



**education**  
Department: Education  
**GAUTENG PROVINCE**

# LIFE ORIENTATION TEST BOOKLET

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## GR 10 2021

GUIDELINES FOR SETTING THE JUNE AND NOVEMBER CONTROLLED TESTS

Dear Teacher

Included in this Test Booklet are various past question papers. These papers are meant to serve as a bank of questions that you may use to develop your own papers depending on how far you have come with content coverage. The papers may not be used as is since the structure of the exams has changed. Instead of an exam we now speak of a Controlled Test. Below are simple guidelines to follow when setting your test:

Section A: 20 marks	Section B: 40 marks	Section C: 40 marks
All questions are <b>COMPULSORY</b>	All questions are <b>COMPULSORY</b>	Learners will answer <b>TWO</b> 20-mark questions out of <b>THREE</b>
<ul style="list-style-type: none"> <li>● A short source may be used to contextualise some of the questions</li> <li>● The questions must include a combination of <b>THREE</b> or more types of questions from the list below:               <ul style="list-style-type: none"> <li>○ Multiple choice</li> <li>○ One-word responses (list, state, provide, give)</li> <li>○ Definitions</li> <li>○ Short explanations (why, how, describe, explain, discuss)</li> </ul> </li> <li>● Questions should test understanding and factual knowledge</li> <li>● Responses should be short, direct</li> <li>● Mark allocation for the questions should range between 1 – 2 mark</li> </ul>	<ul style="list-style-type: none"> <li>● Learners will answer <b>TWO 20-mark</b> questions. Short open-ended questions could be:               <ul style="list-style-type: none"> <li>○ Scenario based</li> <li>○ Source-based</li> <li>○ Case study</li> <li>○ Cartoons</li> <li>○ Illustration</li> <li>○ Graphs</li> </ul> </li> <li>● Questions should be knowledge-based, from information learners have acquired from the Life Orientation content in the FET band.</li> <li>● Learners should display, present and apply knowledge and skills gained from the Life Orientation content.</li> <li>● Mark allocation for questions in this section could range between 2 – 4 marks in total per question.</li> </ul>	<ul style="list-style-type: none"> <li>● Questions will predominantly focus on the application of knowledge and skills</li> <li>● A short text/diagram/data/graphs/cartoons can be provided as a stimulus</li> <li>● Questions will predominantly focus on the application of knowledge and skills</li> <li>● Learners will be required to:               <ul style="list-style-type: none"> <li>○ Explain/examine/analyse/evaluate/critically discuss a topic.</li> <li>○ Make decisions and give advice</li> <li>○ Provide recommendations</li> <li>○ Make conclusions.</li> <li>○ Solve problems</li> </ul> </li> <li>● Learners should provide responses through extended writing of descriptive paragraphs or short essays.</li> <li>● Mark allocation for sub questions in this section could range between 4 – 8 marks in total per question.</li> </ul>

Should learners be required to write a short essay, the structure of the essay would include an introduction, elaboration/body and conclusion, **based on the specific key concepts** in the question.

## DEPTH/SCOPE OF CONTENT

The depth of content refers to the extent to which a topic is focused upon and explored. It helps to enhance the depth of learning as learners develop their content knowledge. It also assists in connecting the relevant content to a learner's real-life experiences.

The following EXAMPLES could be used as a guideline when dealing with the depth of content:

*Definition of concepts	Causes	Consequences
Impact	Effect	Value
Importance	Aims	Reasons
Factors	Solutions	Practical strategies
Result of	Motive	Evidence
Benefits	Predict	Distinguish
Compare	Actions	Conclusion
Disapprove	Projecting	Functions
Difference	Priorities	Choices
Advise	Interventions	Approve
Similarities	Connection between	Decisions

### EXAMPLES:

Class discussions on a topic and subtopic such as “**Human factors causing ill-health: Contributing factors: unhealthy sexual behaviour**” would include, e.g.:

1. The **definition** of each key concept, e.g. **ill-health, unsafe sexual behaviour**
2. Discuss **reason** why this type of behaviour is still prevalent among the youth.
3. Assess the **negative** of unsafe sexual behaviour on the life of a young person.

**NB: Your QUESTION PAPER MUST BE SUBMITTED TO THE DISTRICT FOR MODERATION!**



**GRADE 10**

**LIFE ORIENTATION  
JUNE EXAMINATION 2019**

**MARKS: 80**

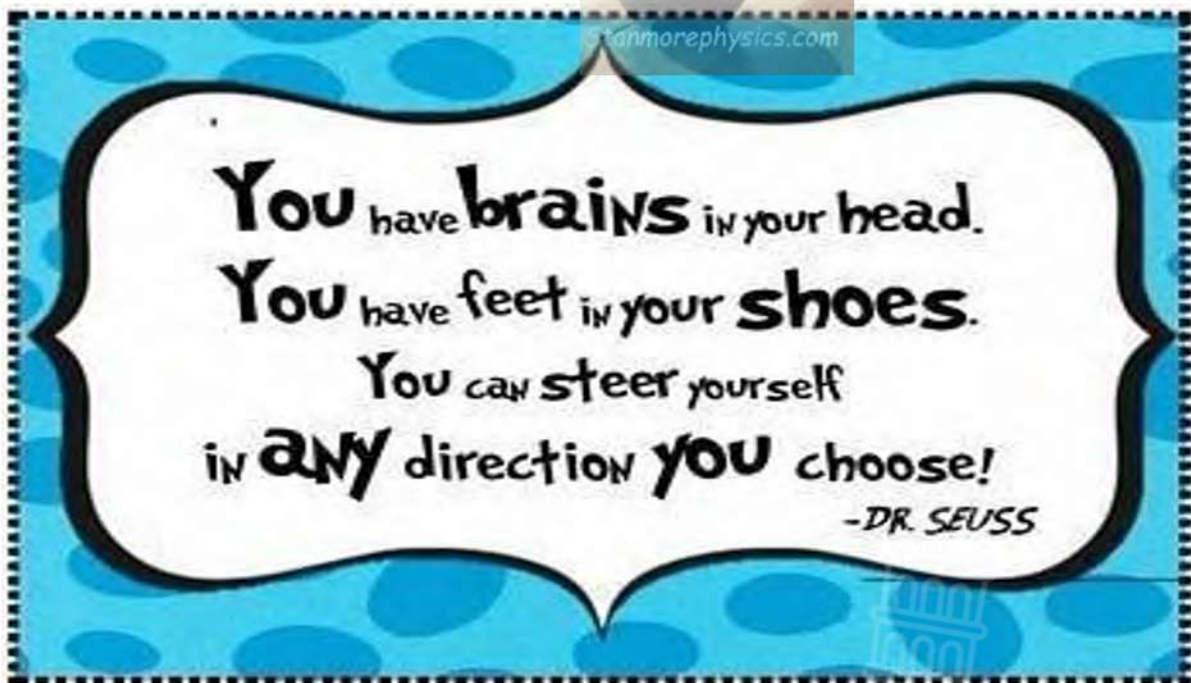
**TIME: 2 HOURS**

**This examination paper consists of 8 pages.**

**Please turn over**

INSTRUCTIONS:

1. Read all instructions carefully before answering the questions.
2. Answer the questions as follows:
  - Section A (20 marks) and B (30 marks) are **COMPULSORY**.
  - Section C (30 marks) consists of 3 questions – answer only **TWO** questions from this section.
3. Write neatly and legibly.
4. Number your answers correctly.
5. Use the allocated time effectively.





1.1.6 Which one of the following is incorrect?

When making a career choice, it is important to consider the following:

- A. Your upbringing
- B. Your capabilities
- C. Your skills
- D. Your interests

1.1.7 Freedom of religion, belief and opinion means:

- A. You can gather together with other people, hold a demonstration and picket.
- B. You have the right to be treated equally at work and work in a healthy environment.
- C. You cannot be arrested without a good reason, a charge and a trial.
- D. You can have your own opinions and views; you cannot be forced to believe in something.

1.1.8 Strategies to build confidence in yourself and others include:

- A. Successful completion of tasks or projects.
- B. Making decisions instinctively without considering alternatives.
- C. Avoid active participation in community projects.
- D. Harsh criticism of self and others.

1.1.9 Socio-economic factors affecting subject, career and study choices include:

- i accessibility
- ii community needs
- iii family tradition
- iv financial support

The answer is:

- A. i only
- B. i and ii only
- C. i, ii and iv only
- D. i, ii, iii and iv



1.1.10 The following are examples of fair practices in sport:

- i taking drugs to enhance performance
- ii using technology to assist umpires
- iii getting spectators to cheer for their team
- iv paying players to throw the game

The answer is:

- A. i and ii only
- B. ii and iii only
- C. i and iii only
- D. ii and iv only

[1X10=10]

**QUESTION 1.2**

Indicate whether the following **statements** are **TRUE (T)** or **FALSE (F)** and correct the statement if it is false.

- 1.2.1 Discrimination against other people is often based on ignorance.
- 1.2.2 An Honours degree is an example of an undergraduate degree.
- 1.2.3 A person is assertive when she/he is able to stand up for his/ her rights in an open, disrespectful & polite manner.

[5]

**QUESTION 1.3**

Answer the following questions by giving **one or two words** for the following descriptions or definitions. Write only the answer next to the question number.

- 1.3.1 “Knowing who you are, what interests you, what your strengths and weaknesses are.”
- 1.3.2 “Illegal transport of people across international and local borders.”
- 1.3.3 “The Commission that deals with complaints regarding the violation of Human Rights.”
- 1.3.4 Everyone equally shares the benefits of a healthy natural environment.
- 1.3.5 The deep convictions people have about what is right and wrong.

[5]

**TOTAL SECTION A: 20**

Answer ALL questions in this section. Answers must be in full sentences unless otherwise asked.

## QUESTION 2

2.1. Read the scenario below and answer the questions that follow:

Mary is in Grade 10 and wants to study to be a civil engineer one day. She always dreamt of building roads and bridges in their remote village in Limpopo to give the village access to the world outside.

Her mother said that she should just finish Grade 12 and find a job as a secretary at the local mine, because being a civil engineer is a man's job

Her father said that people, especially man, would never trust a bridge built by a woman and that the people of the local government would never employ her to do a man's job.

60% of the girls in Mary's class are single parent mothers, receiving grants and do not plan to study or find a job after finishing school. They all plan on marrying rich man who will take care of them for the rest of their lives.

Mary's brother is studying with the help of a bursary from the local mine. His parents save all the extra money to support him, because they believe he will support them one day when they are old.

- 2.1.1 Explain the meaning of stereotyping relating to the above scenario and give **two** examples to show your understanding of the term. **(2X2)**
- 2.1.2 In which career field would a civil engineer be? **(1)**
- 2.1.3 List **two** reason why you think people have these stereotypes and provide **two** suggestions how we can change such stereotypes. **(4)**
- 2.1.4 Provide Mary with **three** suggestions on how she can deal with her financial challenges. **(3X2)**
- [15]**

QUESTION 3

3.1 **Good reading habits will help you to find the information you need and to understand and remember what you read.**

Distinguish between **scanning** and **skimming** as methods of reading. (2X2)

3.2 Name one study method that can enhance effective studying. (1)

3.3 Study techniques are important skills to acquire if learners want to improve their performance at school. Explain **one** way how learners can improve the following skills:

3.3.1 Listening (2)

3.3.2 Memory (2)

3.4 Suggest and explain to a classmate / friend **three** ways on how to organize and manage his/her time effectively in order to improve his/her results. (3X2)

[15]

**TOTAL SECTION B: 30**

Answer TWO of the THREE questions

QUESTION 4



Write paragraphs on POVERTY in your community in which you include the following:

- \* Explain the statement: While poverty exists, there is no true freedom. (4)
- \* What is the impact of the drought and access to water on the poor? (3)
- \* Give ONE practical suggestions for addressing these problems in South Africa by individuals, communities, businesses and government. (4 x 2) [15]

QUESTION 5

Study the picture below and answer the question that follows.



Write paragraphs on the importance of recreational activities in which you include the following:

- Three benefits of physical and/or recreational activity. (3)
- How physical activity can improve school achievement. (4)
- Describe FOUR different aspects of fitness which should be included in an exercise programme and give an examples of each aspect (4x2) [15]

**Helping the Community; Helping Yourself**

Young people in our country are really defining agendas, they are really passionate about their causes. Young people may not have disposable income but they are certainly way above the rest of us in terms of volunteering. — Gill Bates, CEO of Charities Aid Foundation Southern Africa

LeadSA hero Murendi Mafumo is eradicating frustrations with water supply challenges in Africa and restoring human dignity and people's right to sufficient water with new technology.

Write a mini-essay about volunteering in which you discuss the following:

- FOUR ways in which being involved in volunteer work can help a person in their own career and career choices (4x2)
- Evaluate whether the needs of your community and your country should influence your choice of career. (3)
- How critical thinking skills and creative constructive thinking skills can help becoming a responsible citizen. (2x2)

[15]

**TOTAL SECTION C: 30  
GRAND TOTAL: 80**



**GRADE 10**

**LIFE ORIENTATION  
JUNE MEMORANDUM 2019**

**MARKS: 80**

**TIME: 1½ HOURS**

**This examination paper consists of 7 pages.**

LIFE ORIENTATION  
COMMON PAPER JUNE 2019  
GRADE 10  
MEMORANDUM

SECTION A (Subtotal = 20 marks)

QUESTION 1		QUESTION 2		QUESTION 3	
1.1.1	B ✓	1.2.1	T ✓	1.3.1	Self-knowledge /awareness ✓
1.1.2	B ✓	1.2.2	FALSE – Baccalaureus degree ✓✓	1.3.2	Human trafficking ✓
1.1.3	B ✓	1.2.3	FALSE – An assertive person is one who stands up for his or her rights in a respectful manner. ✓✓	1.3.3	South African Human Rights Commission - SAHRC ✓
1.1.4	A ✓			1.3.4	Environmental justice
1.1.5	A ✓			1.3.5	Values ✓
1.1.6	A ✓				
1.1.7	D ✓				
1.1.8	A ✓				
1.1.9	D ✓				
1.1.10	B ✓				

SECTION B

QUESTION 2

2.1.1 A set idea that people have about what someone or something is like, especially an idea that is wrong. ✓✓

People that have a fixed idea about what other people are capable of and who should do what type of work.

