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## Life Sciences - Grade 12 – CAPS (2025)

## Annual Teaching Plan - TERM ONE (11 weeks) - 52 DAYS (15 Jan – 28 March)

Week Number (Week Ending)	stion Date	Topic for the week	INFORMAL ASSESSMENT		Curriculum werage	SMT Signature and Date	FORMAL ASSESSMENT - SBA	
Week N (Week I	Week Numb (Week Endir	(525)	ACTIVITIES/TASKS /INFORMAL TESTS	тіск	% Curricul Coverage	Sign		
Week 1 (17/01) 3 days		DNA: THE CODE OF LIFE (National Examination Guideline p5)  Core Concepts, Skills and Values DNA: Location, chromosomes, genes and extra-nuclear DNA and discovery of DNA  Requisite Pre-Knowledge Grade 10: Revise cell structure with emphasis on the ribosome, cytoplasm and parts of the nucleus, nucleicacids  Resources (other than textbook) to enhance learning PowerPoint, Slides and Videos of DNA and RNA structure, replication and protein synthesis, Past examination papers	Activities     Identify location of the DNA in the diagram of an animal cell. Including extra-nuclearDNA.      Provide names and the role each scientist played in the discovery of DNA.		7%		TASK 1: PRACTICAL (Minimum 30 marks)  SBA YearWeighting: 10% Term Weighting – 25%	
Week 2 (24/01) 5 days		Core Concepts, Skills and Values Structure, role and replication of DNA, DNA profiling (Extract DNA and observe and examine the threads)  Requisite Pre-Knowledge Grade 10: Revise mitosis and cell structure with emphasis on parts of the nucleus, the centrosome and the cytoplasm  Resources(other than textbook) to enhance learning Power Point, slides and videos of DNA and RNA structure, replication and protein synthesis, Past examination papers	Activities     Label/draw diagrams of DNA     Describe DNA replication and its significance     Use diagrams to interpret DNA profiling		18.6%		TASK 2: CONTROLLED TEST (Minimum 50 marks – I HOUR)  SBA Year Weighting: 15% Term Weighting – 75%	

Week 3	Core Concepts, Skills and Values	Activities	Î	Γ	
	Types, location, structure Genetic code Protein synthesis (transcription and translation)  Requisite Pre-Knowledge Grade 10: Revise cell structure with emphasis on the ribosome, cytoplasm and parts of the nucleus, nucleicacids  Resources(other than textbook) to enhance learning Video on protein synthesis and mutations at: <a href="https://bit.ly/2lkl_83C">https://bit.ly/2lkl_83C</a>	<ul> <li>Draw and label diagrams of RNA</li> <li>Tabulate differences and similarities between DNA and RNA.</li> <li>Describe process of transcription, translation and gene mutation</li> <li>Use diagrams to identify the different events in transcription and translation</li> </ul>		30.2%	
Week 4 (07/02) 5 days	MEIOSIS (National Examination Guideline p6)  Core Concepts, Skills and Values Structure of a chromosome and associated terminology, process of meiosis, importance of meiosis (Observe diagrams/micrographs of cells in selected stages of meiotic division)  Requisite Pre-Knowledge Grade 10: Revise mitosis and cell structure with emphasis on parts of the nucleus, the centrosome and the cytoplasm  Resources (other than textbook) to enhance learning Mind the Gap, Past examination papers Diagrams of different stages of meiosis	Explain the significance of meiosis     Identify, with reasons, for the various phases of meiosis from diagrams.      Tabulate the differences between Meiosis I and Meiosis II		41.8%	
Week 5 (14/02) 5 days	Core Concepts, Skills and Values Abnormal meiosis and consequences, similarities and differences between meiosis and mitosis  Requisite Pre-Knowledge Grade 10: Revise mitosis and cell structure with emphasis on parts of the nucleus, the centrosome and the cytoplasm  Resources (other than textbook) to enhance learning Watch Telematics video on Meiosis at: https://bit.ly/2kl	Activities     Describe the consequences of non-disjunction during meiosis.     Tabulate the differences betweenmeiosis and mitosis.     Analyse and interpret karyotype diagrams  INFORMAL TEST: MEIOSIS		53.4%	

