

OR TAMBO INLAND

GRADE 10

**LIFE ORIENTATION
JUNE EXAMINATION**

2025

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LIFE ORIENTATION
JUNE CONTROLLED TEST

2025

GRADE: 10

MARKS: 100 *Stanmorephysics.com*

DURATION: 2 HRS

INSTRUCTIONS AND INFORMATION

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1. This question paper consists of THREE sections (A, B and C) and has 10 pages .
2. Answer ALL questions in sections A and B.
3. Choose any TWO questions on section C.
4. Start each section on a new page.
5. Use the numbering system used in this question paper.
6. Write neatly and legibly.

SECTION A

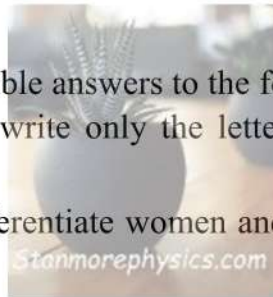
Question 1

1.1. Various options are provided as possible answers to the following question.

Choose the best correct answer and write only the letter next to the question number, for example 1.6. D.

1.1.1. The biological qualities which differentiate women and men from each other are called:

- A. Sex
- B. Bisexuality
- C. Feminism



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D. Sexuality

1.12. A group of occupations with common skills, knowledge and work setting is a:

- A. Occupation
- B. Career
- C. Career field
- D. Job

1.1.3. The government uses tax contributions from working individuals, businesses and companies to:

- A. Finance the disabled
- B. Finance students who cannot afford to pay college or university fees.
- C. Run the country and pay for infrastructure.
- D. All of the above.

1.1.4. Abusing your position of responsibility at work for the sake of money or dishonest gain is:

- A. Corruption
- B. Fraud
- C. Crime
- D. All of the above



1.1.5. Self-awareness is:

- A. Physical well-being
- B. Knowing yourself

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Low self-esteem

D. The life domain being

1.2. Give a word/term for the following definitions:

1.2.1.- The trade of humans, most commonly for purpose of forced labour, sexual slavery, or commercial sexual exploitation for the trafficker or other. (1)

1.2.2. The dislike of or prejudice against people from other countries. (1)

1.2.3. A disease in which the body's ability to produce or respond to the hormone insulin impaired, resulting in abnormal metabolism of carbohydrates and elevated levels of glucose in the blood. (1)

1.2.4. The right to a safe, healthy, productive and sustainable environment. (1)

1.2.5. Justice in terms of the distribution of wealth, opportunities and privileges within a society. (1)

(1 × 5) (5)

1.3. Full sentence questions:

1.3.1. What is meant by diversity? Use an example from South Africa to explain your answer. (2+1) (3)

1.3.2. What is formal assessment? Give one example. (1+1) (2)

1.3.3. Give two reasons why time management skills are Important. (1+1) (2)

1.3.4. "My teacher only allows boys to move desks, open her car and fetch books. She does not think girls are capable of such chores. They have to sweep the classroom and fetch her glasses of water.'
Should girls be prevented from doing such chores? Give a reason for your answer. (1+2) (3)

[20]

