



Province of the  
**EASTERN CAPE**  
DEPARTMENT OF EDUCATION

**BCM DISTRICT**

**SENIOR PHASE**

**GRADE 9**

Stanmorephysics.com

**LIFE ORIENTATION**

**JUNE TEST**

Stanmorephysics.com  
**2025**

**MARKS: 70**

**TIME: 1H30**

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**\*This question paper consists of 9 pages including the cover page.**



- This paper consists of three sections: A, B and C
- Answer all three sections
- Section A and B answer all the questions, section C answer only two questions
- Read and re-read the questions before answering
- Write neatly and legibly



**SECTION A**

**Question 1**

Choose the correct answer and write the letter corresponding to your choice.

1.1 What is the primary purpose of goal setting?

- A. To follow peer pressure
- B. To make informed decisions and stay focused
- C. To avoid making decisions
- D. To rely on others for support

1.2 Which of the following is a positive influence on personal lifestyle choices?

- A. Unhealthy friendships
- B. Media promoting unhealthy lifestyles
- C. Supportive family members
- D. Substance abuse.

1.3 An example of an assertive skill in dealing with peer pressure is:

- A. Avoiding eye contact
- B. Agreeing to everything
- C. Clearly stating your personal decision confidently
- D. Ignoring the situation

1.4 Which of the following is NOT a sexually transmitted infection (STI)?

- A. HIV
- B. Influenza
- C. Chlamydia
- D. Gonorrhea

1.5 What is one of the key consequences of teenage pregnancy?

- A. Increased self-esteem
- B. Improved academic performance
- C. Financial challenges
- D. Better health outcomes

1.6 Which strategy is most effective in preventing STIs?

- A. Avoiding all social interactions
- B. Abstinence and using protection
- C. Skipping school
- D. Not discussing sexual health

1.7 A factor that can negatively influence personal behaviour is:

- A. Positive peer pressure
- B. Supportive family members
- C. Substance abuse
- D. Community support groups

1.8 What is the first step in time management?

- A. Making a to-do list
- B. Ignoring deadlines
- C. Focusing only on leisure activities
- D. Completing tasks without a plan

1.9 What is the purpose of summarizing after reading a text?

- A. To forget what was read
- B. To create confusion
- C. To identify key points and main ideas
- D. To copy the text exactly as it is

1.10 One way to identify reliable resources for information is to:

- A. Rely solely on social media
- B. Check for credibility and relevance
- C. Use outdated resources
- D. Ignore the author's qualifications.

(10)

## Question 2

2. Fill in the Missing Words by using the ff word bank.

**(Negative, reading, HIV, values, code of conduct, positive, morality)**

Complete the following sentences by filling in the missing words.

2.1 A \_\_\_\_\_ is a set of guidelines that helps individuals make confident and firm decisions in difficult situations.

2.2 Peer pressure can either be \_\_\_\_\_ or \_\_\_\_\_ depending on its impact on personal choices.

2.3 Maintaining a \_\_\_\_\_ journal can help learners improve their reading and writing skills.

2.4 A person's \_\_\_\_\_ can strongly influence their decisions regarding sexual behaviour.

2.5 Unhealthy sexual behaviour can lead to \_\_\_\_\_ and other sexually transmitted infections.

(5)

### Question 3

Match the concepts in **Column A** with their correct descriptions in **Column B**. Write the correct letter next to the corresponding number.

Column A		Column B
3.1 Assertiveness	A	A. Marriage or social relationship where a woman has more than one husband at the same time
3.2 Abstinence	B	Developing reading skills
3.3 Human dignity	C	Saying no firmly
3.4 Polyandry	D	Avoiding sexual activity
3.5 Journaling	E	Everyone has the right to be respected despite their situation whether disabled, light skinned or dark skinned.
	F	Marriage where a man has multiple wives.

(5)

### Question 4

Read the statements below and indicate whether they are **True** or **False**.