Week 6	REPRODUCTION IN VERTEBRATES (National	Activities		
(21/02) Downloa 5 days	Core Concepts, Skills and Values Diversity of reproductive strategies  Requisite Pre-Knowledge (Grade 9) reproductive system, Meiosis (Grade 12)  Resources (other than textbook) to enhance learning Mind the Gap Study Guide, past examination papers, videos and power points	Using relevant examples, describe how the following reproductive strategies maximise reproductive success in different environment:  ✓ External and internal fertilisation.  ✓ Ovipary, ovovivipary and vivipary  ✓ Amniotic egg.  ✓ Precocial and altricial development.  ✓ Parental care.  INFORMAL TEST: REPRODUCTION IN VERTEBRATES	65%	
Week 7 (28/02) 5 days	HUMAN REPRODUCTION (National Examination Guideline p8)  Core Concepts, Skills and Values Structure of male and female reproductive systems, Puberty, gametogenesis  Requisite Pre-Knowledge (Grade 9) reproductive system, Meiosis (Grade 12)  Resources (other than textbook) to enhance learning Mind the Gap Study Guide, past examination papers, videos and power points	Activities     Identify and state functions of parts of the male and female reproductive system.     Draw a labelled diagram of a sperm cell     Draw a labelled diagram of an ovum.     Describe the process of spermatogenesis and oogenesis.	76.6%	
Week 8 (07/03) 5 days	Core Concepts, Skills and Values  Menstrual cycle, fertilisation and development of cygote to blastocyst  Implantation, gestation and the role of the placenta  Requisite Pre-Knowledge (Grade 9) reproductive system, Meiosis (Grade 12)  Resources (other than textbook) to enhance learning Mind the Gap Study Guide, past examination papers, videos and power points	Activities     Interpret graphs showing the menstrual cycle and role of hormones in the menstrual cycle.     Identify and state the functions of the different parts associated with the development of the foetus in the uterus.     Draw graphs using data relating to reproduction  INFORMAL TEST: HUMAN	100%	

Week 9 (14/03) Down	Revision and Controlled Test loaded from Stanmorephysic	Revision and Controlled Test		
5 days				
Wk 10 (20/03)	Revision and Controlled Test	Revision and Controlled Test		
4 days				
Wk 11 (28/03)	Revision and Controlled Test	Revision and Controlled Test		
5 days				
Term Ends				

## Downloaded from Stanmorephysics com Life Sciences - Grade 12 - CAPS (2025)

## Annual Teaching Plan - TERM TWO (12 weeks) - 51 DAYS (08 April – 27 June)

Week Number (Week Ending)	Completion Date	Topic for the week	INFORMAL ASSESSMENT		% Curriculum Coverage	SMT Signature and Date	FORMAL ASSESSMENT - SBA
Week I	Com		ACTIVITIES/TASKS /INFORMAL TESTS	тіск	% Cun Covera	Sig	
Week 1 (11/04) 4 days		GENETICS AND INHERITANCE (National Examination Guideline p9)  Core Concepts, Skills and Values Concepts of inheritance, Monohybrid crosses, sex determination, sex-linked inheritance  Requisite Pre-Knowledge Revise cell structure and differentiate between chromatin and chromosomes, genes and alleles  Resources (other than textbook) to enhance learning Mind the Gap, Genetic crosses, past examination papers	Solve monohybrid genetic problems     Solve genetic problems on sex-linked characteristics		7.5%		TASK 3: PRACTICAL (Minimum 30 marks) SBA YearWeighting: 10% Term Weighting – 50%
Week 2 (17/04) 4 days	9	Core Concepts, Skills and Values Dihybrid crosses, and Blood grouping  Requisite Pre-Knowledge Revise format of genetic cross diagrams  Resources (other than textbook) to enhance learning Past examination papers	Activities     Solve genetics problems on dihybrid crosses     Solve genetic problems on blood grouping		20%		TASK 4: JUNE EXAMINATION (Minimum 150 marks – 2½ HOURS) SBA Year Weighting: 15% Term Weighting – 50%
Week 3 (25/04) 5 days		Core Concepts, Skills and Values Genetic lineages/pedigree diagrams, mutations Genetic engineering, paternity testing and genetic links  Requisite Pre-Knowledge Interpreting pedigree diagrams Grade 10: revise stem cell research and cloning  Resources (other than textbook) to enhance learning Past examination papers videos and power points on geneticengineering	Activities     Describe types of mutation and theirexamples     Interpret pedigree diagrams.     Describe cloning, stem cell research and genetic modification as examples of genetic engineering  INFORMAL TEST: GENETICS AND INHERITANCE		27.5%		