TOTAL MARKS FOR SECTION A: 20

Section B

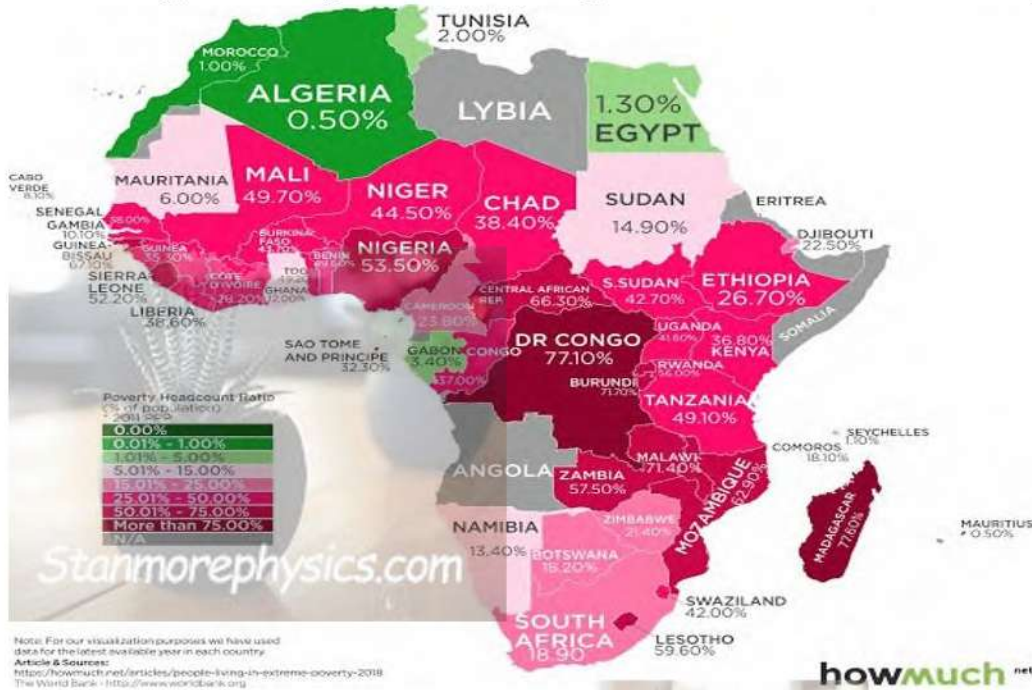
Question 2

2.1. Stud the map of Africa below and answer questions that follow:

People Living in Extreme Poverty in Africa

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Percentage Of Population Living on less than \$1.90 a day*



- 2.1.1. Which countries are mostly affected by poverty? (3x1) (3)
- 2.1.2. List five harmful effects of poverty that you think people from mostly affected countries could suffer from? (5x1) (5)
- 2.1.3. How to overcome personal poverty? (2x1) 2

2.2 Study the following picture and answer questions that follow:

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2.2.1. How many people are undernourished in sub-Saharan Africa?(2

2.2.2. Discuss why there is more food insecurity in some parts of the world than in other part?

2.2.3. Looking at the picture above of the hungry children in Africa. How do you feel when you look at this photo?

2.2.4. How does lack of food affect children in poor countries?

[20]

Question 3

Read the source below and answer the questions that follow.

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We have now declared a national state of disaster in terms of the Disaster Management Act.

This will enable us to have an integrated and coordinated disaster management mechanism that will focus on preventing and reducing the outbreak of this virus.

We will also be able to set up emergency, rapid and effective response systems to mitigate the severity of its impact.

Following an extensive analysis of the progression of the disease worldwide and in South Africa, Cabinet has decided on the following measures:

Firstly, to limit contact between persons who may be infected and South African citizens.

We are imposing a travel ban on foreign nationals from high-risk countries such as Italy, Iran, South Korea, Spain, Germany, the United States, the United Kingdom and China as from 18 March 2020.

Fakes news will not be tolerated and anyone found guilty of spreading fakes news shall have to face consequences.. Misleading public using social is a criminal offence.

Adapted from President Cyril Ramaphosa's Speech on 15 March 2020

Questions should be answered in full sentences and presented in a paragraph form.

- 3.1. Give three symptoms of covid- 19 and explain why covid -19 is regarded as a pandemic. (3+3) (6)
- 3.2. Illustrate four strategies that have been implemented by national government to flatten the curve of rapid spread of covid — 19.
- 3.3. Fully justify the limitations to freedom of expression by the South African government around fake news on covid-19.

[20]

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TOTAL MARKS FOR SECTION B: 40

SECTION C

Choose any TWO questions on this section.

Question 4

Read the case study below about. Human Trafficking before you answer the question.

A sad case:

Many teenagers are not aware of the crime of Human Trafficking. They also don't realise what a big market this has become, not only in South Africa but all over the world. Human trafficking is the illegal use of human beings for labour, such as hard work like in shops and building constructions, and sexual purposes, for example prostitution, child pornography and sex brothels. It's a Modern — day kind of slavery and woman and children are the ones most affected by it. Human trafficking victims almost always suffer from repeated abuse, torture and threats. Sindiswa a 16 year old learner from the Eastern Cape was orphaned. She was begging to make a living. She was offered work by a woman in her town, who drove her to Bloemfontein.