- 4.1 Time management skills involve planning and prioritizing tasks effectively. (1)
  - 4.2 The media always provides accurate information about healthy lifestyles. (1)
  - 4.3 Family values can influence people's choices regarding sexual behaviour. (1)
  - 4.4 Africa Day commemorated on the 1<sup>st</sup> of May 1963. (1)
  - 4.5 Conditions of Employment Act supports the Labour Relations Act. (1)
- (5)

**Total for section A = 25**

**SECTION B:**

**Question 5**

Read the scenario below and answer the questions that follow:

Scenario:

***Sizwe is a Grade 9 learner who is struggling to make healthy lifestyle choices. He is often influenced by his friends who encourage risky behaviour, including skipping classes and using substances. His parents are not aware of these influences, and Sizwe feels pressured to fit in with his peers.***



- 5.1 Identify two negative influences on Sizwe's lifestyle choices. (2)
- 5.2 Explain how assertiveness skills can help Sizwe resist peer pressure effectively. (4)
- 5.3 Discuss two potential consequences of engaging in risky sexual behaviour. (2)
- 5.4 Explain the meaning of + in the abbreviation LGBTQI+. (2)
- 5.5 Suggest two strategies Sizwe can use to manage his time effectively to focus on schoolwork and avoid risky behaviors. (2)
- 5.6 How can Sizwe access community support to help him make healthier lifestyle choices? Provide two examples. (4)
- 5.7 Define the term "informed decision-making" and explain how it can benefit Sizwe in making better lifestyle choices. (2)
- 5.8 What role can Sizwe's family play in helping him make positive lifestyle choices. (2)

[20]

**Question 6**

6.1 Do you agree that every decision has a consequence? Give an example to support your answer. (1)

6.2 Create your own four step decision-making model (explain each step clearly). (4)

[5]

**Total for section B = 25**

**SECTION C**

**Answer any TWO questions in this section.**

**Question 7**

Study the scenario below and answer the questions that follow:

**The alleged rape of “Cwecwe”, has caused public outcry in recent months.**

**What really happened to the girl Cwecwe? - Soapie ...** <https://soapie.celebs.co.za>  
Mar 30, 2025 · Cwecwe is an 8-year-old girl who was allegedly raped in October 2024 at school in Matatiele. The issue escalated after the mother kept on fighting for the justice of her daughter. She appeared in a podcast called Hope ...



<https://soapiecelebs.co.za/wp-content/uploads/2025/03/sddefault.jpg>

7.1 The **right to human dignity** is protected by the South African Constitution:

7.1.1 What does “human dignity” mean in your own words? (1)

7.1.2 How was Cwecwe’s right to dignity affected? (1)

7.2 Why is it important for people, especially victims, to speak out about abuse and injustice? (2)

7.3 What challenges do victims, and their families face when they try to get justice? (2)

7.4 In your opinion how can schools be made safer for all learners? (4)

[10]

### Question 8

The Impact of Teenage Pregnancy:



<https://th.bing.com/th/id/OIP.Y8YhijNQASD6PC23rFiaZwHaFj?w=211&h=180&c=7&r=0&o=5&dpr=1.3&pid=1.7>

Write a podcast discussing the implications of teenage pregnancy on both the teenage parent and the child, considering educational, financial, and emotional aspects. (10)

**Question 9**

**Time Management and Academic Success**

9.1 On your Facebook page Explain how effective time management can assist a Grade 9 learner in balancing schoolwork and social activities. Provide practical strategies for implementing a successful time management plan. (4)

9.2 How can your own abilities, interests and values help you choose the right school subjects or career path after grade 9? (2)

9.3 How might these choices affect your future? (2)

9.4 Who is your role model, what qualities does he/she possess? (2)

(10)

**Total for section C = 20**

**Grand total = 70**





## SENIOR PHASE

GRADE 9

LIFE ORIENTATION


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JUNE 2025 MARKING GUIDE

MARKS: 70

**SECTION A: [25 Marks]**

**Question 1: Multiple Choice (10 marks)**

- 
- 1.1 B✓
  - 1.2 C✓
  - 1.3 C✓
  - 1.4 B✓
  - 1.5 C✓
  - 1.6 B✓
  - 1.7 C✓
  - 1.8 A✓
  - 1.9 C✓
  - 1.10 B✓

(10)

**Question 2: Fill in the Missing Words (5 marks)**

(1 mark each)

- 2.1 **code of conduct**✓
- 2.2 **positive/negative**✓
- 2.3 **reading**✓
- 2.4 **values**✓
- 2.5 **HIV**✓



(5)

**Question 3: Matching (5 marks)**

- 3.1 C – Assertiveness → Saying no firmly✓
- 3.2 D – Abstinence → Avoiding sexual activity✓
- 3.3 E – Human dignity → Everyone has the right to be respected✓
- 3.4 A – Polyandry → Marriage where a woman has more than one husband✓
- 3.5 B – Journaling → Developing reading skills✓

(5)

**Question 4: True or False (5 marks)**

- 4.1 True✓
- 4.2 False✓
- 4.3 True✓

4.4 **False**✓ (Africa Day is commemorated on the **25<sup>th</sup> of May**)