**E.g.** Primary school teachers must be ladies ✓

Man should not do domestic work ✓

Woman may earn less than man for similar work ✓

(2X2)

**Or any relevant answer**

2.1.2 Science, Technology, Engineering and Mathematics ✓ (1)

2.1.3 **Two reasons** why people may have these stereotypes:

Traditionally certain jobs were kept for certain genders. ✓

The way we are brought up. ✓

Because communities determine which jobs get done by which sex. ✓

**Two suggestions** how we can change these stereotypes:

Expose different sexes to different careers. ✓

Treat and respect everyone as an individual. ✓

Educate young men and woman about stereotyping through social media. ✓

**Or any relevant answer**

(2X2)

2.1.4 Mary must work hard and maintain good marks throughout her school career. ✓✓

She should start doing research on bursaries and scholarships available for course she would like to study. ✓✓

She can also do job-shadowing which will help her to learn more about her intended career. ✓✓

She can also find part-time jobs in her spare time which will enable her to save money to pursue her intended career. ✓✓

**Or any relevant answer**

(3X2)

[15]

### QUESTION 3

3.1

**Scanning** is when you move your eyes quickly over the reading material until you find the piece of information you are looking for. ✓✓

**Skimming** is when you look quickly at the headings and at the main ideas in each paragraph to get a general idea of the reading material. ✓✓

(2x2)

3.2 Note taking

Summaries

Mind mapping ✓

(1)

3.3.1 **Listening**

Listen with your ears, but also with your eyes as you watch the speaker/s and see how they are talking. √√

Make notes by writing only the keywords so that you are still able to listen properly. √√

Keep on asking yourself questions such as: what does this means? where does this fit into what I already know? √√

In your own word, repeat what the speaker has said to check if you have understood. √√

**Any other relevant**

**(2)**

3.3.2 **Memory**

Make summaries and learn them by repeating it while you are walking, standing in queues or bathing. √√

Close your eyes and make a picture of what you are trying to remember. √√

Set up your own test or mock exam and try to answer the questions. √√

**Any other relevant**

**(2)**

3.4 **Setting goals.** √ By setting goals you will create proper targets and won't be able to fall of schedule. √

Draw up a study timetable or schedule.√ Having a timetable help you to divide subjects into time frames and to keep to that schedule. √

Take regular short breaks.√ Make time for breaks in your schedule to do stretching and relaxation exercises. √

Keep all the things that help you study in one place, √ so that you don't waste time that can be used for studying. √

Get rid of time wasters. √ Keep away from those things that stop you from studying in order to get all the work done as planned. √

**(3X2)**

**(15)**

**Total Section B (30)**

**QUESTION 4**

**Statement:**

- While people live in poverty, they cannot reach their full potential, can't choose that they want to eat, career, education etc.
- poverty creates hardship and people do not have the same choices as those living in better circumstances
- poverty affects the ability of people to be better or to choose where they live, study or work
- living in poverty creates crime and people are not safe to

Any TWO marks for two good answers. One mark for statement and ONE mark for qualification of statement.

2x2

**Impact of the drought and access to water on the poor:**

- Poor people can not buy water if there is no water
- Drought can lead to job lost and poor economic growth – impact poor people
- Leads to Undernourishment and Malnutrition, illnesses
- Some people have little/limited access to water.
- When one tap is shared by many people and used for drinking and washing, the water can get polluted.

Any THREE relevant answers for ONE mark each

3

**Practical suggestions for each of the four groups for 2 marks each**

Community: community gardens; Prevent overpopulation (2)

Government: prevent overpopulation, encourage entrepreneurship,  
give start-up loans, Restrict social grants to 6 months, child-grant to  
only 2 children, (2)

Individual: Work hard in school, grow own veggies, volunteer, (2)

Businesses: Skills training, help entrepreneurs, (2)

QUESTION 5

- **Benefits of physical activity.**

- Builds healthy bones and muscles;
- Improves muscular strength and endurance;
- Reduces the risk of developing chronic disease risk factors;
- Reduces stress and anxiety;
- Prevents obesity and helps to manage weight.

(3)

- **How physical activity improves school achievement.**

- Allows you to concentrate and focus better;
- Makes you feel fresh and energized before you start studying;
- Refreshes your mind and helps you to think clearly;
- Allows good oxygen flow to your brain;
- Helps you to feel more relaxed;
- Part of balanced lifestyle.

(4)

- **FOUR different** exercise programs that promote fitness and give examples of each (4 x 2 marks).

- **Cardiovascular fitness** is when you do a lot of movement-based exercise to burn fat. This includes activities such as running, brisk walking, cycling, rowing, swimming, aerobics, climbing stairs. Strengthens your heart and improves fitness for team sports.
- **Muscular Resistance fitness** is when you focus on building muscle by working against a force rather than burning fat. You can do this by lifting weights, Push-ups, sit-ups, pull-ups and squats. Makes you stronger, gives you more muscle definition eg "six-pack".
- **Muscular Endurance fitness** is a focus on building stamina by increasing the amount of time we can do an exercise before getting tired. It includes activities such as long-distance running, biathlon or triathlons, hiking, cross-country running. Good for general health and participation in team sports.
- **Flexibility fitness** is a form of exercise that aims to improve suppleness. It is a slower form of exercise that involves bending joints and stretching muscles. Eg Yoga, dancing, gymnastics and martial arts. Good for general health, blood flow and relaxation.

[15]

QUESTION 6

**Benefits of participating in community work**

- The more you help others, the better you feel about yourself (improves self-awareness and boosts self-esteem) leads to be confident about study and career.

- Become more politically and civic aware (register to vote; community development initiatives; active contributor to the greater good; etc.) know what to study to help build SA
- Closes the gap between academic work and the real human needs (provides motivation by connecting theory and practice).
- Psychological benefits: increases positive feeling and mental health; decreases depression and stress.
- Social benefits: increase bond amongst learners and with community; concern and care for others; sense of connectedness of being; embrace diversity.
- Skills development: communication skills; time management; project management; critical thinking and problem solving.

(4X2)

**Should the needs of your community and your country influence your choice of career?**

You should gain the skills with respect to the needs of your country.

Every student must try to connect his or her work with the social and economic situation in the country.

If you are great in marketing and writing, think how your career may promote your country.

It will help to raise new charity funds and save human lives.

Right, career is not only about making money. It's about helping people too.

**THREE marks** for a well-reasoned answer

(3)

**How critical thinking skills and constructive thinking skills can help becoming a responsible citizen**

- Constructive thinking skills are the ability to help you think helpful, positive and optimistic ways – build a better SA
- Critical thinking enables you to think clearly, to compare and to be reasonable – help you not to get emotional involve but be objective and see what is needed to be done

(2x2)

[15]

**TOTAL SECTION C:30**

**GRAND TOTAL: 80**



**GRAAD 10**

**LEWENSORIENTERING  
JUNIE EKSAMEN 2019**

**PUNTE:**

**TYD: 1½**

**80**

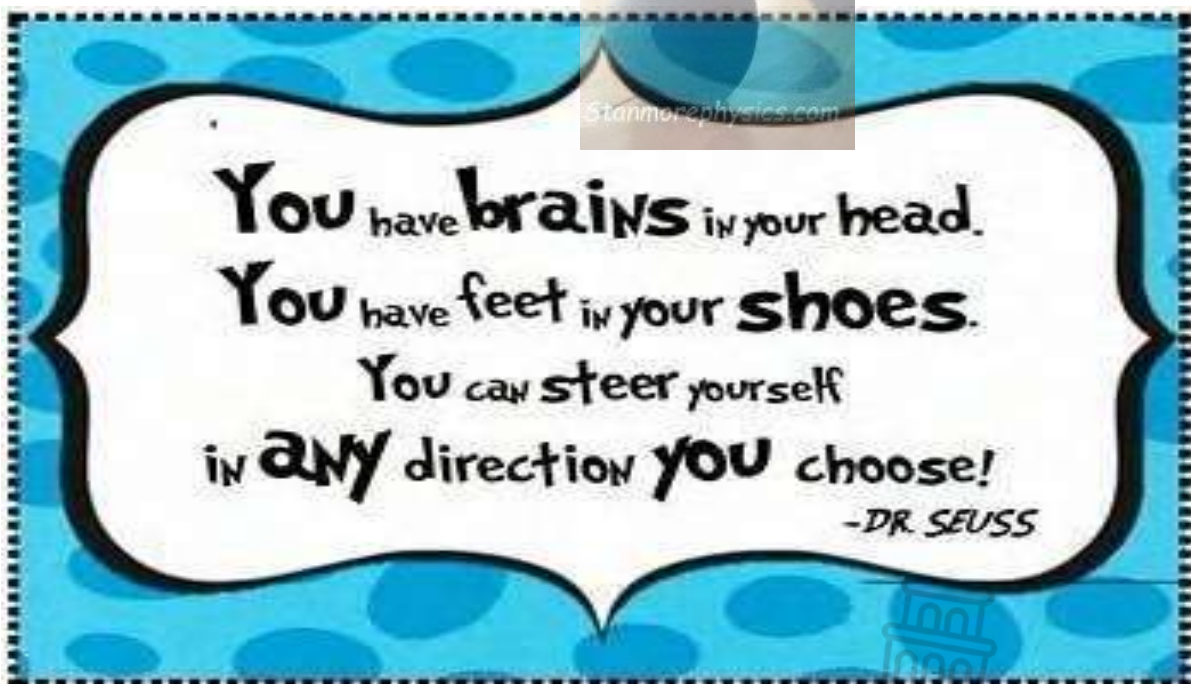
**HOURS**

**Die vraestel bestaan uit 8 bladsye.**

**Blaai asb om**

**INSTRUKSIES:**

6. Lees al die instruksies deeglik deur voordat jy die vrae beantwoord.
7. Beantwoord die vrae as volg:
  - Afdeling A (20 punte) en B (30 punte) is VERPLIGTEND
  - Afdeling C (30 punte) bestaan uit 3 vrae – beantwoord enige TWEE vrae in die afdeling.
8. Skryf netjies en leesbaar.
9. Nommer jou vrae korrek.
10. Benut jou tyd deeglik.





Wanneer u 'n beroepskeuse maak, is dit belangrik om die volgende te oorweeg:

- A. Jou opvoeding
- B. Jou vermoëns
- C. Jou vaardighede
- D. Jou belange

1.1.7 Vryheid van godsdiens, geloof en opinie beteken:

- A. Jy kan saam met ander mense besluit om 'n demonstrasie en plakkaat optog te hou.
- B. Jy het die reg om by die werk gelyk behandel te word en in 'n gesonde omgewing te werk.
- C. Jy kan nie sonder goeie rede aangekla en gearresteer word nie.
- D. Jy kan jou eie menings en sienings hê en kan nie gedwing word om in iets anders te glo nie.

1.1.8 Strategieë om vertroue in jouself en ander te bou, sluit in:

- A. Suksesvolle voltooiing van take of projekte.
- B. Besluite instinktief sonder om alternatiewe te oorweeg.
- C. Vermy aktiewe deelname aan gemeenskapsprojekte.
- D. Baie krities op self en ander.

1.1.9 Sosio-ekonomiese faktore wat vak-, loopbaan- en studiekeuses beïnvloed, sluit in:

- i toeganklikheid
- ii gemeenskap behoeftes
- iii familie tradisies
- iv finansiële ondersteuning

Die antwoord is:

- A. slegs i
- B. slegs i en ii
- C. slegs i, ii en iv
- D. i, ii, iii en iv

1.1.10 Die volgende is voorbeelde van billike praktyke in sport:

- i. Ek neem dwelms om prestasie te verbeter
- ii. tegnologie word gebruik om skeidsregters by te staan
- iii. kry toeskouers om hul span aan te moedig
- iv. betalende spelers om die spel te gooi

Die antwoord is:

- A. slegs i en ii
- B. slegs ii en iii
- C. slegs i en iii
- D. slegs ii en iv

**VRAAG 1.2**

Dui aan of die volgende **stellings WAAR (W)** of **VALS (V)** is en korregeer die stelling indien die stelling vals is.

1.2.1 Diskriminasie teen ander persone is meestal gegrond op onkunde.

1.2.2 'n Honneursgraad is 'n voorbeeld van 'n voorgraadse graad.

1.2.3 'n Persoon is selfgeldend wanneer hy/sy in staat is om op te staan vir sy/haar regte op 'n oneerbiedige, beleefde en oop wyse.

[5]

**VRAAG 1.3**

Beantwoord die volgende vrae deur een of twee woorde vir die volgende beskrywings of definisies te gee. Skryf slegs die antwoord langs die vraagnommer neer.

1.3.1 "Om te weet wie jy is, wat jou interesseer, wat jou sterkpunte en swakhede is."

1.3.2 "Onwettige vervoer van mense oor internasionale en plaaslike grense."

1.3.3 "Die Kommissie wat handel oor klagtes rakende die skending van Menseregte."

1.3.4 Almal deel eweveel die voordele van 'n gesonde natuurlike omgewing.

1.3.5 Die diep oortuigings wat mense het oor wat reg en verkeerd is.

[5]

**TOTAAL AFDELING A: 20**



Beantwoord ALLE vrae in hierdie Afdeling. Antwoorde moet in vol sinne wees tensy anders gevra.

## VRAAG 2

2.1. Lees die onderstaande scenario en beantwoord die vrae wat volg:

Mary is in graad 10 en wil studeer om eendag 'n siviele ingenieur te word. Sy het altyd gedroom om paaie en brûe te bou in hul afgeleë dorpie in Limpopo om die dorp toegang tot die wêreld te gee.

Haar ma het gesê sy moet net Graad 12 voltooi en 'n werk as sekretaresse by die plaaslike myn vind, want 'n siviele ingenieur is 'n man se werk.

Haar pa het gesê dat mense, veral die mans, nooit 'n brug sal vertrou wat deur 'n vrou gebou is nie en dat die mense van die plaaslike regering haar nooit sal gebruik om 'n man se werk te doen nie.

60% van die meisies in Mary se klas is enkelouer ma's, ontvang toelaes en beplan nie om na die skool te studeer of werk te kry nie. Hulle beplan almal om met 'n ryk man te trou wat hulle vir die res van hul lewe sal versorg.

Maria se broer studeer met behulp van 'n beurs van die plaaslike myn. Sy ouers spaar al die ekstra geld om hom te ondersteun, omdat hulle glo dat hy hulle eendag sal ondersteun as hulle oud is.

