metal hydroxides, metal oxides and metal carbonates.	90 – 92	65%	81%

Teacher.	Knowledge		Page in	Date	SMT	%Curricu Coverag	
Week	Area (Topic Duration)	Concepts for week	CAPS doc	completed	Member Signature	Per term	Annual
Week 7 1/9 – 5/9 (5 days)	CHEMICAL CHANGE: Acids and bases (4 hrs)	 REVISION(Gr 10): Writing of formulae and balanced equations Describe an acid- base indicator as a weak acid, or a weak base, whose colour changes as the H⁺ ion or the OH⁻ ion concentration in a solution change. Know the colours of litmus, methyl orange, Phenolphthalein and bromothymol blue in acids and in bases. Volumetric analysis (Neutralisation Reactions) Stoichiometric calculations using acid-base reactions. Identify the acid and the base needed to prepare a given salt and write an equation for the reaction. Write down neutralisation reactions of common laboratory acids and bases. Practical (Informal): Preparation of a standard solution Practical FORMAL (SBA): Titration INFORMAL TEST				77%	85%
Week 8 8/9 -12/9 (5 days)	MATTER AND MATERIAL: Ideal gases and thermal properties (4hrs)	 Describe the motion of individual molecules i.e collisions with each other and the walls of the container molecules in a sample of gas move at different speeds Explain the idea of average speeds in the context of molecules of a gas. Describe an ideal gas in terms of the motion of molecules. Explain how a real gas differs from an ideal gas. State the conditions under which a real gas approaches ideal gas behaviour. 	80 – 81			87.8	96.1
Week 9 15/9-19/9 (5 days)	MATTER AND MATERIAL: Ideal gases and thermal properties (4 hrs)	 Describe the relationship between volume and pressure for a fixed amount of gas at constant temperature (Boyle's law): Practically By interpreting table of results Using graphs Using symbols ('∝') and the words inversely proportional. Writing a relevant equation. Explain the temperature of a gas in terms of the average kinetic energy of the molecules of the gas. Explain the pressure exerted by a gas in terms of the collision of the molecules with the walls of the container. Practical FORMAL(SBA): BOYLE'S LAW 				100%	92%
Week 10 22/9-26/9 (5 days)	REVISION / CONTROLLED TEST	REVISION/CONTROLLED TEST – ONE PAPER (100 marks)				10070	32/0
Week 11 29/9-3/10 (4 days)	CONTROLLED TEST	CONTROLLED TEST CONTINUED					

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		2025 CUSTOMISED KZN Recovery ATP: Grade 11 - Term 4: PH	YSICAL S	CIENCES			
Week	Knowledge Area (Topic Duration)	Concepts for week	Page in CAPS doc	Date completed	SMT Member Signature	%Curri Cove Per term	
Week 1 13/10 –17/10 (4 days)	SEPTEMBER CONTROL TEST: Discussion (2hrs) CHEMICAL CHANGE: Types of reaction (1hr)	 Discussion of the control test INFORMAL TEST (REMEDIAL WORK) Redox reactions Explain the meaning of oxidation number. Assign oxidation numbers to atoms in various ions and molecules, e.g. H₂O, CH₄, CO₂, H₂O₂, and HOCl by using oxidation number guidelines or rules. 					
Week 2 20/10 –24/10 (5 days)	CHEMICAL CHANGE: Types of reaction (4hrs)	 Describe a redox (oxidation-reduction) reaction as involving an electron transfer. Describe a redox (oxidation-reduction) reaction as always involving changes in oxidation numbers. 	92 92 - 93			11% 55%	93% 96%
Week 3 27/10 –31/10 (5 days)	CHEMICAL CHANGE: Types of reaction (4 hrs)	Redox reactions Identify a redox reaction and apply the correct terminology to describe all the processes i.e. oxidation, reduction, reducing agent, oxidizing agent. Balance redox reactions by using half-reactions from the Table of Standard Reduction Potentials	93 – 94			100%	100%
Week 4 - 5 3/11 – 14/11 (10 days)	CONSOLIDATION AND REVISION (16hrs)	All topics					
Week 6 -9 17/11 – 10/12 (18 days)	FINAL EXAMINATION P1: 3 hrs P2: 3 hrs	Physics Paper 1 (150 marks) Vectors in two dimensions Newton's laws Electrostatics Electromagnetism Electric circuits Chemistry Paper 2 (150 marks) Atomic combinations Intermolecular forces Ideal gases and thermal properties Quantitative aspects of chemical change Energy and chemical change Acid – base reactions Redox reactions					