			36	44		
Week 4 (09/05)	RESPONDING TO THE ENVIRONMENT (HUMANS) (National Examination Guideline p.10) Core Concepts, Skills and Values Human nervous system – central, peripheral and autonomic, nerve, reflex arc, disorders  Requisite Pre-Knowledge Human nervous system (Grade 9)  Resources (other than textbook) to enhance learning Mind the Gap Study Guide, past examination papers, videos and power points, models of the brain and spinal cord	Activities  Label and give functions of parts of the brain and spinal cord.  Make a labelled drawing of a sensory or motor neuron.  Describe an example of a reflex action.  Describe location and functions of autonomic nervous system.  INFORMAL TEST: HUMAN NERVOUS SYSTEM		37.5%		
Week 5 (16/05) 5 days	Core Concepts, Skills and Values Human eye  Requisite Pre-Knowledge Grade 12: Revise nervous system  Resources (other than textbook) to enhance learning Mind the Gap Study Guide, past examination papers, videos and powerpoints, model human eye Watch Telematics video on sense organs at: https://bit.ly/2lkTLv2	Label and give functions of parts of the eye     Use diagrams to describe accommodation     Use diagrams to describe the pupillary mechanism.     Draw/interpret graphs using data related to the eye.     Describe the nature and treatment of 4 prescribed visual defects using diagrams		50%		
Week 6 (23/05) 5 days	Core Concepts, Skills and Values Human ear  Requisite Pre-Knowledge Grade 12: Revise nervous system  Resources (other than textbook) to enhance learning Mind the Gap Study Guide, past examination papers, videos and powerpoints, model human ear Watch Telematics video on sense organs at: https://bit.ly/2lkTLv2	<ul> <li>Activities</li> <li>Label and give functions of parts of the ear.</li> <li>Describe the functioning of the human ear in:         <ul> <li>✓ hearing and</li> <li>✓ balance</li> </ul> </li> <li>Describe the nature and treatment of middle ear infection and deafness.</li> </ul>		62.5%		

	THE MAN ENDOODING OVOTER AND HOMEOUT OF		-		 ¥
Week 7 (30/05)	HUMAN ENDOCRINE SYSTEM AND HOMEOSTASIS IN HUMANS (National Examination Guideline p12)	Activities			
(30/05) Down 5 days	Core Concepts, Skills and Values Endocrine and exocrine glands, glands, hormones and functions of hormones, Negative feedback mechanism involving TSH and thyroxin (and the result of an imbalance: thyroid disorders), Insulin and glucagon (and the result of animbalance: diabetes mellitus)  Requisite Pre-Knowledge Grade 12: Revise Human reproductionGrade 11: Revise animal nutrition  Resources (other than textbook) to enhance learning Mind the Gap Study Guide, past examination papers, videosand power points	Identify from the diagrams the location of various endocrine glands  Name and state the function/s of the hormones that they secrete.  Describe how a negative feedbackmechanism occurs in the followinghormones:  ✓ TSH and thyroxin  ✓ Insulin and glucagon		75%	
Week 8 (06/06) 5 days	Core Concepts, Skills and Values Homeostasis: Negative feedback mechanisms – glucose, carbon dioxide,water, salts  Requisite Pre-Knowledge Homeostatic control in nutrition, gaseous exchange andexcretion (Gr 11) Hormones (Gr 12)  Resources (other than textbook) to enhance learning Mind the Gap Study Guide, past examination papers, videosand power points	Activities  • Describe the negative feedback mechanism:  ✓ glucose  ✓ carbon dioxide  ✓ water and  ✓ salt		87.5%	
	Core Concepts, Skills and Values Thermoregulation: Using a diagram of the skin, describe the role of the sweat gland and blood vessels in maintaining a constant body temperature  Requisite Pre-Knowledge Homeostatic control in nutrition, gaseous exchange and excretion (Gr 11)  Resources (other than textbook) to enhance learning Mind the Gap Study Guide, past examination papers, videosand power points	Activities     Describe the negative feedback mechanism:     ✓ thermoregulation.     Using a diagram of the skin, describe the role of the sweat gland and blood vessels in maintaining a constant body temperature  INFORMAL TEST: ENDOCRINE SYSTEM AND HOMEOSTASIS		100%	