4.5 **True**✓



(5)

## SECTION B: [25 Marks]

### Question 5: Scenario-Based (20 marks)

5.1 Two negative influences:

- Peer pressure from friends✓
- Substance use✓

**(Any valid response)**

5.2 Assertiveness skills:

- Help him say no confidently✓
- Allow him to express personal values without aggression✓
- Reduce pressure to conform to risky behaviour✓
- Enable clear communication of decisions✓

**(Any 4 well-explained points)**

5.3 Consequences of risky sexual behaviour:

- Contracting STIs/HIV✓
  - Teenage pregnancy✓
  - Emotional scars✓
  - Social stigma✓
- (Any 2 valid points – 2 Marks)**

5.4 “+” in LGBTQI+ represents:

- Inclusivity of other sexual orientations and gender identities (e.g., asexual, pansexual, non-binary) ✓✓

5.5 Two-time management strategies:

- Create and follow a daily study schedule✓

- Prioritize schoolwork over peer activities✓  
(Any valid strategies)

5.6 One can access community support through:

- Join a local sports team or gym to help you stay active and meet new friends✓✓
- Visit the local healthcare center/ youth counseling centers for mental health and healthy diets✓✓
- Church or community youth groups for guidance and motivation✓✓
- Take part in school clubs like peer support groups or health clubs✓✓  
(Any 2 valid points – 4 marks)

5.7 Informed decision-making:

- Means making choices based on facts and understanding consequences✓
- Helps Sizwe evaluate options and choose healthy behaviors. ✓

5.8 Role of family:

- Provide emotional support✓
- Guide with moral values and supervision✓

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### Question 6: Decision-Making (5 marks)

6.1 Example of consequence-based decision:

Yes, e.g., deciding to study leads to better marks. ✓

6.2 Four-step decision-making model (4 marks):

- **Step 1: Identify and define the problem** – What is the decision you need to make? ✓
- **Step 2: Explore alternatives/ brainstorm** – What are your options? ✓
- **Step 3: Weigh pros and cons** – Consider benefits and risks. ✓
- **Step 4: Make and act on the decision** – Choose and implement the best option✓.  
(Each step = 1 mark)

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### SECTION C: Answer Any TWO Questions [20 Marks]

### Question 7: Human Rights and Abuse

(10 marks total)

#### 7.1.1 Human dignity:

- Being valued and respected for being human✓

#### 7.1.2 Cwecwe's dignity affected:

- She was mocked or treated unfairly✓

#### 7.2 Importance of speaking out:

- Raise awareness✓
- Get justice and prevent further harm✓

#### 7.3 Challenges:

- Stigma✓
- Lack of support, fear of not being believed✓

#### 7.4 Safer schools:

- Anti-bullying campaigns✓
- Peer mentoring✓
- Open communication✓
- Trained support staff✓ (Any 4 valid points)

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### Question 8: Podcast – Teenage Pregnancy

(10 marks)

(Mark holistically – Look for structure, content, and coherence. Allocate approximately 2 marks per aspect covered)

- **Educational Impact** (e.g., dropping out of school/delayed progress/wasting a year or 2) ✓✓
- **Financial Struggles** (e.g., job limitations because of one's education status, dependance on social grant) ✓✓
- **Emotional Stress** (e.g., anxiety, shame, guilt, anger on the mother's side and the child might end up not getting enough love and consequently unable to show others love. ✓✓
- **Effect on child's development:** babies may be born prematurely, developmental delays, malnourishment affecting physical and brain

development, attachment issues, behavioral problems, limited educational support, cycle of poverty, and greater risk of becoming teenage parents themselves. ✓✓

- **Importance of support systems like family, friends, community organizations, religious groups, health professionals:** provide emotional support, guidance and advice, breaking negative cycles, encouragement to reach goals. ✓✓

(Well-written and relevant discussion = 10 marks)

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## Question 9: Time Management and Career Choices

### 9.1 Time management strategies:

- Use planners✓
- Set realistic goals✓
- Limit screen time✓
- Balance school and leisure✓



### 9.2 Interests/values for subject/career choices:

- Personal likes, talents, and beliefs help identify suitable career paths-NSC/NCV✓✓

### 9.3 Future impact:

- Affects career success, satisfaction, stability✓✓

### 9.4 Role model qualities:

- E.g., Determined, hardworking, empathetic, upholds constitutional values. ✓✓

### TOTAL: 70 Marks

- **Section A: 25**
- **Section B: 25**
- **Section C: 20 (any two questions)**
- **Grand Total: 70 Marks**