- 2.1.1 Verduidelik die betekenis van stereotipering met betrekking tot bogenoemde scenario en gee twee voorbeelde om u begrip van die term te toon. **(2X2)**
- 2.1.2 In watter loopbaanveld sou 'n siviele ingeneur wees? **(1)**
- 2.1.3 Noem **twee** redes waarom jy dink mense hierdie stereotipering het en gee **twee** voorstelle hoe ons sulke stereotipering kan verander. **(4)**
- 2.1.4 Gee drie voorstelle aan Mary oor hoe sy haar finansiële uitdagings kan hanteer. **(3X2)**  
**[15]**

## VRAAG 3

3.1 Goeie leesgewoontes sal jou help om die inligting te vind wat jy nodig en om te verstaan en te onthou wat jy lees.

- 3.1.1 Onderskei tussen vluglees en blaail lees as leesmetodes. **(2X2)**
- 3.2 Noem een studiemetode wat effektiewe studie kan bevorder. **(1)**

- 3.3 Studietegnieke is belangrike vaardighede om te verwerf indien leerders hul prestasie op skool wil verbeter. Verduidelik een manier hoe leerders die volgende vaardighede kan verbeter:
- 3.3.1 Luister (2)
- 3.3.2 Geheue (2)
- 3.4 Noem en verduidelik aan 'n klasmaat/vriend drie maniere hoe om sy/haar tyd effektief te organiseer en te bestuur om sodoende sy/haar resultate te verbeter.

(3x2)  
[15]

TOTAAL AFDELING B:  
30

AFDELING C

Beantwoord TWEE van die DRIE vrae in hierdie afdeling

VRAAG 4



Skryf paragrawe oor ARMOEDE in jou gemeenskap waarin jy die volgende insluit:

- \* Verduidelik die stelling: Terwyl armoede bestaan, is daar geen ware vryheid nie. (4)
- \* Wat is die impak van die droogte en toegang tot water op die armes? (3)
- \* Gee EEN praktiese voorstelle vir die aanspreek van hierdie probleme in Suid-Afrika deur individue, gemmeenskappe, besighede en die regering. (4 x 2)

[15]

### VRAAG 5

Bestudeer die foto.

Skryf paragrawe oor die belangrikheid van ontspanningsaktiwiteite. Sluit die volgende in:



- Drie voordele van fisiese en/of ontspanningsaktiwiteite. (3)
  - Hoe kan fisieke aktiwiteite skoolprestasie verbeter. (4)
  - Bespreek die VIER aspekte van fiksheid wat in 'n oefenprogram ingesluit moet word en gee 'n voorbeeld van elke aspek (4x2)
- [15]

### VRAAG 6

#### Hulp aan die Gemeenskap; Help jy jouself.

Jongmense in ons land herdefinieer daaglikse agendas, hulle is baie passievol oor sake. Jongmense het dalk nie besteebare inkomste nie, maar hulle is beslis beter as die res van ons in terme van vrywilligerswerk. - Gill Bates, hoof uitvoerende beampte van Charities Aid Foundation Southern Africa

LeadSA-held Murendi Mafumo verminder frustrasies met watertoevoertuitdagings in Afrika en herstel menswaardigheid en mense se reg op voldoende water met nuwe tegnologie.

Skryf 'n kort opstel oor vrywilligerswerk waarin jy die volgende bespreek:

- VIER maniere hoe betrokkenheid by vrywilligerswerk, persoon kan help met hul eie loopbaan- en beroepskeuses (4x2)
  - Evalueer of die behoeftes van jou gemeenskap en jou land jou keuse van beroep moet beïnvloed. (3)
  - Hoe kritiese denkvaardighede en kreatiewe konstruktiewe denkvaardighede kan Help om 'n verantwoordelike burger te wees. (2x2)
- [15]

**TOTAAL AFDELING C: 30**  
**GROOT TOTAAL: 80**



**GRAAD 10**

**LEWENSORIENTERING  
JUNIE MEMORANDUM 2019**

**PUNTE: 80**

**TYD: 1½ UUR**

**Hierdie memorandum bestaan uit 7 blaaie.**



VRAAG 1		VRAAG 2		VRAAG 3	
1.1.1	B ✓	1.2.1	W ✓	1.3.1	Selfkennis ✓
1.1.2	B ✓	1.2.2	VALS – Baccalaureusgraad ✓✓	1.3.2	Mensehandel ✓
1.1.3	B ✓	1.2.3	VALS – 'n selfgeldende persoon is iemand wat opstaan vir sy/haar regte op 'n <u>gerespekteerd</u> manier..... ✓✓	1.3.3	Suid Afrikaanse Menseregte Organisasie of South African Human Rights Commission – SAMRO/SAHRC ✓
1.1.4	A ✓			1.3.4	Omgewingsgeregtigheid
1.1.5	A ✓			1.3.5	Waaardes ✓
1.1.6	A ✓				
1.1.7	D ✓				
1.1.8	A ✓				
1.1.9	D ✓				
1.1.10	B ✓				

**AFDELING B [30 PUNTE]**

**VRAAG 2**

2.1.1 'n Stel idees wat mense het oor wat iemand of iets is, veral 'n idee wat verkeerd is. ✓✓

Mense wat 'n vaste idee het oor wat ander mense in staat is om te doen, wat hulle behoort te doen en watter soort werk hulle kan doen. ✓✓

Bv Laerskoolonderwysers moet dames wees. ✓

Mans moet nie huishoudelike werk doen nie. ✓

Vroue mag minder verdien as mans vir soortgelyke werk ✓

**(2X2)**

**Of enige relevante antwoord**

2.1.2 Wetenskap, Tegnologie, Ingenieurswese en Wiskunde ✓

**(1)**

2.1.3 Twee redes waarom mense hierdie stereotipes kan hê:

Tradisioneel is sekere werksgeleenthede vir sekere geslagte bewaar. ✓

Die manier waarop ons opgevoed is. ✓

Omdat gemeenskappe bepaal watter werksgeleenthede deur watter geslag gedoen moet word. ✓

**Twee voorstelle hoe ons hierdie stereotipes kan verander:**

Stel verskillende geslagte aan vir verskillende beroepe. ✓

Behandel en respekteer almal as 'n individu. ✓

Onderrig jong mans en vroue oor stereotipering deur sosiale media. ✓

**Of enige relevante antwoord**

**(2X2)**

2.1.4 Mary moet hard werk en goeie punte behou gedurende haar skoolloopbaan. ✓✓

Sy moet begin met navorsing oor beurse en merietebeurse wat beskikbaar is vir die kursus wat sy graag wil studeer. ✓✓

Sy kan ook werkskadu doen wat haar sal help om meer oor haar beoogde loopbaan te leer. ✓✓

Sy kan ook deeltydse werk in haar vrye tyd vind wat haar in staat stel om

Geldte spaar om haar beoogde loopbaan na te streef. ✓✓

**Of enige relevante antwoord**

**(3X2)**

**[15]**

**VRAAG 3**

3.1.1

<b>Vluglees</b> is wanneer jy jou oë vinnig oor die leesmateriaal beweeg totdat jy die stukkie inligting kry wat jy soek. √√	<b>Blaailees</b> is wanneer jy vinnig na die hoofopskrifte en na die hoofgedagtes in elke paragraaf kyk om 'n algemene idee van die leesstof te kry. √√
--	---

**(2x2)**

3.2 Nota neem  
Maak opsommings  
Breinkaarte √



**(1)**

3.31 Luister

Luister met oop ore, en jou oë gefokus op die sprekers om jou konsentrasie te behou √√

Maak notas deur slegs die sleutelwoorde te skryf sodat jy steeds behoorlik kan luister. √√

Hou aan om jouself vrae te vra soos: wat beteken dit? Waar pas dit by wat ek reeds weet? √√

Herhaal in jou eie woord wat die spreker gesê het om te kontroleer of jy dit verstaan het. √√

**Enige ander relevante antwoord**

**(2)**

3.3.2 Geheue

Maak opsommings en leer deur dit te herhaal terwyl jy loop, in 'n tou staan of swem. √√

Sluit jou oë en maak 'n prentjie van wat jy probeer leer. √√

Stel jou eie toets of skyneksamen op en probeer om die vrae te beantwoord. √√

**Enige ander relevante antwoord**

**(2)**

3.4 Stel doelwitte. √ Deur doelwitte te stel, sal jy behoorlike teikens skep en jy sal nie van skedule kan afwyk nie. √

Stel 'n studietrooster op. √ 'n Studierooster help u om u vakke in tydramwerke te verdeel en om aan daardie skedule te hou. √

Neem gereelde kort pouses. ✓ Ruim tyd in vir pouses in u skedule om

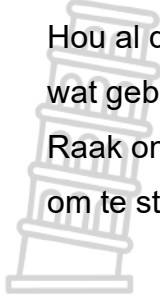
strek- en ontspanningsoefeninge te doen. ✓

Hou al die dinge wat met jou studies help op een plek, ✓ sodat jy nie tyd mors wat gebruik kan word om te studier nie. ✓

Raak ontslae van tydverkwisters. ✓ Hou weg van die dinge wat jou verhoed om te studeer en om al die werk soos geskeduleer, te voltooi. ✓

**(3X2)**

**(15)**



## SECTION C

### VRAAG 4

#### Stelling

- Terwyl mense in armoede leef, kan hulle nie hul volle potensiaal bereik nie, kan nie kies dat hulle wil eet, loopbaan, opvoeding, ens.
- armoede skep swaarkry en mense het nie dieselfde keuses as dié wat in beter omstandighede leef nie
- armoede beïnvloed die vermoë van mense om beter te wees of om te kies waar hulle woon, studeer of werk
- armoede verhoog misdaad en mense is nie veilig nie.

Enige TWEE relevante antwoorde. EEN punt vir stelling en EEN punt vir kwalifisering/verduideliking van stelling

2x2

#### Impak van die droogte en toegang tot water op armes;

- Arm mense kan nie water koop as daar geen water is nie
- Droogte kan lei tot werkverlies en swak ekonomiese groei - beïnvloed arm mense meer
- Lei tot ondervoeding en wanvoeding, siektes
- Sommige mense het min / beperkte toegang tot water.
- As een kraan deur baie mense gedeel word en vir drink en was gebruik word, kan die water besoedel word.

#### Enige DRIE relevante antwoorde vir EEN punt elk

#### Praktiese voorstelle vir elk van die vier groepe vir 2 punte elk

Gemeenskap: gemeenskaps tuine; Voorkom oorbevolking (2)

Regering: voorkom oorbevolking, moedig entrepreneurskap aan, gee aanloopleenings, Beperk sosiale toekennings tot 6 maande, toekenning aan slegs 2 kinders, (2)

Individu: Werk hard in die skool, groei eie groente, vrywilliger, (2)

Besighede: Vaardighedsopleiding, help intrapreneurs, (2)

### VRAAG 5

#### • Voordele van fisiese aktiwiteit.

- Bou gesonde bene en spiere;
- Verbeter spierkracht en uithouvermoë;
- Verminder die risiko om chroniese siekte risikofaktore te ontwikkel;
- Verminder stres en angs;
- Voorkom vetsug en help om gewig te bestuur.

(3)

#### • Hoe fisieke aktiwiteit verbeter skoolprestasie.

- Laat jou toe om beter te konsentreer en te fokus;
- Maak jou vars en energiek voordat jy begin studeer;

- Herbevestig jou gedagtes en help jou om duidelik te dink;
- Laat goeie suurstofvloei na jou brein toe;
- Help jou om meer ontspanne te voel;
- Deel van gebalanseerde lewenstyl.

(4)

VIER verskillende oefenprogramme wat fiksheid bevorder en voorbeelde van elk (4 x 2 punte) gee.

- **Kardiovaskulêre fiksheid**√ is wanneer jy baie bewegingsgebaseerde oefening doen om vet te verbrand. Dit sluit in aktiwiteite soos hardloop, swaar loop, fietsry, roei, swem, aerobics, klim trappe. Versterk jou hart en verbeter fiksheid vir spansport.√
- **Spierkrag**√ fiksheid is wanneer jy fokus op die bou van spiere deur te werk teen 'n krag eerder as om vet te verbrand. Jy kan dit doen deur gewigte op te tel, druk-ups, sit-ups, pull-ups en squats. Maak jou sterker, gee jou meer spierdefinisie bv. "Six-pack".√
- **Spier-uthouvermoë**√ is 'n fokus op die bou van stamina deur die hoeveelheid tyd wat ons kan oefen, te vermeerder voordat u moeg word. Dit sluit in aktiwiteite soos langafstand-, tweekamp- of triatlone, stap, langlaufloop. Goed vir algemene gesondheid en deelname aan spansport.√
- **Soepelheid**√ is 'n vorm van oefening wat daarop gemik is om soepelheid te verbeter. Dit is 'n stadiger vorm van oefening wat behels die buig van gewigte en strek van spiere. Bv. Joga, dans, gimnastiek en vechtkunste. Goed vir algemene gesondheid, bloedvloei en ontspanning.√

[15]

## VRAAG 6

### Voordele van deelname aan gemeenskapswerk

- Hoe meer jy ander help, hoe beter jy oor jouself voel (verbeter selfbewustheid en verhoog selfbeeld) lei tot selfversekerdheid oor studie en loopbaan.
- Word meer polities en burgerbewus (registreer om te stem, gemeenskapsontwikkelingsinisiatiewe, aktiewe bydraer tot uitbou van die land, ens.) Weet wat om te studeer om SA te help bou.
- Sluit die gaping tussen akademiese werk en die werklike menslike behoeftes (bied motivering deur die koppeling van teorie en praktyk).
- Sielkundige voordele: verhoog positiewe gevoel en geestesgesondheid; verminder depressie en stres.
- Sosiale voordele: Verhoog verband tussen leerders en met die gemeenskap; besorg en sorg vir ander; sin van verbintenis van wese; diversiteit omhels.
- Vaardighedsontwikkeling: kommunikasievaardighede; tydbestuur; projekbestuur; kritiese denke en probleemoplossing.

(4X2)

**Moet die behoeftes van jou gemeenskap en jou land jou keuse van beroep beïnvloed?**

- Jy moet die vaardighede opdoen met betrekking tot die behoeftes van jou land.