There she was sold to drag and trafficking ring in exchange for cocaine, a dangerous drug. Sindiswa was not the only girl sold that day. The buyer told Sindiswa that she had to sell herself in the streets and so force her into prostitution. When she and the other girls try to run away they beaten up. Sindiswa worked as a prostitute for less than a year before she discovered she was HIV positive. When she was too sick to stand, the buyer throws her out on the street without any care for her well being. She was hospitalised and told that she had HIV and TB, the doctor says she had only few weeks left to live.

(Adapted from Move: 20 April 2011)

- Explain the term human trafficking and give four reasons why people are used for human trafficking.
- A number of Sindiswa's rights have been violated in the case study. Critically evaluate which four of Sindiswa's rights were violated. (4+4) (8)

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- Examine three ways that can be done to oppose and prevent human trafficking.

(3+3) (6)

[20]

Question 5

Know your HIV and AIDS status.

The department of health and basic education are implementing voluntary HIV testing in schools. The initiative form part of a campaign aimed at ensuring that all South Africans know their HIV status. This will help everyone to receive treatment and help to stop the spread of HIV. The sooner we know our HIV status. This will help everyone to receive treatment and help to stop the spread HIV. The sooner we know our HIV status, and take medication, the easier it is to stop the spread of HIV.

To encourage all South Africans to know their status, the Health department is to now taking its HIV counselling and testing (HCT) campaigns to youth at high school level. The campaign is preventative strategy that tries to help young people to understand the link between their sexualities, their sexual relationship, and the choice they make around sexualities. One of those choices is that you need to know your status, explained Dr Thobile Mbengashe/Chief Director for HIV/AIDS and ST I's at a national department of Health.

(Adapted from: <http://vwww.saf aids.net/content/south-africa-schools-hiv-testingcompain-cominq-soon-leavingq-aids>)

- Why it is important to know your HIV status and explain why some of the people are scared to go for HIV testing. (3+3) (6)
- Discuss four effects of discrimination against people who are HIV positive or living with AID. (4x2) (8)
- Suggest how people leaving with HIV/AIDS can be protected from discrimination.

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Question 6

Read the scenario below and answer the questions.

Maryam was in grade 10 and wanted to study to be a mechanic one day. She always had a passion for cars. Her mother said that she should just finish grade 12 and find a job as a secretary because being a mechanic is a man's job. Maryam's father said that people, especially man would never let her work on their cars. Her friend advised her to marry a rich man and have a lot of babies. There was also no money for her to study because her parents were saving money to send her brother, who was in grade 12 to university. (Anonymous)

- Explain what 'stereotype' means, and give four examples from the article. (2+4) (6)
- Critically evaluate the stereotype people have about any four careers and explain why you think people have these stereotypes. (4+4) (8)
- Explain why Maryam wanted to become a mechanic and suggest what she can do to oppose stereotype people from the article. (2+4) (6)

[20]

TOTAL MARKS FOR SECTION C: 40



GRADE: 10

MARKS: 100

GRADE 10

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MARKING GUIDELINES



MARKING GUIDELINE

These marking guidelines consist of 8 pages



SECTION A

Question 1

1.1. Multi

1.1.1. Av

1.1.2. Cv

1.1.3. Dv Multiple choice:

1.1.4.Dv

1.1.5. Bv

1.2. Stanmorephysics.com

1.2.1. Human trafficking-I

1.2.2. Xenophobia'.]

1.2.3. Diabetic

1.2.4. Bill of rights

1.2.5. Social justice •v'

1.3. Full sentence question:

1.3.1. Diversity: refers to the difference or variety about many aspects of being human. Vln South Africa there are different cultural groups and each group is allowed to practice its own culture without being disturbed or criticized.x/

1.3.2. Form assessment IS fÖÓnarks that are included in the school based assessment (SBA .•For example, March test, midyear examination, trial examination, oral, project Investig ion, assignment. v

1.3.3, Timemahagementskillsure important because:

- It allows learners to do more work in less time because their attention is focused and they are not wasting time destructionsv.
- It provides a sense of achievement from fulfilling goals. For example might plan to complete an assignment on Fridayv.