Week 9 (13/06)	Revision and June Examination vnloaded from Stanmorephy:	Revision and June Examination		
5 days				
Wk 10 (20/06)	Revision and June Examination	Revision and June Examination		
5 days	Innat		100	
Week 11 (27/06)	Revision and June Examination	Revision and June Examination		
5 days				
Term Ends				

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## Annual Teaching Plan - TERM THREE (11 weeks) - 53 DAYS (22 July - 03 October)

umber inding)	Completion Date	Topic for the week	INFORMAL ASSESSMENT		Curriculum	SMT Signature and Date	FORMAL ASSESSMENT - SBA
Week Number (Week Ending)	Week N		ACTIVITIES/TASKS /INFORMAL TESTS	TICK	% Curricul Coverage	S Sigr and	
Week 1 (25/07) 4 days		RESPONDING TO THE ENVIRONMENT (PLANTS) (National Examination Guideline p13)  Core Concepts, Skills and Values Plant hormones, Tropisms, Plant defense mechanisms  Resources (other than textbook) to enhance learning Watch Telematics video on homeostasis at: https://bit.ly/2lkTLv2	State and give functions of each growth substance involved in this chapter.      Describe the role of auxin in in phototropism and geotropism.      Analyse scientific investigation with regard to growth substances.      Analyse and interpret diagrams and graphs with regard to geotropism and phototropism  INFORMAL TEST:  RESPONDING TO THE ENVIRONMENT (PLANTS)		17%		TASK 5: ASSIGNMENT (Minimum 50 marks Time: 1-1 ½ HOURS)  SBA YearWeighting: 20% Term Weighting – 25%  TASK 6: PREPARATORY EXAMINATION
Week 2 (01/08) 5 days		EVOLUTION (National Examination Guideline p13)  Core Concepts, Skills and Values Introduction to evolution e.g. biological evolution, hypothesis, theory, evidence for evolution and variation  Requisite Pre-Knowledge Revise fossil record and biogeography(Grade 10), Genetics (Grade 12)  Resources (other than textbook) to enhance learning Past examination papers, videos and power points on an introduction to evolution	Activities     List various sources of variation.     Describe different lines of evidence for evolution		39%		Paper 1 Marks: 150 Time: 2½ HOURS  Paper 2 Marks: 150 Time: 2½ HOURS  SBA Year Weighting: 30% Term Weighting

Week 3	Core Concepts, Skills and Values	Activities	 r - '	i -	
08/08) [	Requisite Pre-Knowledge Revise genetics and variation (Grade 12). Humanskeleton (Grade 10)  Resources (other than textbook) to enhance learning Mind the Gap Study Guide, past examination papers, videos and power points Watch Telematics video on natural selection, punctuated equilibrium and speciation at: https://bit.ly/2lq6 Lzl	✓ Lamarckism,     ✓ Natural Selection     ✓ and Punctuated equilibrium  State the benefits of artificial selection  Describe how speciation occurs	61%		
Week 4 (15/08) 5 days	Core Concepts, Skills and Values Reproductive isolation mechanisms evolution in presenttimes  Requisite Pre-Knowledge Revise genetics and variation(Grade 12). Human skeleton (Grade 10)  Resources (other than textbook) to enhance learning Mind the Gap Study Guide, past examination papers, videos and power points Watch Telematics video on natural selection, punctuated equilibrium and speciation at: https://bit.ly/2lq6 Lzl	Activities     List reproductive isolating mechanisms that keep species separate.     Describe one example of evolution in current times.  INFORMAL TEST: GENERAL EVOLUTION	83%		
Week 5 (22/08) 4 days	Core Concepts, Skills and Values Evidence of common ancestors for living hominids, including humans. Out of Africa hypothesis  Requisite Pre-Knowledge Revise genetics and variation (Grade 12). Humanskeleton (Grade 10)  Resources (other than textbook) to enhance learning Mind the Gap Study Guide, past examination papers, videos and power points	Activities     List similarities and tabulate differences between Humans and the African apes     Interpret diagrams/phylogenetic trees to show progressive evolution using fossil evidence.      Describe the Out of Africa" hypothesis using fossil evidence  INFORMAL TEST: HUMAN EVOLUTION	100%		
Week 6 (29/08) 5 days	Revision	Activities  Data response questions, case studies, questions from past papers Revision-Mind the Gap Study Guide, past examination papers, videos and power points			