- Elke student moet probeer om sy of haar werk met die sosiale en ekonomiese situasie in die land te verbind.
- As jy goed in bemarking is, dink aan hoe jou loopbaan kan gebruik om jou land te bevorder.
- Dit sal help om nuwe liefdadigheidsfondse in te samel en menseleuens te red.
- Regte, loopbaan gaan nie net oor die maak van geld nie. Dit gaan ook om mense te help.

DRIE punte vir 'n goed beredeneerde antwoord

(3)

**Hoe kritiese denkvaardighede en konstruktiewe denkvaardighede kan help om 'n verantwoordelike burger te word**

- Konstruktiewe denkvaardighede is die vermoë om jou te help om nuttige, positiewe en optimistiese maniere te vind - bou 'n beter SA
- Kritiese denke stel jou in staat om duidelik te dink, om te vergelyk en om redelik te wees - te help om nie emosioneel te betrek nie, maar wees objektief en kyk wat benodig word

(2x2)

[15]

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**TOTAAL AFDELING C:30**  
**GROOT TOTAAL: 80**





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**GRADE 10**

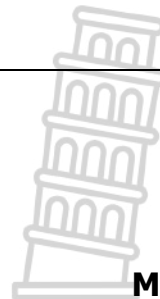
**LIFE ORIENTATION**  
**NOVEMBER EXAMINATIONS (2019)**

**DATE:** Wednesday, 22 May 2019

**TIME:** 2 hours

**MARKS:** 80

This question paper consists of 8 pages.



## INSTRUCTIONS

1. This question paper consists of three sections; namely **SECTION A**, **SECTION B** and **SECTION C**.
2. **SECTION A** and **SECTION B** are **COMPULSORY**. Answer ALL the questions in SECTION A and SECTION B.
3. **Answer any TWO questions in SECTION C.**
4. Read ALL the questions carefully.
5. Number the answers correctly according to the numbering system used in this question paper.
6. Write neatly and legibly.



**SECTION A (COMPULSORY)**

Answer ALL questions in this section.

**QUESTION 1**

1.1 Various options are provided as possible answers to the following questions. Choose the answer and write only the letter (A-D) next to the question number (1.1.1-1.1.10) in the answer book, for example 1.11E.

1.1.1 A warning sign of an abusive relationship is ...

- A. being isolated from your friends and family.
- B. being able to speak or chat to someone freely.
- C. feeling happy in your relationship.
- D. becoming emotionally independent from your partner.

1.1.2 The benefit of cardio-vascular fitness is it ...

- A. builds strong muscles and tendons.
- B. increases your range of motion.
- C. strengthens your heart and lung capacity.
- D. allows your body to twist and bend without discomfort.

1.1.3 An example of discrimination is:

- A. Your friend refuses to let you copy her assignment.
- B. You refuse to be taught by an HIV positive teacher.
- C. Your parents refuse to let you go out late in the night.
- D. You refuse to be touched by someone you are not comfortable with.

1.1.4 One way in which your friends can positively influence your life is by ...

- A. making you feel more secure because you know they understand you.
- B. accepting you because you are popular and rich.
- C. getting you involved in their activities even if you do not agree with what they are doing .
- D. making you feel that you are accepted only if you do what they tell you to do.

1.1.5 Which human right is the following referring to: "Nobody should use racist language against you, swear at you, shame you or ask you to do anything that makes you feel ashamed."

- A. Right to equality
- B. Right to citizenship
- C. Right to human dignity
- D. Right to privacy

1.1.6 Some government departments, municipalities and large corporate companies may have their own bursary schemes. Which of the following is considered **poor advice**?



- A. Make sure you know when the closing date is.
- B. Understand the application process.
- C. Know what the requirements are for the bursary you are applying for.
- D. Remember to apply in the second half of Grade 12 only.

1.1.7 The unfair treatment of a person or a group because of their religion, ethnicity or race is an example of:

- A. discrimination
- B. diversity
- C. xenophobia
- D. exploitation



1.1.8 The word that best describes “making a judgment about a person before you really get to know him/her”:

- A. prejudice
- B. discrimination
- C. diverse
- D. exclusive

1.1.9 Socio-economic factors affecting subject, career and study choices include ...

- i. accessibility.
- ii. community needs.
- iii. what your parent want.
- iv. what your friends are choosing.

The answer is:

- A. i only
- B. i and ii only
- C. i, ii and iii only
- D. i, ii, iii and iv

1.1.10 The following are examples of fair practices in sport:

- i. Taking drugs to enhance performance.
- ii. Using technology to assist umpires.
- iii. Getting spectators to cheer for their team.
- iv. Paying players to throw the game.



The answer is:

- A. i and ii only.
- B. i and iii only.
- C. ii and iii only.
- D. ii and iv only.

(10)

- 1.2 Choose a description from COLUMN B that matches an item in COLUMN A. Write only the letter (A–g) next to the question number (1.2.1–1.2.5), for example 1.2.6 J.

COLUMN A	COLUMN B
1.2.1 Game	A The ability of the body to exercise for long periods of time.
1.2.2 Physical Fitness	B Easy exercises stretches to improve blood circulation to prevent injury.
1.2.3 Sport	C An activity where you compete for enjoyment.
1.2.4 Warming up	D The ability to perform physical activities vigorously to music.
1.2.5 Muscular strength	E A low intensity or gentle activity that allows the body to go into a resting state
	F Physical Activity where people compete with each other according to agreed rules.
	G Push-ups and working with weights

(5)

- 1.3 Give the correct term for the following statements by writing only the correct answer next to the question number (1.3.1-1.3.4).

1.3.1 When people are transported illegally across international and local borders against their will so that they can be bought and sold it is called ... (2)

1.3.2. What is the term that refers to the practice of giving your time and energy willingly and for free in order to help. (1)

1.3.3 Everybody has access to enough safe, healthy and nutritious food to meet their dietary needs and preferences. (1)

1.3.4 Dibeke, jukskei and kho–kho are all examples of ... games. (1)

[5]

**TOTAL SECTION A: 20**

**SECTION B (COMPULSORY)**

Answer ALL questions in this section. In this section your answers must be written in full sentences as far as possible.

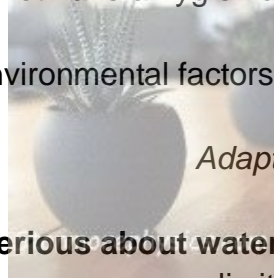
**Question 2**

Study the extracts below and answer the questions:

**Not enough water in the world**

Clean water is basic resource and a necessity for life and health. Everyone needs basic sanitation. However, worldwide:

- Over billion people do not have access to safe drinking water.
- Over two and a half-billion people do not have a hygienic way of getting rid of urine and waste.
- Up to third of disease is caused by environmental factors such as polluted water and air.



*Adapted from [www.unicef.org](http://www.unicef.org)*

**South Africa is serious about water**

We are a water-scarce country. Our water resources are limited. There is danger that areas of our country will run out of water in the next few years.

South Africa is starting a programme to conserve and expand its water sources. These will include desalination, which is taking salt out of seawater and increase of sewage cycling. Mining and industry will have to recycle the water they use.

*Adapted from [www.south Africa.info/about/sustainable water-240609.htm](http://www.south Africa.info/about/sustainable water-240609.htm)*

- 2.1 Identify THREE **social issues** that impact negatively on our local and global communities. 3 x 1 (3)
- 2.2 Illustrate THREE practical ways on how you can contribute to solving the problem of water shortage in your own community. 3 x 2 (6)
- 2.3 Evaluate TWO ways in which people will be affected if they do not have equal access to water in their community. 2 x 3 (6)

**[15]**

**Question 3**

Read the extract below and answer the questions.

Study skills and study methods are ways to help you to learn and succeed in school. They are also important general life skills. If you master them, you can achieve excellence in all you do.

Source: *Viva Life Orientation Grade 10 learner Book*

3.1 Explain THREE **study skills** that you have acquired and show how you apply these skills to help you to perform better. 3 x 3 (9)

3.2 Illustrate THREE ways in which **note-taking** serves as an effective study method to help in preparing for examinations. 3 x 2 (6)

[15]


**TOTAL SECTION B: 30**

**SECTION C**

Answer any **TWO** short essay questions in this section.

**Question 4**

Read the extract below and answer the questions.



No one is born hating another person because of the color of his skin, or his background, or his religion. People must learn to hate, and if they can learn to hate, they can be taught to love, for love comes more naturally to the human heart than its opposite.

— Nelson Mandela —

AZ QUOTES

Considering the quote by Nelson Mandela, write a critical essay in which you evaluate diversity and discrimination using the sub-headings provided below:

- THREE **emotional** effects of discrimination in a school. (3)
  - THREE advantages of diversity in a school.  $3 \times 2 = (6)$
  - THREE strategies to challenge prejudice and discrimination in your school.  $3 \times 2 = (6)$
- [15]

**Question 5**

**HEALTHY KIDS REPORT CARD 2010**  
Physical activity and physical education at schools given a **D**

Physical education classes provide an ideal way to promote health and physical activity in children and youth. However according to research, less than half of South African youths surveyed participate in enough physical activity for it to improve their health.

The diagram consists of four overlapping circles. On the left, two circles labeled 'Physical Activity' and 'Physical Fitness' are connected by two vertical double-headed arrows. Arrows from both 'Physical Activity' and 'Physical Fitness' point towards a central circle labeled 'Health'. From the 'Health' circle, three arrows point towards a final circle on the right labeled 'Academic Performance'.

Write an article to the learners in your school in which you critically discuss:

- Provide an appropriate heading for your article. 1
  - FOUR ways in which physical activities can improve your academic performance.  $4 \times 2 = (8)$
  - THREE ways in which physical activities benefit you socially.  $3 \times 2 = (6)$
- [15]

**Question 6**

“I am so nervous. I have almost completed grade 10 and I am not sure what I want to do after I have left school. I do not want to disappoint my parents.”

Lesley

Write an essay in which you advise a grade 10 learner regarding careers and career choices using the following as a guideline:

- How better self-knowledge would help her to make a correct career choice by referring to self-knowledge, talents, interests and strengths 5 x 1 (5)
- Further advise her on socio-economic factors that must be taken into consideration. 5 x 2 (10)

**[15]**

**TOTAL SECTION C: 30**

**GRAND TOTAL: 80**



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**GAUTENG DEPARTMENT OF EDUCATION**

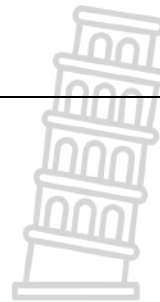
**MAY / JUNE 2019**

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**GRADE 10**

**LIFE ORIENTATION**

***MEMORANDUM***



MARKS: 80  
TIME: 2 hours

This memorandum consists of 9 pages.

**INSTRUCTIONS TO THE MARKER AS PER EXAMINATION GUIDELINES  
(PAGE 9 NO. MARKING GUIDELINE) 2014**

1. The marker should read the question paper carefully and underline/circle key instructions in questions before marking.
2. Use the memorandum as a marking guide and give credit to learners who provide well-reasoned qualified arguments and statements as expected from the questions.
3. When awarding marks in SECTIONS B and C, learners must answer in full sentences.
4. Hence, within the 3- or 4-mark questions, learners could and should be awarded 4, 3, 2 and a 1 or a 0 depending on the level of answers given.
5. In all responses produced by the learners, distinction should be made between the excellent, good, satisfactory and the poor.
6. A tick (✓) must be placed at the fact that it is being awarded.
7. A tick (✓) equals one mark.
8. Marks for sub-sections must be totalled on the right-hand side of the answer sheet.
9. Marks for each section must be totalled on the left-hand side of the answer sheet and circled.
10. The total mark for each section must be transferred to the end of the learner's script and totalled, example:  
  
A 18  
B 20  
C 20  
Total = 58
11. The final total for the question paper must be transferred to the front of the cover page. The teacher must sign and date each script marked.
12. The HOD / school moderator must clearly indicate how marks were allocated an mark in BLACK PEN.

**SECTION A:**

**QUESTION 1**

1. A ✓
2. C ✓
3. B ✓
4. A ✓
5. C ✓
6. D ✓
7. A ✓
8. A ✓
9. B ✓
10. C ✓

[10]

### QUESTION 1.2

- 1.2.1. C ✓
- 1.2.2. A ✓
- 1.2.3. F ✓
- 1.2.4 B ✓
- 1.2.5 G ✓



[5]

### QUESTION 1.3

- 1.3.1 Human ✓ Trafficking ✓
- 1.3.2 Volunteering / volunteerism ✓
- 1.3.3 Food security ✓
- 1.3.4 Indigenous ✓

2  
1  
1  
1  
[5]

**TOTAL SECTION A : [20]**

## SECTION B

### QUESTION 2

2.1 THREE social issues that impact negatively on our local communities.

- Crime
- Poverty
- Food security, food production
- Violence
- HIV / AIDS
- Safety
- Security unequal access to basic resources
- Lack of basic services (water and health services)

Any THREE relevant answers for ONE mark each.

3 x 1 (3)

2.2 Illustrate THREE practical ways on how you can contribute in solving the problem of water shortage in your own community.



- You can save water by fixing a leaking tap immediately .
- You can collect rain water and store in a clean container for use .
- You should close the tap after you finish using it to prevent waste of water .
- You should shower quickly instead of having a bath because this can save a lot of water.
- Do not leave the tap running while brushing your teeth to conserve water .
- You can join the group to petition your local municipality to provide access to clean water for all in our community.
- You can volunteer to any water saving programmes in your community to educate the people on saving and conserving water .

Any THREE relevant answers for TWO marks each

3 x 2 (6)

2.3 TWO ways in which people will be affected if they do not have access to water in our community

- Contaminated and dirty water can cause disease such as cholera that could infect the entire community
- People can fall ill if they do not have healthy ways of disposing of waste because of lack of water to dispose these in a hygienic way
- Sharing a tap with other members of the community can lead to long queues or even cause conflict because there is no other source of water and people became impatient waiting for long
- If people must get water from a common tub or container where other people also wash their clothes or bring their animals to drink, this can cause water pollution which can make people in the community sick
- If water is not accessible to the community then people may become dissatisfied and it could lead to service delivery protests which could result in damage to property, people getting hurt etc.

Any TWO relevant and complete responses for THREE marks.

2 x 3 (6)  
[15]

### QUESTION 3

3.1. Explain THREE study skills that you have acquired and illustrate how you apply these skills to help you to perform better.