1.3.4. Nov :

- Dividing chose is being stereotype v
- Chose which are done by boys can also be done by girls. v

[20]

SECTION B

2.1.1. The countries that are mostly affected are: DR CONGO 77.10% BURUNDI 71.70M & MALAWI 71.40% V. (Ix3) (3) Harmful effect of Poverty are:

- Ill health and diseases, poor health v
- Malnutrition, lack of food, hungerv
- Lack of basic resources and services v
- Lack of education v'
- Lack of access to a healthy and safe environment (Ix5) (5)

2.1.3. They need:

- Create Awareness campaigns ✓
- Fighting gender inequality ✓
- Creating job opportunities ✓

[10]

2.2.

2.2.1. There 27.7% undernourished people in sub — Saharan Africa. ✓✓

2.2.2. There is more food insecurity in some parts of the world because of:

- Poverty ✓
- Exploitation by some countries of poorer countries ✓
- Globalisation and market price fixing for exported and imported goods ✓
- Floods, earthquakes, drought, weather not suitable to food crops ✓
- War ✓
- Overpopulation ✓
- Lack of space to plant ✓

2.2.3. When I look at this photo, I feel sad, shocked, angry, pity, shame, tearful, wanting to help and disappointed. ✓✓

2.2.4. Lack of food:

- They will suffer malnutrition. ✓
- Their growth will be stunted: they will not develop as they should. ✓
- They will have difficulty learning at school as they will not be able to concentrate. ✓
- They will always feel hungry. ✓
- They will not think the world is a good place because their basic needs are not met. ✓

QUESTION 3

[10]

3.1. Symptoms:

 • Fever ✓

- Headache ✓
- Cough ✓
- Sweating ✓
- Vomiting ✓
- Diarrhoea ✓

Any three

Reasons why Covid 19 is regarded as pandemic:

- Affects many people prevalent in the whole country and the whole world. ✓
- National health crisis ✓
- It kills people at an alarming rate. ✓
- Cripples the country's economy. ✓
- Creates a high rate of unemployment. ✓

Any three (3+3) (6)

3.2.

- Restriction on the movement of persons and goods. ✓✓
- Prohibiting the eviction of people. ✓✓
- Social distancing measures are implemented. ✓✓
- The closing of alcohol and cigarette sale ✓
- Closing of schools and public gathering ✓✓
- Early detection of infection ✓✓

Any four (4x2) (8)

3.3.

- Restriction of freedom of expression can be justified when it has a legal basis is strictly necessary based on scientific evidence and neither subjective nor discriminatory in application of limited duration respectfully of human dignity subject to review and proportionate to achieve the objective. ✓
- The scale and severity of the COVID-19 pandemic clearly raised to the level of public health treat or causing unnecessary panic amongst people' could justify limitation to freedom of expression as long as careful attention to human right such as none discrimination, transparency and respect for human dignity can be foster on effective response and when scientifically warranted and necessary for the reassurance of the people. ✓ [20]

Any suitable answer

QUESTION 4

SECTION C

4.1. Human trafficking: is the illegal sale and the use of human beings local or across the borders, for hard labour, sexual purpose, pornography as well as brothels. (any relevant statement)

Reasons:

- Trafficked people are used to make money. ✓
- Are used for sexual exploitation. ✓
- Forced marriage. ✓

- Work in shops, factories without any pay. ✓
- For organs such as kidneys, sold for transplant. ✓
- To be used for bagging for money to give to the capturers. ✓
- Work on the farms ✓
- Work as domestic workers. ✓

Any four.

4.2.