Week 7	Revision	Activities			
(05/09) <b>(</b> 05/09) 5 days	wnloaded from Stanmorephysics	from past papers Revision-Mind the Gap Study Guide, past examination papers, videos and power points			
Week 8 (12/09) 5 days	PREPARATORY EXAMINATION	PREPARATORY EXAMINATION			
Week 9 (19/09) 5 days	PREPARATORY EXAMINATION	PREPARATORY EXAMINATION			
Wk 10 (26/09) 4 days	PREPARATORY EXAMINATION	PREPARATORY EXAMINATION			
Wk 11 (03/10)	PREPARATORY EXAMINATION	PREPARATORY EXAMINATION		th.	
5 days					
Term Ends					

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## Annual Teaching Plan - TERM FOUR (09 weeks) - 43 DAYS (13 October – 12 December)

umber nding)	Completion Date	Topic for the week	INFORMAL ASSESSMENT	culum	SMT Signature and Date	FORMAL ASSESSMENT - SBA	
Week Number (Week Ending)	Comple	<u>, , , , , , , , , , , , , , , , , , , </u>	ACTIVITIES/TASKS /INFORMAL TESTS	тіск	% Curriculum Coverage	S Sign and	
Week 1 (17/10) 4 days		Revision  Mind the Gap Study Guide, past examination papers, videos and power points  Data response questions, case studies, questions from past papers					
Week 2 (24/10) 5 days		Revision  Mind the Gap Study Guide, past examination papers, videos and power points  Data response questions, case studies, questions from past papers					
Week 3 (31/10) 5 days		Revision  Mind the Gap Study Guide, past examination papers, videos and power points  Data response questions, case studies, questions from past papers					
Week 4 (07/11) 5 days		Revision  Mind the Gap Study Guide, past examination papers, videos and power points  Data response questions, case studies, questions from past papers					

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11)	Paper 1 Marks: 150 Time: 2½ hours		Paper 2 I N A A L L Time: 2½ hours.		N	
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					No.	
	Topic	Marks	Topic	Marks	S	
	Reproduction in vertebrates	8	DNA: Code of life	17	C	
	Human reproduction	41	Meiosis	21	X A	
	Responding to the environment (humans)	54	Genetics and inheritance	48	M	
	Human endocrine systemand Homeostasis	34	Evolution	54	Ņ	
	Responding to the environment (plants)	13	overhead co		† Ĵ	PREPARATION FOR FINAL NSC EXAMINA
		1	norephysics.com	1.0	_ <b>o</b>	SBA WEIGHTING: 25%
			N			FINAL NSC EXAMINATION: 75%
	Cognitive levels:					
	Knowing science - 40%; Understanding					
	science - 25%; Applying scientific					
	knowledge - 20%;					
	Evaluating, analysing and synthesising science knowledge - 15%					
	Degrees of difficulty for examination and test questions:					
	Easy - 30%;					
	Moderate - 40%;					
	Difficult - 25%; Very					

## **Informal Assessment**

A minimum of three informal tasks should be done per week. These tasks can be marked by learners or teachers.

### NB:

- · It is recommended that a consolidation task/informal test is completed at the end of a concept/topic.
- It is vital that practical skills are taught and assessed in an integrated way in the context of theoretical concepts.
- Collectively, the informal tasks must reflect all degrees of difficulty and cognitive levels.