- Listening is hearing and thinking what is said in the class by the teacher or during class discussion. I listen carefully to my teacher when she is teaching and ask questions if there is something in what she said that I do not understand.
- Reading with understanding helps me to learn better. I usually read slowly and look up words I do not know in the dictionary to understand the meaning so I can relate it to what I am reading and understand.
- Concentration is focusing on what I have to listen, read or study. For me to have a better concentration, I switch off my cellphone and the television while studying so that I can concentrate to my work.
- Memory is remembering or recalling what I learned. I remember things easily by first understanding the work I need to learn and reciting them repeatedly.
- Organisation and time management is avoiding time wasters to manage my time better. I draw up my personal study timetable and stick to it spend more time in subjects that I am struggling with.

Any **THREE** relevant responses for THREE marks each.

3 x 3 (9)

3.2 THREE ways in which note-taking serves as an effective study method to help in preparing for examinations.

- Taking notes is a good way to remember important concepts that the teacher has done in class.
- Taking notes helps when preparing for an exam because it also forces you to listen more carefully in class.
- Taking your own notes allows you to put concepts in your own terms, making it easier for you to understand them.
- Taking notes directly from what the teacher is teaching can help you narrow down the vast amount of material to key concepts you'll need to study later on.
- Usually, what the teacher lectures about in class is what will show up on tests so it's better to make your own notes.
- Quality notes also help you feel more organized and prepared for the examination.
- Having a sense of organization will increase your confidence, which in turn will enhance your performance on the day of the examination.

Any **THREE** relevant and complete responses for TWO marks each.

3 x 2 (6)

[15]

**TOTAL SECTION [30]**

**SECTION C**

Learners are to answer any TWO (2) questions in this section. Should the learner answer all three questions, only **the first TWO** will be marked. The remaining question should be struck out and the following abbreviation should be written 'EQ' (exceeded number of questions required).

**QUESTION 4**

- **THREE possible emotional effects of discrimination:**

- It makes people feel rejected.
- People feel that they are not good enough.
- They feel there is something wrong with them.
- It causes anxiety
- It causes stress
- It causes sadness
- It causes guilt



Any THREE relevant emotional effects of discrimination for ONE mark each.

(3)

- **Advantages of diversity could include:**


- Learners are more likely to accept diversity amongst people and understand that every person contributes in his own special way.
- Typical stereotypes are broken down as students' study, and play ball, and just talk with one another. The seeds of tolerance and respect are planted and bred in schools with diverse students.
- Learners understand that accepting differences also means that their points of view and way of life will be respected.
- Learners in diverse schools will have better skills when it comes to dealing with people of different walks of life because they grew up doing it in school.
- Classroom discussions with students from varying backgrounds are rich and dynamic fostering critical thinking skills.
- Students learn there are a range of perspectives on issues motivating them to study and thoughtfully define their own views.
- Learners will be able to cope better in a post school destination that is diverse they will be able to accept and communicate more readily than learners who were not exposed to a diverse school.
- Learners learn to appreciate what makes diversity a good thing (more points of view and variety) instead of shunning people that are not like them.

Any THREE relevant advantages for TWO marks each.

3 x 2 = (6)

- **Strategies to challenge prejudice and discrimination could include:**

- Learners should be given the opportunity do work together

- 
- and get to know each other's way of life/ beliefs etc. □
  - Learners of different cultures, religions and backgrounds should be encouraged to communicate about their differences □ in an open and non-judgemental way. □
  - Schedule a day where learners get the chance to share their cultures □ with each other by preparing food etc. □
  - When conflict occurs it is important that the school management deals with it □ speedily and fairly. □
  - Certain subjects could address the issues of prejudice and discrimination □ and the effects of it. □
  - Recent and topical event for example the xenophobic attacks □ could be discussed and related to the bill of rights. □
  - All students and staff should be treated fairly □ so that learners are taught about equality □
  - Schools should ensure equal access to opportunities □ so that no learners feels discriminated against. □
  - Equip learners and staff with the skills to challenge inequality and discrimination □ in any environment in the future. □
  - School could ensure that school policies, procedure and processes don't discriminate □ against any of the staff and learners □

Any THREE relevant strategies for TWO mark each.

3 x 2 = (6)  
[15]

## QUESTION 5

ONE mark is given for a heading that is appropriate.

1

- **FOUR ways in which physical activities improve your academic performance:**
  - The blood flow to the brain is generally better □ Therefore you will be able to think more clearly. □
  - You are less likely to become depressed due to serotonin levels released during exercise □ therefore your academics will not suffer □
  - You will have more energy □ to study and pay attention in class □
  - Physical activity reduces stress and anxiety □ thus you will be able to focus on your studies □
  - Physical activities make you feel more confident in general □ this confidence can flow over into your studies. □
  - Being physically active will boost your immune system and increases general well-being (resistant to illness) □ this will ensure that you are healthy enough to attend classes and study □
  - You have more energy □ so you will work more effectively and efficiently □

- Exams are very stressful, and the anxiety can affect performance □ physical activities help release stress and can affect performance positively □
- Any FOUR relevant responses for TWO marks each. 4 x 2 = (8)

● **THREE ways in which physical activities benefit you socially:**

- Physical activities that are recreational are often done with other people □ therefore it encourages people to socialize with people they normally would not have □
- Physical activities release endorphins during exercise □ this creates a feeling of wellbeing (this is a social benefit also) □
- It raises self-esteem □ and this will help you in a social environment □
- If you belong to a team that has targets and goals □ it helps you with your communication and social skills □
- Physical activities help with weight control □ and this will affect your self-esteem which will affect how you relate to your peers. □

Any THREE relevant responses for TWO marks each.

3 x 2 = (6)

[15]

**QUESTION 6**

● How self-knowledge would help a learner make a better career choice:

- Self-knowledge can be defined as having a clear and accurate perception of *who you are* – including your **strengths**, capabilities, character, feelings and motivations.
- **Aptitudes** are objectively-measured natural **talents**. They reveal a person's *potential to acquire the skills* needed to perform various tasks competently.
- **Interests:** By discovering what you're interested in, you become aware of what *motivates* you. Knowing your **interests** can lead you to the careers and educational possibilities that are most meaningful for you.
- Career satisfaction is highest when you're able to perform tasks that utilize your natural **strengths** and appeal to your interests.

Any TWO relevant responses for TWO marks each

1 x 5 (5)

● TWO socio economic factors that must be considered:

- **Finances** and affordability is one factor that can impact in your future choice of career because studying at HEIs can be costly . If your parents or guardian cannot afford to send you to HEI you can explore different possibilities on financial assistance such as loan,

- **Accessibility** is another socio-economic factor that has an impact in your choice of career because you need to check where you will go to study, whether locally or in another place for your convenience . If you must study far from home, can you afford the transportation of the accommodation cost or find out what other options you must study for your chosen course like distance learning.
- **Stereotyping** can also impact to careers and can limit the careers you think are possible because of your family . If you are a male and want to be a nurse or a female and want to be an engineer your family may think that most nurses are female and most engineers are male so you have to make a decision whether you will stop from following the career that suits your interest and abilities.
- **Income tax** has an impact to your salary package because you must pay for what you have earned and the profits you have made. You must think if you will have any tax advantage should you decide to own the business or how you will pay your tax if you have your own business and how much income tax you have to pay because the higher your salary is the higher will be you paying your income tax.
- **Community needs** should be considered as opportunities may be more where there are needs and will help you consider careers you previously have not heard considered.

**TWO** relevant responses for **THREE** marks each.

5 x 2 (10)  
[15]

**TOTAL SECTION: [30]**

**GRAND TOTAL: [80]**



**CENTURION CLUSTER PAPER**

Stanmorephysics.com

**GRADE 10**

**LIFE ORIENTATION  
END OF YEAR EXAMINATION 2018**

**DURATION: 2 HOURS**

**TOTAL MARKS:**

**[80]**

This question paper consists of 8 pages

# ANSWER SHEET

Write your answers for SECTION A on the this Answer sheet

## QUESTION 1

1.1	
1.2	
1.3	
1.4	
1.5	
1.6	
1.7	
1.8	
1.9	
1.1 0	

YOUR NAME:

--

Teacher/Combo:

--

*Section A*

--

*Section B*

--

*Section C*

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## QUESTION 2

2.1	
2.2	
2.3	
2.4	
2.5	
2.6	

## INSTRUCTIONS AND INFORMATION

1. This question paper consists of three sections. Section A, B and C.
2. Section A and B are compulsory. Answer all questions from Section A and B.
3. Answer only TWO (2) questions from Section C.
4. Read ALL the questions carefully.
5. Number the answers correctly according to the numbering system used in this question paper.
6. Write neatly and legibly
7. Answer in your own words. Do not quote from the text unless specifically instructed to do so.

### PLEASE NOTE:

A cover page appears at the end of this question paper.  
Fill in your details in the spaces provided  
Detach the cover page  
Staple your loose answer sheets to this cover page.  
Hand it in to the invigilator at the end of the examination session



**SECTION A**

**1.1 “Self-esteem” refers to:**

- A. the way in which individuals perceive themselves in terms of their abilities, limitations and strengths.
- B. the way significant others feel about your abilities, limitations and strengths
- C. the individual’s positive relationships
- D. how the individual satisfies the needs of others

**1.2 Gender refers to:**

- A. being male or female
- B. biological identity, for example, reproductive organs
- C. sexual orientation
- D. none of the above

**1.3 The Bill of Rights is:**

- A. a list of freedom and rights guaranteed to all people in a country
- B. the right to do what you please
- C. the constitution
- D. set of gender laws



**1.4 Xenophobia is an intense fear or dislike of:**

- A. foreign people
- B. foreign culture
- C. foreign customs
- D. all of the above

**1.5 Which of the issues below is not a contemporary social issue?**

- A. Poverty
- B. HIV and Aids
- C. Violence
- D. Ecological disasters

(5x1)

1.2 Give **ONE** word/term for EACH of the following descriptions. Write only the word/term next to the question number (1.2.1 to 1.2.5).

1.2.1 The ability to move your joints and use your muscles through their full range of motion (1)

1.2.2 Something that attracts your attention and makes you want to learn more about it or to be involved in it (1)

1.2.3 Illegally buying people and selling them, especially in another country (1)

- 1.2.4 Natural substances that are produced in the body and that influence the way the body grows or develops (1)
- 1.2.5 A job that is very suitable for particular people; a specialized job that requires unique skills and knowledge (1)
- 1.3 Answer the following questions by writing your answers in full sentences.
- 1.3.1 Name TWO of the things that may happen to you if you do not follow the trends and demands of the job market (2x1)
- 1.3.2 Why is it important for you to know more about other religious? (2x1)
- 1.3.3 Discuss the benefit of orienteering (1x2)
- 1.3.4 Explain TWO ways in which critical thinking can help you. (2x2)



TOTAL FOR SECTION A: {20}

## SECTION B

### QUESTION 2

Read the following extract and answer the questions that follow in full sentences.

There are more than 1.2 million people in South Africa living with HIV. While the rate of new HIV diagnoses has been falling steadily over the last decade, it remains critical that we keep talking about it—particularly given the fact that one in eight people who have HIV don't even know it. Chelsea White

“When I walked into the room, the first thing I noticed was that these people didn't look like me,” says Chelsea White, recalling her first group session with other HIV-positive patients. “They looked like what I thought HIV was—people in recovery from IV drug use, street walkers, and gay men. They didn't look like me, a young, vibrant, educated woman.” Chelsea, a 30-year-old youth program manager tested positive for HIV when she was 20 years old. After being in a monogamous relationship through her high school and university years and testing negative multiple times throughout the relationship, Chelsea and her boyfriend both tested positive.

Anon

- 2.1 Define the term discrimination. (2)
- 2.2 Name **TWO** campaigns and explain how they protect citizens. 2+4(6)
- 2.3 Discuss effects of discrimination against people who are HIV positive or living with AIDS. 2X2 (4)
- 2.4 Give **THREE** rights that people living with HIV and AIDS have. 3x1(3)

[15]

**QUESTION 3**

Read the following extract and answer the questions that follow in full sentences.



‘Sex-testing’ rules on testosterone levels in female athletes disproportionately affect athletes from the global south

“I am unable to understand why I am asked to fix my body in a certain way simply for participation as a woman.” This was the reaction of Dutee Chand, an Indian sprinter, to being banned from competition in 2014 under a regulation from the International Association of Athletics Federations (IAAF),

the governing body for track and field, that limited women’s natural testosterone levels. She courageously and successfully challenged it, arguing that the regulation, which would require her to undergo medically unnecessary interventions, was both unfair and coercive, adding that she was born, brought up, and identifies as a woman.

Photograph: Athit Perawongmetha/Reuters

- |            |   |               |
|------------|---|---------------|
| <b>3.1</b> | Define the term bias.   | <b>(2)</b>    |
| <b>3.2</b> | Identify and explain the type of discrimination identified above? | <b>1+2(3)</b> |
| <b>3.3</b> | Recommend TWO ways in which bias in sport can be redressed.       | <b>2x1(2)</b> |
| <b>3.4</b> | Discuss TWO unfair practices in sport                             | <b>2x2(4)</b> |
| <b>3.5</b> | Explain the impact of unfair practices in sport on those involved | <b>2x2(4)</b> |

**[15]**

**TOTAL FOR SECTION B: {30}**



**SECTION C**

**QUESTION 4**

Your responses must consist of paragraphs. Marks will only be allocated for responses written in full sentences.

**Read the following extract and answer the questions that follow in full sentences.**



Religious freedom means the right to express one's religious belief or philosophical convictions, both in private and in public, individually or jointly with others, freely in the form of teaching, practice, worship and observances. The right to freedom of religion includes the right to receive religious teaching, training and instruction on a voluntary basis. It also includes the right to produce religious publications and other materials and to disseminate them. This is a civil right and, therefore, the state should not advance nor inhibit religion but rather assume a position of fairness.

Anonymous

**Write paragraphs on multi-religion**

Use the following as a guideline:

- Define the term multi-religion (1)
- Explain why it is so important to recognize and understand the different religions in our country. 4x2 (8)
- Recommend THREE ways we can promote understanding about and tolerance towards the different religions 3x2 (6)

**[15]**

### QUESTION 5

There is no such thing as a 100% secure and stable career. However, this is an exciting challenge. It can motivate you to get the best qualifications and training and become an expert in what you do. It is important to develop scarce and critical skills. You should know the niches in the job market. It is very important to follow the trends and demands of the job market. A big driver of change is globalization.