- Her right to safety and security: she was beaten up whenever she tries to run away and she was forced to have sex, she was raped. ✓✓
- Her right to health: she contracted AIDS and TB. ✓✓
- Her right to freedom: she was treated as a slave with no right and no freedom. ✓✓
- Her right to equality: she was not treated as unequal. ✓✓
- Human dignity: tricked by a job offer, shamed being force into prostitution. ✓✓
- Freedom of speech/expression: not allowed to voice own opinion. ✓✓
- Freedom of choice/movement: forced into prostitution and could not leave where she wanted. ✓✓

4.3.

- Never accept any free offer or instant or too good to be true. ✓✓
- If you have a suspicion that you are being persuaded you must alert the nearest security guard or police. ✓✓
- First check who the person is, where they say they will take you, tell an adult whom you trust, get the person's ID number and car number plat and pass this on before you go. ✓✓
- Report any suspicious activity in your area to the police. ✓✓
- Speak out about it. ✓✓ [20]

QUESTION 5

5.1. The impotence of knowing your HIV status:

The sooner you go for treatment, the better. ✓

- If you do not know your HIV: status you may become too ill, for the ARV's to work. ✓
- You an also spread HIV if you do not know you are HIV positive. ✓
- Once you are on ARV's the is less of a chance of you passing HIV to others. ✓

Any three.

Why are some-pap" or HIV tests?

- They are scared of finding out the truth about their HIV status. ✓

- They are scared of the treatment because they think it may make them ill. ✓
- They are scared about what others will say. ✓
- They think that if they go for test people will think they have HIV and gossip about them. ✓

Any three

5.2.

- They become isolated, lonely and feel very sad. ✓✓
- They become too scared to go to the clinic for treatment and so become more ill and even they die. ✓✓
- Because they are too scared to say that they have HIV, their partners may not know and they may pass HIV on. ✓✓
- Because they are not getting treatment, they could be more vulnerable to TB and other opportunistic infections. ✓✓
- They need support not discrimination; they will feel let down and won't trust others. ✓✓

Any four

5.3.

- Educate people so they don't contract HIV and AIDS so they must know how to contract it and how you would & not contract it.
- Encourage people to break silent around HIV; the more people talk about it, the less it will be secret.
- Have a support group for people leaving with HIV and AIDS so they can get help. ✓
- Talk on stopping all discrimination and stigma against people leaving with HIV and AIDS. ✓
- Ask celebrities who are HIV positive to speak up and show there is nothing to be ashamed about. ✓
- Have call number where you can report discrimination and lay a charge, it should be a punishable offence. ✓
- Reach out and make a friend today who is HIV positive, be a leader and a role model. ✓
- If each one of us does something good to stop discrimination the good news will be spread. ✓

[20]

6.1. Stereotype is to believe, unfairly that all people or things with a particular characteristic are the same. ✓✓

- Being a mechanic is a man's job. ✓
- People, especially man would never let her work on their cars. ✓
- Her friend advised her to marry a rich man and have a lot of babies. ✓
- There was money for Maryam to study as the parents were saving for her brother who was in grade 11 to go to university. x, ✓

(2 + 4)(6)

6.2.

- Pilot V: some people think only men can be pilots. They think this because they believe that men are cleverer than women and that women won't be able to pilot a plane or cope in an emergency.

Housekeeper V: some people think that only women can cook and clean and keep house, not a man. They think easy work is for women. ✓

- Professional wrestler V: some people think that contact sports are just for men because sports. Some people think that women are inferior to men.

Higher positions at work V: some people think that higher positions are to be held by men because they think that men are better leaders than women. Some people think that women are not capable of thinking. ✓

6.3. She had always had a love for cars and was interested and had the necessary skills to follow this career. ✓

- She can work hard at school and get good results so that she can apply for sponsors (bursaries, scholarships etc.). ✓

- She must be self-motivated. ✓

- Do research on women who are successful and doing jobs that are used to be done by men and disclose that information to her parents and friends. ✓

- Ask teacher to talk to her parents. ✓

(2 + 4)(6)

[20]

GRADE: 10

MARKS: 100

DURATION : 12 HOURS

2