*Anonymous*

#### Write paragraphs on job market.

Use the following as a guideline:

- Define the concept “niche” and explain why you think it is important to know what the niches are in a job market 1+2(3)
- Discuss current trends in the global career market. 3X2(6)
- Evaluate how globalisation could affect your future career prospects. 3X2(6)

[15]



## QUESTION 6

### Adolescent Sexuality: Talk the Talk Before They Walk the Walk

In today's hyper-sexualized culture of Internet sites, mass media entertainers, and 24/7 programming, the traditional "birds and bees" lecture (or pamphlet handed to the child to read on her or his own) on reproductive basics is completely inadequate. Carefully preparing children for the normal changes in their bodies as well as the endless assault of peer pressure, media glorification of irresponsible sexuality, and advertising come-ons is the only way to create a sense of security for parents and children alike.

"The most important thing to teach your child is responsibility," Dr. Seigel says. "Discuss how to make decisions and understand what the consequences of decisions will be. You can start by discussing decisions and consequences that don't involve sex, and then move the conversation toward sexuality. After all, there are consequences to having sex or not having sex, and every child is going to get a lot of misinformation along the way from their peers and the media."

*Adapted from [www.healthychildren.org](http://www.healthychildren.org)*



Write paragraphs on VALUES, RIGHTS and STRATEGIES when it comes to RESPONSIBLE SEXUALITY. Use the following as a guideline:

- Define the terms *values* and *strategies* (2)
- Explain ONE value that is important to you when it comes to responsible sexuality, and mention how it is evident in your life. (3)
- Explain TWO rights that are important to teenagers when it comes to responsible sexuality and discuss how they are evident in your life. (6)
- **Other than using contraceptives**, give advice (FOUR points) to teenagers on how to be more responsible when it comes to having sex. (4)

[15]

**TOTAL FOR SECTION C: {30}**  
**GRAND TOTAL {80}**



# MARKING GUIDELINES

GRADE 10

## LIFE ORIENTATION YEAR END EXAMINATION 2018

**DURATION: 2 HOURS**

**[80]**

**TOTAL MARKS:**

This marking guideline consists of 6 pages

**SECTION A**

- 1.1.1 B
- 1.1.2 D
- 1.1.3 A
- 1.1.4 D
- 1.1.5 B 5

- 1.2.1 Flexibility
- 1.2.2 Interests
- 1.2.3 Human trafficking
- 1.2.4 Hormones
- 1.2.5 Niche job 5

- 1.3.1 One mark each for two of the following answers
  - Spend years and a lot of money training for a career that is no longer in demand.
  - Find that your work suddenly moved to another country
  - Not have the marketable skills to get a job1

1.3.2 The more we know about other religions the more we will understand them and we will also understand that they have the same qualities as us (1)

1.3.3 It help with endurance, clever thinking and physical fitness (2)

- 1.3.4 Two of the following answers for two marks each (2)
  - don't allow your emotions to rule your actions and decisions.
  - You do not act in a hasty, no thinking way
  - use the part of the brain where you analyses and think about problems, before you react.
  - Are able to think about the effects of your actions for now and later, and for yourself and others.
  - Or any other relevant answer.

**SECTION B**

**2.1 Define the term discrimination.** (2)

- The unjust or prejudicial treatment of different categories of people, especially on the grounds of race, age, or sex.
- Unfairly treating a people or group of people differently from other people or groups of people

**2.2 Name TWO campaigns and explain how they protect citizens. 2+4 (6)**

- **16 Days of activism:** Is a campaign against women and children abuse, that challenges South Africa to declare an end to violence against women and children for 16 days and to make this peace permanent.
- **Treatment Action campaign:** Is a large human rights advocacy organization.
- It provides people living with HIV their families and caregivers with accurate information about life saving medicines and treatment.

**2.3 Discuss the effects of discrimination against people who are HIV positive or living with AIDS. 2X2 (4)**

- People living with HIV and AIDS may be scared to go for treatment and to tell others about their illness
- This can lead to HIV and AIDS and secondary infections such as TB spreading much more, because are not getting proper treatment
- Many people have died unnecessarily because of discrimination and stigma or the fear of stigma
- Some people fear rejection so they therefore decide to live in isolation without getting treatment an resulting in death

**2.4 Give THREE rights that people living with HIV and AIDS have 3X1 (3)**

- The right to privacy
- Right to health care
- Right to human life and dignity
- Privacy
- Freedom of expression
- Freedom of association

**Or any other relevant answer [15]**

**QUESTION 3**

**3.1 Define the term bias (2)**

- The action of supporting or opposing a particular person or thing in an unfair way, because of allowing personal opinions to influence your judgment
- Believing that some people, idea's etc are better than others; this believe usually results in treating some people unfairly

**3.2 Identify and explain the type of discrimination identified above? 1+2 (3)**

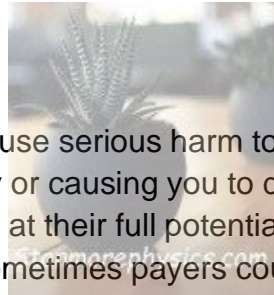
- **Sexist :** Sexism is prejudice or discrimination based on a person's sex or gender. Sexism can affect anyone, but it primarily affects women and girls. It has been linked to stereotypes and gender roles, and may include the belief that one sex or gender is superior to another.

**3.3 Recommend TWO ways in which bias can be redressed. 2X1 (2)**

- Putting pressure on sport commentators and sponsors to be more inclusive of women's sports
- Reporting bias behavior to local sports councils.
- Avoiding buying products of brands that sponsor or showcase only male sports.

**3.4.1 Discuss TWO unfair practices in sports. 2X2 (4)**

- **Drug-taking:** When sports use drugs, they give themselves an unfair advantage over their competitors.
- **Match-fixing:** When players and administrators decide before the time who will win or lose the game



**3.4.2 Explain the impacts 2X2 (4)**

- Drugs are dangerous, they could cause serious harm to your body, some drugs can damage your body permanently or causing you to die.
- This could cause players not to play at their full potential as they would know if their team is going to win or lose, sometimes payers could have fights between their games and this will impact on their sportsmanship.

**TOTAL: [15]**

**SECTION C**

**QUESTION 4**

Write a short essay on multi-religion in which you include the following:

**Define the term religion (1)**

An organised system of beliefs, ceremonies and rules used to worship a god or a group of gods

**Explain why it is so important to recognize and understand the different religions in our country. (4x2)(8)**

We are a diverse people living in South Africa. ✓ There are many different religions and belief systems. ✓

People's religions are an incredibly personal thing. ✓ These beliefs run deep inside people and for many it forms the basis of their lives. ✓

If these beliefs are not recognised or respected it can be incredibly difficult and insulting for people. ✓ The disrespect felt can have consequences on people's behaviour and health. ✓

If we are to really understand somebody else and to really respect them then we need to understand their basic beliefs – their understanding of purpose and why we are here. Understanding and accommodating this shows respect and sensitivity. ✓

**Recommend THREE ways we can promote understanding about and tolerance towards the different religions** (3x2)(6)

- Have different religious organisations and faith systems present devotions at schools. ✓ Allow them to take turns and have one devotion per week. This will provide a continuous education for the youth. ✓
- Have more faith leaders coming together to try to address issues in society. ✓ When our leaders work together we are more likely to feel like we can work together as one and this creates good social cohesion and tolerance. ✓
- Encourage inter-faith get-togethers. ✓ The more we interact with each other the more tolerant we are of each other. ✓
- Inter-faith services or meetings to deal with issues in communities. ✓ It could also simply be religious organisations opening their doors to others and inviting them in to experience and learn about the religion. ✓

**QUESTION 5**

Write an essay in which you do the following:

**Define the concept “niche” and explain why you think it is important to know what the niches are in a job market** (1+2)(3)

- Niche Job – a job that is very suitable for particular people ✓
- A job that requires unique skills and knowledge ✓
- Know about these niche jobs can help inform you study plans ✓ Help ensure employment ✓ develop your career and develop financial success ✓

**Discuss current trends in the global career market.** (3x2)(6)

- diverse work force, ✓ with workers from different countries and cultures who have different skills ✓
- A dynamic ever-changing job market ✓ - needs to change with the necessary needs of people ✓
- Out- sourcing ✓ - getting people from outside companies to do work ✓
- Increased use of internet and information technology ✓ fast communication and access to information regarding markets ✓

**Any THREE or any other relevant answer for TWO marks each. (3x2) (6)**

**Evaluate how globalisation could affect your future career prospects. (3x2) (6)**

- Greater competition for posts ✓ lesser changes of getting a post ✓
- More job opportunities available, ✓ may apply anywhere (i.e. overseas) ✓
- You can work for overseas company, ✓ but still live in your country because of information technology ✓

**Any *THREE* or relevant answer for *TWO* marks each [15]**

### QUESTION 6

**Define the terms *values* and *strategies*. (2x2)**

Values: What you see as important

They guide you in your decision-making

Strategies: Methods/tactics that guide your actions/tell you how to do something

**Explain *ONE* value that is important to you when it comes to responsible sexuality, and mention how it is evident in your life. [3]**

ANY ONE:

Value: Respect for self and others

Explanation: If you respect yourself and others, you will protect yourself against risky behaviour Example from own life: Any applicable personal example

OR

Value: Abstinence

Explanation: Abstinence means to abstain from sexual intercourse or full penetrative sex Example from own life: Any applicable personal example

OR

Value: Self-control

Explanation: Power over one's sexual urges

Example from own life: Any applicable personal example

**Explain *TWO* rights that are important to you when it comes to responsible sexuality and discuss how they are evident in your life. [6]**

➤ Right: Right to privacy

Explanation: Every teenager needs privacy. You want to explore your body changes, sexual development and feelings

Example from own life: Any applicable personal example

OR

- Right: Right to protect oneself

Explanation: You have the right to fight off a sexual assault, report it and to stay away from people who touch you in a bad way

Example from own life: Any applicable personal example

OR

Right: Right to say no

Explanation: Your body is your private property and nobody should violate it without your consent

Example from own life: Any applicable personal example

**Other than using contraceptives, give advice (FOUR points to teenagers on how to be more responsible when it comes to having sex. (2x1) [4]**

- Know the sexual history of your sexual partners
- Abstain from sex
- Remain faithful to one sexual partner
- Get tested for STIs regularly

(ACCEPT OTHER PLAUSIBLE POINTS)

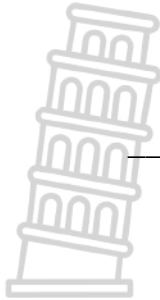


[15 MARKS]

**TOTAL FOR SECTION C: {30}**

**GRAND TOTAL {80}**





## LIFE ORIENTATION

### GRADE 10 END OF YEAR EXAM (2015)

**MARKS: 80**

**TIME: 1½ HRS**

**INSTRUCTIONS:**

1. Read all instructions carefully before answering the questions.
2. Answer the questions as follows:
  - Section A (20 marks) and B (30 marks) are **COMPULSORY**.
  - Section C (30 marks) consists of 4 questions – answer only **THREE** questions from this Section.
3. Work neatly and legibly.
4. Number your answers correctly.
5. Use the allocated time effectively.

This Question Paper consists of 7 pages (including cover)



**SECTION A: COMPULSORY**

Answer ALL the questions in this section

**QUESTION 1**

From the four possible answers given, choose the correct answer by writing the correct letter only.

1.1 The tax that all individuals must pay on what they have earned on the profits they have made.

- A. Provisional tax
- B. Income tax
- C. Pay as you earn
- D. Dividend tax



(1)

1.2 Prejudice is

- A. to have a preference that prevents people of goodwill to have courage to do good
- B. For a person to be kept down by unjust use of force or authority
- C. Discrimination based on a person's race
- D. Judging people on the basis of untruths and differences

(1)

1.3 A group of occupations with common skills knowledge and work settings is a /an \_\_\_\_\_

- A. occupation
- B. career
- C. career field
- D. job

(1)

1.4 A person who likes routine and rules and prefers to be a follower, rather than a leader, has the following personality type:

- A. Realistic
- B. Conventional
- C. Investigative
- D. Social



(1)

1.5 The first step to discover who you really are is called \_\_\_\_\_

- A. Self-awareness
- B. Self esteem
- C. Self-development
- D. Self-confidence

(1)

1.6 The following are socio-economic factors that affect study and career choice.

Which one does not fit here?

- A. Community needs
- B. Stereotyping
- C. Subject choice
- D. Finances

(1)

1.7 Four aspects that make up a balanced fitness programme are cardiovascular fitness, muscular strength, flexibility and

- A. Muscular endurance
- B. Muscular flatness
- C. Exercise
- D. Running

(1)

1.8 This type of learning results from experience of daily work-related, social, family, hobby or recreation activities?

- A. Formal learning
- B. Informal learning
- C. Non-formal learning
- D. None of the above



(1)

1.9 Which statement best describes primary economic sector?

- A. Jobs in this sector involve taking raw materials from nature and making them into basic foods and products
- B. People who work in this sector take materials and make them into goods that can be sold
- C. People who work in this sector provide services to people and businesses
- D. None of the above

(1)

1.10 The following is\are example\s of unfair practices in sport:

- A. drug taking
- B. match fixing
- C. subjective umpiring
- D. all of the above

(1)

**[10]**



**QUESTION 2**

Read the following statements carefully and indicate whether they are true or false. Clearly indicate “True” or “False” next to the number of each question. Give a reason if the statement is False.

- 2.1 Human rights are universal.
- 2.2 Poverty leads to lack of freedom.
- 2.3 Our constitution only allows fair discrimination such as Affirmative Action.
- 2.4 Social thinking skills are used as a guide to societal behaviour and expression

[5]

**QUESTION 3**

Give one word for the following statement

- 3.1 Overusing or being addicted to drugs medication or alcohol. (1)
- 3.2 Redressing the situation whereby the poor and disadvantaged often suffer most from discrimination and a lack of access to services and infrastructure. (1)
- 3.3 Knowing who you are, what interests you, what your strengths and weaknesses are. (1)
- 3.4 To influence in an unfair way, or to have a preference that prevents you from looking at the facts. (1)
- 3.5 The life domain responsible for how well you take yourself. (1)

[5]

**[TOTAL FOR SECTION A: 20]**

**SECTION B: SHORT QUESTIONS (COMPULSORY)**

**QUESTION 4**

Read the scenario below and then answer the questions.

Ever since Felicity was in Grade 10, she has had a passion for cars. She is now in Grade 12 and plans to study to become a motor mechanic next year. Her mother said to her that being a motor mechanic is a man’s job and that she should rather find a job as a secretary after Grade 12. Her father said that people, especially

men would not allow her to work on their cars. Her parents also informed her that there was no money for her to study, as they were already paying for her brother's university fees. Her friends said to her that she should just marry a rich guy and have lots of babies.

- 4.1 Explain what "stereotype" means and give an example of a stereotype. (3)
- 4.2 Why did Felicity want to become a mechanic? (2)
- 4.3 In which career field would a mechanic be? (2)
- 4.4 Critically evaluate the stereotype people have about any two careers and explain why you think people have such stereotypes (4)
- 4.5 Suggest two ways in which stereotypes could be opposed (4)

[15]

### QUESTION 5

**For about R300 you can buy an African child – one of the tens of thousands of children snatched from their homes across the continent by terrorist groups.**

The children are forced to become soldiers, sex slaves, wives or spies or butchered for their body organs. Worsening conflicts from the Great Lake Region northwards are driving the hunt for children by groups such as Islamic State, Boko Haram and Al Shabab.

Rachel Ward, a researcher at the SA Human Rights Commission said: "We are worried about the link between human trafficking and financing of terrorism. Under the anti-terrorist financing regulations, money-laundering refers only to money illicitly gained and passed through legitimate channels. "But terrorist activity tends to be funded through other illicit means, such as human trafficking", she said.

Monique Emser, a Free State university researcher, said the Human Trafficking Awareness Index showed a growing link between terrorism and human trafficking. She said conflicts in countries such as Mali, the Central African Republic, Nigeria, South Sudan, Somalia and in the Middle east, bolstered the trafficking of children for recruitment as soldiers.

- 5.1 Define the term human trafficking. (2)
- 5.2 List Four human rights that are being violated through human trafficking. (4)
- 5.3 According to the article, children are being exploited.  
State three reasons why they are being exploited. (3)
- 5.4 In your opinion, how can human trafficking be decreased or lessened?

(Mention four ways)

(4)

- 5.5 Children are amongst the most vulnerable when it comes to human trafficking. Do you Agree or disagree with this statement? Provide a reason for your answer

(2)

[15]

### SECTION C [ESSAY TYPE QUESTIONS]

ANSWER ANY THREE QUESTIONS FROM THIS SECTION.

In 10 – 20 lines discuss the issues raised below.

#### QUESTION 6

Describe the concepts of power relations and discuss the effect of unequal power on relationships.

(10)

#### QUESTION 7

Christianity and Islam are the two fastest growing religions in South Africa since South Africa became a democracy. In short discuss these two religions by showing their major beliefs.

(10)

#### QUESTION 8

Teenage pregnancy in our schools is spiraling out of control. This shows that society in general is failing our children on many fronts. Why are so many teenagers falling pregnant these days. Why is it happening at this rate?

Discuss this problem and explain the causes of teenage pregnancy in South African schools.

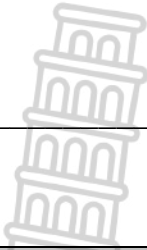
(10)

#### QUESTION 9

“The way the media report on sport needs to be carefully analysed and critically evaluated. This will also help to redress or stop bias”.

In short discuss measures that can be taken to address bias in sport.

(10)



**MEMORANDUM (REVISED)**  
**LIFE ORIENTATION, GRADE 10, FINAL 2015**

QUESTION 1	QUESTION 2	QUESTION 3
1.1 B✓	2.1 TRUE✓	3.1 Drug abuse✓
1.2 D✓	2.2 TRUE	3.2 Social justice✓
1.3 C✓	2.3 FALSE It also takes unfair discrimination into account✓	3.3 Self-knowledge✓
1.4 B✓	2.4 TRUE✓	3.4 Bias✓
1.5 A✓		3.5 Being✓
1.6 B✓		
1.7 A✓		
1.8 B✓		
1.9 A✓		
1.10 D✓		
<b>(1x10)</b>	<b>(1x5)</b>	<b>(1x5)</b>

**QUESTION 4**

**4.1 Explain what “stereotype” means and give an example of a stereotype. (3)**

A stereotype is believing that all people or things with the same characteristics are the same✓✓

e.g. All women are bad drivers / All soccer fans are hooligans. ✓

**4.2 Why did Felicity want to become a mechanic? (2)**

She has always had a passion for cars✓✓

**4.3 In which career field would a mechanic be? (2)**

Transport✓✓

**4.4 Critically evaluate the stereotype people have about any two careers and explain why you think people have such stereotypes (4)**

Pilot – people believe that men are more intelligent than women and would be able to handle emergency situations better✓✓

Home maker – People believe that only women can cook and clean and that it is easy work for a woman to do✓✓

**4.5 Suggest two ways in which stereotypes could be opposed (4)**

- Make people aware by educating them✓✓

- conduct interviews with women in so called men positions to prove that women are just as good as men ✓✓
- promote the careers that are stereotyped so that more women can follow the career and therefore break the stereotype. ✓✓ (ANY TWO)

[15]

### QUESTION 5

#### 5.1 Define the term human trafficking? (2)

The global illegal transport of people across international and local borders. Being taken against your will or tricked / sold to criminals ✓✓

#### 5.2 List four human rights that are being violated through human trafficking. (3)

Right to Freedom ✓ / Right to Life ✓ / Dignity / Equality Children's rights ✓ / slavery and forced labour ✓ (any 3)

#### 5.3 According to the article, children are being exploited. (3)

State three reasons why they are being exploited

For the purpose of exploitation:

which includes exploiting the prostitution of others ✓, sexual exploitation ✓, forced labour ✓, slavery or similar practices ✓ and the removal of organs ✓

#### 5.4 In your opinion, how can human trafficking be decreased or lessened? (4)

Educate people about human trafficking by teaching them in schools ✓, or having an advertising campaign ✓

Be cautious; know the people your deal with ✓ have the right documentation ✓

Always have a schedule that other people are aware of when travelling. ✓

Be smart when using technology. Check that companies are legit ✓

**Consider reasonable answers and practical solutions**

#### 5.5 Children are amongst the most vulnerable when it comes to human trafficking. Do you agree or disagree with this statement? (2)

Provide a reason for your answer.

Yes (no mark for Yes / No) reason must be valid i.e.: they are easily influenced / not educated / easily caught up in the moment / easy to manipulate / easy to grab. ✓✓

### QUESTION 6

- **Power Relations** are the sharing of power between people in a relationship.
- In unequal power relationship one person has power to either or deny something to the other person.
- The person who is less dominant or submissive is the one who is abused.

- Women suffer a lot because they are encouraged to be submissive to men.
- This is because men are physically stronger than women.
- In some cultures woman are also encouraged to their husbands.
- In unequal power relationships, men often use money, violence, emotion, emotional abuse and sexual intimacy to control women. (10).

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### QUESTION 7

#### Islam

The word Islam means submission to God , peace and a way to peace  
The followers of Islam are called Muslims  
Islam is also a monotheistic religion  
Muslims believe that there can only be one God called Allah  
Muhammad is seen as the last prophet and a messenger of God  
There are various sources of Islamic law called Sharia law.  
The Koran is a religious book that encourages Muslims to live a life of moral virtue.  
The sunna, which is the traditions or practices of the prophet Muhammad. (5)

#### Christianity

Christianity is also a monotheistic religion  
Its roots are in the Old and the New testament  
It teaches that Jesus Christ is the son of God  
Christians commonly refer to Jesus as the Messiah  
They believe that God sent Jesus Christ to earth to save them from their sins and give them eternal life after death  
Christians look the ten commandment (5)

### QUESTION 8

- Peer pressure
- Lack of information on sex and conception, that is, birth control and prevention
- Poverty
- Rape
- Wishing to have a baby to feel loved and have somebody to love, but not wanting the baby once it is born because you are not ready for such a responsibility.
- Thinking that having a child will keep a relationship going strong or force a marriage
- Being forced to get pregnant because there is no choice due to gender inequality; it was the man's decision.
- The government's child support grant.
- Sex education has failed in schools
- There is a breakdown of cohesive family structures. (10)

**QUESTION 9**

- We need to speak up and report bias in sport - We need to write letters to newspapers speak about bias on call in radio programmes, post comments on websites or report bias to our local sport councils.
- We can also avoid buying products of brands that sponsor or showcase only male sports.
- We need to put pressure on sports commentators and sponsors to be more inclusive of women's sport.
- We must identify the bias in sport, so that we can be aware. (we can compare the coverage given to men and women's events)
- We need to support all sporting codes equally. (e.g. indigenous games were marginalised during the apartheid years. But now the government has ensured that our indigenous games are given more attention

**(10)**



**TSHWANE SOUTH DISTRICT**



**LIFE ORIENTATION**

**GRADE 10  
END OF YEAR EXAM (2017)**

**MARKS: 80**

**TIME: 2 HRS**

**NAME:** \_\_\_\_\_

**CLASS:** \_\_\_\_\_



Questions	Marker's marks & Initials		School Moderator's marks & Initials		District Moderator's marks & Initials	
1						
2						
3						
4						
5						
6						

**INSTRUCTIONS**

Answer the questions as follows:

Section A and B are COMPULSORY.

Section C consists of 3 questions – answer only TWO questions from this Section.

Work neatly and legibly.

Use the allocated time effectively

Section B & C should be answered on a separate page  
Submit both question paper and answer sheet after writing



**SECTION A**

**Question 1: Multiple choice**

Choose the **most correct** answer and write only the letter (A-D) next to the question number on your on the answer sheet provided..

1.1.1 Power relations imply:

- A) Control or authority over another person
- B) Not having equal power in a relationship
- C) Sharing of power between people in a relationship
- D) Decision-making not always shared (1)

1.1.2. To support, encourage and give praise to others is to

- A) affirm others
- B) be assertive
- C) be self-aware
- D) reflect on others (1)



1.1.3 Gender refers to:

- A) Being male or female
- B) Masculinity
- C) Sexual orientation
- D) Femininity (1)

1.1.4 The government uses tax contributions from working individuals, businesses and companies to:

- A) finance the disabled
- B) finance students who cannot afford to pay college and university fees
- C) run the country and pay for infrastructure
- D) all of the above (1)

1.1.5 The African traditional religious belief system can be summed up as follows:

- A) The goal of life is to realize the supreme soul as the innermost core of one's own identity
- B) The principle beliefs are in the Ten Commandments
- C) It centers on the belief in God and the Creator through the power and appeasement of ancestors
- D) Belief in the trinity: the Father, the Son and the Holy Spirit (1)

**[5]**

Question	1.1.1	1.1.2	1.1.3	1.1.4	1.1.5
Answer					

**1.2 Give one word or phrase for the following statements**

1.2.1 Working on behalf of others without payment for your time and services. (1)

1.2.2 Careers where there are few or no qualified and experienced people to do the work (1)

1.2.3 Communication, problem solving, decision making and leadership (1)

1.2.4 The natural abilities you were born with (1)

1.2.5 Unjust and unfair treatment of others based on their religion, race and color. (1)

**[5]**

**1.3 Answer the following questions in a phrase or sentence**

1.3.1 Define social justice. (2)

1.3.2 What is the difference between study methods and study skills? (4)

1.3.3 How can bias in sport be addressed, suggest three ways to address it. (3)

1.3.4 What is meant by “Monotheistic religion”? (1)

**[10]**

**Total Section A: [20]**

**SECTION B: COMPULSORY**

Answer ALL the questions in this section. Write in **full sentences**.

**QUESTION 2**

Read the following extract below and answer questions that follow.

Every year around April 15, you'll hear adults of all ages groan about "tax day." That's because federal and state income tax forms are due around that time. But have you ever wondered why you have to pay taxes?

Paying your taxes is considered a civic duty, although doing so is also a requirement of the law. If you do not pay your taxes, the government agency that oversees taxes — the Internal Revenue Service or IRS — will require you to pay your taxes or else face penalties, such as fines or going to jail.

The money you pay in taxes goes to many places. In addition to paying the salaries of government workers, your tax dollars also help to support common resources, such as police and fire fighters

<https://wonderopolis.org/wonder/why-do-you-have-to-pay-taxes>

2.1 Give three reasons why it is important to pay tax. (6)

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2.2 Name **THREE** ways of paying tax (3 x 1) (3)

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2.3 Explain each of the **THREE** ways to pay tax in full. (3x2) (6)

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[15]

**QUESTION 3**

Read the following scenario and answer the questions that follow.

Sibongile and Peter have been in a relationship for the last two years. They are both in Grade 10. Sibongile's dream is to become a medical doctor. Peter has got involved with some friends who are involved in crime and substance abuse. Peter has decided to leave school and stay at home and hang out with his friends. He has no money and lives off his brother. Sibongile lives with her parents who adore her. They want their daughter to have a good career one day. Sibongile recently found out that she is pregnant. She told Peter and he wanted to leave her. After many arguments, she persuaded Peter to play a role in the baby's life.

Source: Unknown



3.1 List Sibongile's life roles before she became pregnant (3)

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3.2 Describe the life roles that Sibongile will have after she has the baby. (4)

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3.3 Explain how Sibongile's new roles will affect her relationship with:  
a) her parents (2)

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b) Peter (2)

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---

3.4 Discuss how Peter should now handle his new role effectively. (4)

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**[15]**  
**Total Section B: [30]**

**SECTION C**

Answer any **TWO** of the following questions. **Use the page provided by your teacher**

**QUESTION 4**

**Teen pregnancies hit 99 000 a year**

2015-09-06 06:30

Sipho Masondo – City Press

“More than 99 000 schoolgirls fell pregnant in 2013 – a rate of about 271 for every day of that year. This is a dramatic increase from the 81 000 pupils who fell pregnant the previous year and 68 000 in 2011.”

Write an essay about the reasons behind teen pregnancy and include the following issues:

- Explain what “adolescence” is. (2)
- Explain two factors that may cause teens to make the decision to have sex, even if they are not ready. (2x2=4)
- Analyze how teenage pregnancy might prevent someone from reaching their full potential. (3)
- Discuss how “self-awareness” and “problem-solving skills” could influence you in making responsible decisions regarding sex. (2x2=4)
- Suggest two strategies the government should implement to reduce the number of teen pregnancies in South Africa. (2)

**[15]**

**QUESTION 5**

Write an essay in which you critically evaluate the role of religion in society. Your essay should include the following

- Define religion. (2)
- Explain the role of religion, in terms of how it promotes peace, in a society. (2x2=4)
- Explain how indigenous belief systems in South Africa specifically promote peace. (2)
- Explain the importance of being knowledgeable about different religions. (3x1=3)
- Suggest and explain two ways that South Africa can promote respect for diverse religions in the country. (2x2=4)

**[15]**

## QUESTION 6

Read the quote and answer the question

### Poverty on the rise in South Africa

According to new data released by Stats SA, poverty is on the rise in South Africa. The latest “Poverty Trends in South Africa” report shows that, despite the general decline in poverty between 2006 and 2011, poverty levels in South Africa rose in 2015. More than half of South Africans were poor in 2015, with the poverty headcount increasing to 55,5% from a series low of 53,2% in 2011. The figures are calculated using the upper-bound poverty line (UBPL) of R992 per person per month (pppm) in 2015 prices. This translates into over 30,4 million South Africans living in poverty in 2015.

<http://www.statssa.gov.za/?p=10334>

Write an essay about Food security and include the following issues:

- Describe food security? (2)
- Identify **THREE** effects poverty can have on a person. (6)
- Discuss the link between malnutrition and undernourishment. (4)

To solve the problem of world hunger, we need to think both creatively and critically.

- Explain how both critical and creative thinking can help us create a solution for world hunger. (3)

[15]

**TOTAL SECTION C: [30]**

**GRAND TOTAL: [80]**

**TSHWANE SOUTH DISTRICT**



**LIFE ORIENTATION**

**GRADE 10  
END OF YEAR EXAM (2017)**

**MARKS: 80**

**TIME: 2 HRS**

**IMPORTANT NOTE TO ALL MARKERS:**

**The phrase or any other relevant response should be marked as follows:**

- The learners' responses **MUST** show that they have answered the question.
- These responses **MUST** also **LINK** to the responses in the marking guidelines.

**Marks should be awarded as follows:**

- **TWO** marks (✓✓) for **ONE** well-explained response.



**SECTION A**

**Question 1: Multiple choice**

1.1.1 C✓

1.1.2. A✓

1.1.3 A✓

1.1.4 D✓

1.1.5 A✓

1.2.1 Volunteerism✓.

1.2.2 Scarce skills ✓

1.2.3 Transferable skills✓

1.2.4 Talents✓

1.2.5 Discrimination✓



1.3.1 Define social justice.

Social justice is: Redressing✓ the situation whereby people with fewer choices (the poor and disadvantaged) often suffer most from discrimination✓ (e.g. race, religion, gender, culture, ability, age,) and a lack of acknowledgement of their human rights and access to services (e.g. health, education) and infrastructure(e.g. housing, water and energy) (2)

1.3.2 What is the difference between study methods and study skills? (4)

Study methods are ways to study, learn and remember, ✓✓ while Study skills - your abilities to listen, read, understand, concentrate remember and organise your learning material, and manage your studying time✓✓

1.3.3 How can bias in sport be addressed, suggest three ways to address it. (3)

- Promote indigenous games, tournaments and festivals ✓
- Put pressure on sports commentators and/or sponsors to be more inclusive of women's sports ✓
- Media must be pressured into giving equal coverage to men and women sports ✓
- Report bias to newspapers / radio programmes / social media / sports council ✓

1.3.5 What is meant by "Monotheistic religion"? (1)

- A religion believes only one God✓

**[10]**

**Total Section A: [20]**

## SECTION B: COMPULSORY

- In this section, candidates' answers must be written in full sentences as far as possible. Hence, within a 3- or 4-mark question, candidates could and should be awarded 4, 3, 2 and 1 or a 0 (zero) depending on the level of answers given.
- It must be noted that in each category of the candidates' efforts, a distinction must be made between excellent, good, satisfactory and poor responses

### QUESTION 2

Read the following extract below and answer questions that follow.

Every year around April 15, you'll hear adults of all ages groan about "tax day." That's because federal and state income tax forms are due around that time. But have you ever wondered why you have to pay taxes?

Paying your taxes is considered a civic duty, although doing so is also a requirement of the law. If you do not pay your taxes, the government agency that oversees taxes — the Internal Revenue Service or IRS — will require you to pay your taxes or else face penalties, such as fines or going to jail.

The money you pay in taxes goes to many places. In addition to paying the salaries of government workers, your tax dollars also help to support common resources, such as police and fire fighters

<https://wonderopolis.org/wonder/why-do-you-have-to-pay-taxes>

2.1 Give three reasons why it is important to pay tax. (6)

The government uses the taxes to run the country✓ and pay for roads✓, schools✓, hospitals and old-age pensions.

2.2 Name THREE ways of paying tax (3)

- SITE✓
- PAYE tax✓
- Provisional tax✓

2.3 Explain each of the THREE ways to pay tax in full. (6)

#### SITE

- Standard Income tax of Employees✓
- Is paid by employees who earn less than R120 000 a year✓

- They earn their money from only one employer✓

### PAYE tax

- Standard Income tax of Employees✓
- Is paid by employees who earn less than R120 000 a year✓
- They earn their money from only one employer✓

### Provisional tax

- You would pay income tax twice a year on what you have earned if:
- You do not earn the same amount every month✓
- Work for more than one employer✓
- You earn money from winnings, for example: Playing sport and Gambling✓ [15]

### **QUESTION 3**

Read the following scenario and answer the questions that follow.

Sibongile and Peter have been in a relationship for the last two years. They are both in Grade 10. Sibongile's dream is to become a medical doctor. Peter has got involved with some friends who are involved in crime and substance abuse. Peter has decided to leave school and stay at home and hang out with his friends. He has no money and lives off his brother. Sibongile lives with her parents who adore her. They want their daughter to have a good career one day. Sibongile recently found out that she is pregnant. She told Peter and he wanted to leave her. After many arguments, she persuaded Peter to play a role in the baby's life.

*Source: Unknown*

3.1 List Sibongile's life roles before she became pregnant (3)

- Daughter✓
- Learner ✓
- Expectant mother-to be ✓

3.2 Describe the life roles that Sibongile will have after she has the baby. (4)

- She will be a mother✓
- she may be a partner✓
- she will be a learner✓
- she will be a daughter✓

3.3 Explain how Sibongile's new roles will affect her relationship with: (4)

a)

- her parents are disappointed in her. ✓
- they do not trust her anymore, this could cause tension between her parents ✓.
- she may need them to help look after the baby, they may resent that ✓

b)

- Peter will support her or he might leave her. ✓
- He may hate her for tying him down with a baby. ✓
- It could cause tension between them because neither of them is emotionally or financially ready for the new life roles ✓

3.4 Discuss how Peter should now handle his new role effectively. (4)

- Peter will have to find a job so that he can earn some money. ✓
- He will have to support Sibongile and the baby. ✓
- He has financial obligations to his child. ✓
- His new responsibilities include supporting Sibongile during pregnancy ✓

[15]

Total Section B: [30]

## SECTION C

Answer any TWO of the following questions.

### QUESTION 4

#### Teen pregnancies hit 99 000 a year

2015-09-06 06:30

Sipho Masondo – City Press

“More than 99 000 schoolgirls fell pregnant in 2013 – a rate of about 271 for every day of that year. This is a dramatic increase from the 81 000 pupils who fell pregnant the previous year and 68 000 in 2011.”

(2)

- The time of life when a child develops into an adult ✓ usually between the ages of 10-19 years old ✓ OR
- The period of life when people experience an increase in hormones ✓ and experience many changes associated with becoming an adult ✓ (2)

Explain two factors that may cause teens to make the decision to have sex, even if they are not ready. (2x2=4)

- Poverty / financial problems ✓ might make someone desperate to have sex to make money ✓
- Substance abuse ✓ obstructs judgment and inhibitions and increases libido making it seem okay to have sex in the moment ✓
- Peer pressure ✓ might influence someone to have sex to impress others even if they are not ready ✓
- Low self-esteem ✓ might influence someone to have sex with someone to feel loved/accepted ✓
- The media ✓ might cause false perceptions about sex making it seem casual/acceptable even if one is not ready ✓
- Lack of education/awareness ✓ influences someone to have sex without thinking about whether they are ready without knowing the consequences. ✓

(Any 2 relevant factors (not sexual abuse related factors because the question states that someone MADE the DECISION to have sex)

Analyze how teenage pregnancy might prevent someone from reaching their full potential. (3)

- A teen might decide to drop out of school to get a job to support the child ✓, which may result in her not furthering her education ✓ which may limit her potential ✓
- A teen might become emotionally stressed from having a baby ✓ which may impact her concentration at school and at work ✓ limiting her from achieving her potential ✓
- A teen has many more responsibilities as a mother ✓ which may limit the time for academics ✓ limiting her potential to succeed or develop ✓
- Because of the many more responsibilities as a mother ✓ a teen has less time for extra-mural contributions ✓ which limits her potential in cultural or sporting activities ✓
- Because of her many more responsibilities as mother ✓ a teen has less time for social relationships with friends ✓ which may limit her potential with her social skills ✓

(Any relevant explanation must be insightfully explained – 3marks; good explanation - 2marks but limited explanation=1mark)

Discuss how “self-awareness” and “problem-solving skills” could influence you in making responsible decisions regarding sex. (2x2=4)

- By being self-aware you know what your values are ✓ and can make confident decisions according to what is important to you OR you can set a high standard for yourself and the decisions you make ✓ (2)
- By using problem solving skills you work through all the possible solutions and effects of solutions ✓ choosing the best option for yourself / making the most responsible decision for yourself ✓ (2)

Suggest two strategies the government should implement to reduce the number of teen pregnancies in South Africa. (2)

- Increase awareness of risky sexual behavior through the media / awareness campaigns / billboards / more education initiatives at schools/ improving the way it is taught in schools ✓
- Provide free condoms at schools / public areas ✓
- Ensure sufficient grants are awarded to the poor to prevent economic sex ✓
- Start education programs that include the teaching of values and skills to prevent bad decision-making ✓
- Provide free and easily accessible support systems / counseling to help teens with emotional problems/ low self-esteem to prevent them from engaging in risky sex ✓

(Any relevant strategies must refer to government and must be preventative strategies)

[15]

### **QUESTION 5:**

Write an essay in which you critically evaluate the role of religion in society. Your essay should include the following

Define religion. (2)

- Religion is an organized system of beliefs, ceremonies and rules ✓ used to worship a god or a group of gods

Discuss the role of religion, in terms of how it promotes peace, in a society. (2x2=4)

- Religions have rules/laws about how to behave morally in society ✓ This can guide people on making respectful behavior choices ✓
- Most religions are based on principles of respect for others and the environment ✓ which influences people to avoid causing harm or violence to others ✓ (2x2=4)

(Any other relevant answer)

Explain how indigenous belief systems in South Africa specifically promote peace. (2x2=4)

- Peace is a sign of order and balance in indigenous belief systems ✓

so family heads, political leaders etc. have a role to ensure peace is maintained. ✓

- Ancestors are honoured and blessed OR people must behave in a way as not to anger ancestors ✓ as a way to maintain peace and order ✓
- Community is considered the most important thing ✓ so the principle of Ubuntu is followed where you need to respect and look after others ✓

Explain the importance of being knowledgeable about different religions. (3x1=3)

It ensures that you aren't ignorant about other people's beliefs and practices ✓ so that you understand others beliefs, practices and behaviours ✓ which makes it easier to tolerate and respect people who are different to you. ✓

(Any 3 relevant different points for 1 mark each)

Suggest and explain two ways that South Africa can promote respect for diverse religions in the country. (2x2=4)

- Media should promote diverse religions ✓ by advertising the different religions / running campaigns of interest about different religions / advertising the various religious holidays / showing programmes, series and movies with diverse religion representation ✓
- Education on all the various religions ✓ should be taught to children at school / through education programmes / through government initiatives ✓
- Religious holidays can be used to educate others ✓ on why religions celebrate those days ✓

[15]

## QUESTION 6

Read the quote and answer the question

### Poverty on the rise in South Africa

According to new data released by Stats SA, poverty is on the rise in South Africa. The latest "Poverty Trends in South Africa" report shows that, despite the general decline in poverty between 2006 and 2011, poverty levels in South Africa rose in 2015. More than half of South Africans were poor in 2015, with the poverty headcount increasing to 55,5% from a series low of 53,2% in 2011. The figures are calculated using the upper-bound poverty line (UBPL) of R992 per person per month (pppm) in 2015 prices. This translates into over 30,4 million South Africans living in poverty in 2015.

<http://www.statssa.gov.za/?p=10334>

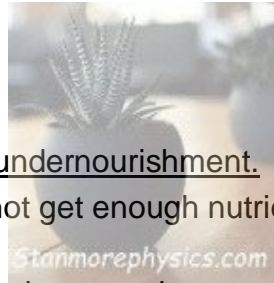
Write an essay about Food security and include the following issue:

Describe food security (2)

- Food security exists when all people, at all times, have physical, economic and social access to sufficient, safe and nutritious food✓ to meet their dietary needs and food preferences for an active and healthy life✓

Identify **Three** effects poverty can have on a person. (3)

- Bad health care✓
  - No health care✓
  - Lack of food✓
  - Lack of housing✓
  - Bad sanitary conditions✓
- (Any three other logical answers)



Discuss the link between malnutrition and undernourishment. (4)

- Undernourishment is when you do not get enough nutrients✓ – which will affect your overall health✓.
- Malnutrition is the condition you get when you do not get the right amount of vitamins✓ It is a result of undernourishment. It affects healthy tissue and organ functions✓

Explain how both critical and creative thinking can help us create a solution for world hunger (6)

- To think critically means to analyse and assess a situation and think of logical steps to reach a solution✓✓
- To think creatively means to think of as many solutions as possible and to navigate any challenges thrown at you✓✓
- To solve world hunger we need to think carefully, learn from our mistakes, navigate challenges and create new and logical solutions. ✓✓
- You are required to stay optimistic and to welcome challenges. ✓✓
- This will ensure that you are productive in creating the solution. ✓✓

(Concept – linking to two types of thinking in the situation)

[15]

**TOTAL SECTION: [30]**

**GRAND TOTAL: [80]**